



# Rural Psychiatry and Mental Health Forum 2019

21 September 2019 | DoubleTree by Hilton Perth



## FINAL PROGRAM



Government of **Western Australia**  
WA Country Health Service

This education event is proudly delivered by  
Rural Health West in partnership with  
WA Country Health Service  
through the Better Medical Care Initiative

## Onsite contact

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Events Coordinator

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This activity is accredited for Category 1 points, as part of the RACGP Quality Improvement & Continuing Professional Development Program in the 2017-19 triennium. Activity number 170044.

This activity is accredited by ACRRM in the 2017-19 triennium. Activity number 17756.



# SAVE THE DATE

## Rural Health West Upcoming events

### 2019

#### OCTOBER

- Neonatal Emergency Care
- Rotto Ramble
- 30 Year Anniversary Celebration
- Psychiatric Emergencies Assessment and Care

17 and 18 October 2019 | Esperance  
18 to 20 October 2019 | Rottnest Island  
19 October 2019 | Katanning  
24 October 2019 | Broome

#### NOVEMBER

- Wound Care
- Rural GP Anaesthetists Forum
- Emergency Airway Skills Management
- 30 Year Anniversary Celebration
- 30 Year Anniversary Celebration

1 November 2019 | Kalgoorlie  
9 and 10 November 2019 | Perth  
15 November 2019 | Port Hedland  
15 November 2019 | Carnarvon  
30 November 2019 | Margaret River

### 2020

#### CONFERENCES

- WA Rural Health Conference 2020
- Rural and Remote Retrieval Weekend

March 2020 | Perth  
May 2020 | Karijini National Park

#### FORUMS

- Rural Obstetrics and Gynaecology Forum 2020
- Rural Emergency Medicine Forum 2020
- Rural Paediatrics Forum 2020
- Rural Surgical and General Physician Forum 2020

February 2020 | Perth  
February 2020 | Perth  
March 2020 | Perth  
April 2020 | Perth

For further information on workshops and conferences, visit

**[www.ruralhealthwest.com.au/events-calendar](http://www.ruralhealthwest.com.au/events-calendar)**

For further information on 30 Year Anniversary celebrations, contact

**[cpd@ruralhealthwest.com.au](mailto:cpd@ruralhealthwest.com.au)**

**Saturday 21 September 2019**

TIME	EVENT		
7.30am	Registration		
OPENING PLENARY • BANKSIA			
8.00am	<b>Welcome</b> Tim Shackleton <i>Rural Health West</i>		
8.15am	<b>Keynote address</b> <b>Men’s physical and mental health</b> Jack Beros, Victoria Keefe and Martin Graham <i>Men’s Health and Wellbeing WA</i>		
	BANKSIA	JARRAH	WATTLE
9.15am	<b>Common mental disorders in children, risk assessment and management in young people</b>  Vineet Padmanabhan and Pradeep Rao <i>WA Country Health Service</i>	<b>New strategies for the management of dementia</b>  Leon Flicker <i>The University of Western Australia</i>	<b>Perinatal and infant mental health – some helpful things to know</b>  Julia Feutrill <i>Elizabeth Clinic</i>
10.00am	<b>Common mental disorders in children, risk assessment and management in young people</b> <b>CONTINUED</b>  Vineet Padmanabhan and Pradeep Rao <i>WA Country Health Service</i>	<b>Trans health</b>  Sally Murray <i>St John of God Healthcare</i>	<b>Assessment and management of substance use disorder</b>  Mathew Coleman <i>WA Country Health Service</i>
10.45am	Morning tea		
	BANKSIA	JARRAH	WATTLE
11.00am	<b>Assessing and managing autism in children, youth and adults</b>  Vineet Padmanabhan and Pradeep Rao <i>WA Country Health Service</i>	<b>Post-traumatic Stress Disorder</b>  Doug Brewer <i>The Hollywood Clinic</i>	<b>Managing methamphetamine presentations in general practice</b>  Michael Christmass <i>Next Step Drug and Alcohol Services</i>

## Saturday 21 September 2019

TIME	EVENT		
	BANKSIA		WATTLE
11.45am	<b>Managing nicotine dependence</b> Kelly Ridley <i>North Metro Mental Health</i>		<b>Suicide identification, management and prevention in general practice</b> Dianne Ritson <i>Lishman Health Foundation</i>
12.30pm	Lunch		
AFTERNOON PLENARY • BANKSIA			
1.00pm	<b>Keynote address</b> <b>Voluntary assisted dying</b> Scott Blackwell <i>Government of Western Australia Ministerial Expert Panel</i>		
	BANKSIA	JARRAH	WATTLE
2.00pm	<b>Mending the mind – mental fitness, meditation and mindfulness</b> Kevin Hume <i>Sydney Meditation Centre</i>	<b>Creative arts as therapy</b> Barbara Watson and Karen Cameron <i>Creative Expression Centre for Arts Therapy</i>	<b>DRUMBEAT</b> Grace Trusso <i>Holyoake</i>
3.30pm	Afternoon tea		
	BANKISA	JARRAH	WATTLE
3.45pm	<b>Personality disorders</b> Sian Jeffery <i>Fremantle Mental Health Service</i>	<b>Assessment and management of eating disorders</b> Ulrike O’Sullivan <i>Eating Disorders Training and Evaluation Centre</i>	<b>GP self care</b> Geoff Riley <i>The University of Western Australia</i>
4.45pm	Conclusion and evaluation		