

WA Rural Health Conference 2021 LESSONS LEARNT FROM PAST DISASTERS

27 and 28 March 2021PERTH CONVENTION AND EXHIBITION CENTRE

The 2021 WA Rural Health Conference will focus on learnings and outcomes from recent disasters and how to prepare for the future

FIRES | COVID-19 | EARTHQUAKES | FLOODS



FINAL PROGRAM



Welcome from Rural Health West

Welcome to the 2021 conference weekend!

We are extremely pleased to welcome you here on what is shaping up to be our biggest conference to date. This is the fourth year delivering the WA Rural Health Conference in partnership with WA Country Health Service through the 'Better Medical Care Initiative' and I would like to acknowledge the ongoing support from WACHS in ensuring we can continue to deliver this extremely important event.

The 2021 conference theme was planned on the back of the bushfires which ravaged Australia's east coast throughout January 2020. What was considered a timely and appropriate theme back then became even more so as the coronavirus pandemic spread throughout the world in the following months.

The effects of these events have been felt profoundly by all; none more so than those working at the frontline of health. As always, the resilience, resourcefulness and tenacity of health professionals has been evident in the many ways you have adapted and responded to the challenges.



Exceptional times call for exceptional actions, and *Lessons Learnt from Past Disasters* will be an opportunity to shine a light on how our keynote speakers have embraced and overcome significant challenges and disaster events.

For many of you, the annual conference is not just about education and upskilling; it is also an opportunity to catch up with former colleagues and peers, debrief on the events of the past year and renew the camaraderie shared by health professionals across country WA.

I hope you will avail yourself of such opportunities hosted throughout the formal conference program, the attached social events and also take advantage of the nearby activities offered by our stunning new location at the Perth Convention and Exhibition Centre.

Thank you for attending. I wish each of you a successful and fruitful conference weekend.

Tim Shackleton

Chief Executive Officer Rural Health West



The conference is being held on the lands of the Nyoongar people. We respectfully acknowledge these traditional owners who will be asked to welcome delegates to their country.

Welcome from WA Country Health Service

On behalf of the Executive and Board of WA Country Health Service I am pleased to welcome you to the 2021 WA Rural Health Conference.

As the lead agency for health service delivery in regional Western Australia, we are proud to partner with Rural Health West to deliver this important conference through the 'Better Medical Care Initiative'.

This year's theme is *Lessons Learnt from Past Disasters* and focuses on how we can learn from the impact of natural disasters and adverse health events.

The past 12 months have tested all of us – clinically and operationally – like no other in recent memory. In addition to the pandemic, our regional communities have battled devastating floods, bushfires and drought.

Each one of you will have a personal story about how you have stepped up to ensure health services continued to be provided: innovating through technology, keeping frontline workers safe, pushing the boundaries of research, or leading teams and communities with the reassurance and fearlessness needed in deeply uncertain times.



Since the commencement of WA Country Health Service's ground-breaking COVID-19 vaccination program, we've started to talk about the 'new normal' of a COVID-19 world.

That world will continue to include four hundred thousand-plus ED presentations, thousands of elective surgeries, child health immunisations, mental health programs, treatment and care of Aboriginal people on country, and the safe arrival of more than four and a half thousand new babies.

This conference provides an opportunity for all of us to talk, share and reflect on what we've learned this past year.

Together, our stories add up to robust and potentially lifesaving research, innovative healthcare solutions, the exciting possibilities of technology and even stronger partnerships across the health sector.

Thank you for making time to attend this conference. Your contribution has the potential to change lives in regional communities.

Jeff Moffet

Chief Executive WA Country Health Service

Registration desk

Please visit the registration desk if you have any questions relating to the conference program, venue locations or social events. Located on the Function Floor, the registration desk will be open during the following times:

Saturday 27 March 2021 Sunday 28 March 2021 6.30am-5.00pm 7.30am-1.00pm

Onsite contact

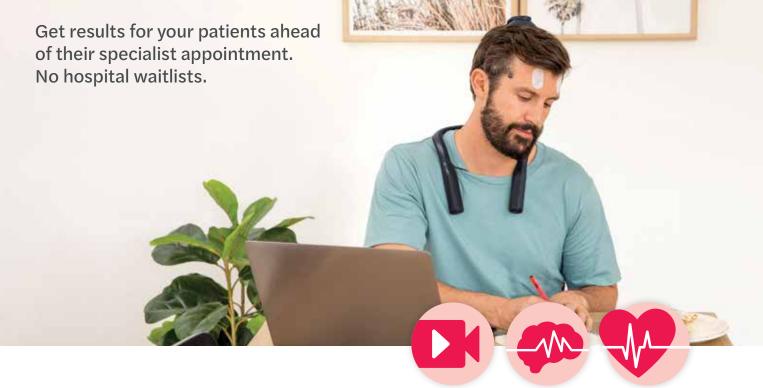
Indah McLeod

Events Coordinator

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At-home diagnostics for seizure investigation





Home comfort replaces hospital stays

A long-term hospital stay used to be the only way to access video-EEG-ECG monitoring. Today, there's another option.

Widely accessible across Australia, the Seer Medical service offers advanced technology, an exceptional service experience, and rapid reporting.

Who is this for?

Patients who benefit from Seer Medical's diagnostic monitoring are those who present with:

- Events with impaired awareness, unresponsive episodes or loss of consciousness
- Possible seizures occurring during sleep
- Unprovoked convulsive activity
- Previously well-controlled with AED experiencing breakthrough seizures

The Seer Medical diagnostic service is suitable for people from the age of four.

Video

Helps to determine the specific nature of events from a clinical perspective.

EEG and ECG

Help to differentiate between a cardiac or neurological basis for patients' reported events.

The challenge of diagnosing events

- They happen infrequently
- Many times no one is around to observe them, or eye-witness accounts are unreliable
- The person experiencing the event may not remember what happened
- Causes can be neurological, psychological or cardiac

Contact us

Paulette Kemp

Business Development Manager - WA

0417 077 418 paulette@seermedical.com 1300 869 888



Keynote speakers



ADJUNCT PROFESSOR RUTH STEWART

MBBS (Uni Melb 1985), PhD (Flin), FACRRM, DRANZCOGadv

Adjunct Professor Ruth Stewart was appointed as the second National Rural Health Commissioner for Australia in July 2020. Adjunct Professor Stewart brings to the role 30 years' work as a rural generalist with advanced skills in GP obstetrics. She has been instrumental in the expansion of rural training opportunities, establishing the rural program at Deakin University and doubling rural clinical placements for the James Cook University medical school.



COMMISSIONER DARREN KLEMM

AFSN

Fire and Emergency Services Commissioner

Commissioner Darren Klemm has nearly 30 years' experience in fire and emergency services.
Commissioner Klemm was instrumental in the creation of the Rural Fire Division which has been decentralised and improved bushfire management. He was also involved at State and Incident Controller levels during the Waroona, O'Sullivan and Toodyay bushfire emergencies and Tropical Cyclone Olwyn and Veronica incidents.



RABIA SIDDIQUE

Rabia Siddique is an Australian criminal and human rights lawyer, retired British Army officer, and former terrorism and war crimes prosecutor. In 2005, Ms Siddique helped negotiate the release of two British soldiers illegally detained in Iraq. Her best-selling memoir, Equal Justice, documents these events, the subsequent failure to publicly acknowledge the role Ms Siddique played and the sex and race discrimination case that ensued. She has undertaken human rights and community aid work in the Middle East, South America, the UK and Australia, receiving a Queen's commendation in 2006 for her work in Iraq.

Thank you to our sponsors

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Final program

Saturday 27 March 2021

PRE-CONFERENCE WORKSHOPS

TIME	EVENT	ROOM
7.00am	CPR Update Medical Training Solutions	MEETING ROOM 2
	Mirena and Kyleena insertion and removal Bayer Australia Ltd	MEETING ROOM 3
8.30am	REGISTRATION – welcome tea and coffee	

OPENING PLENARY

TIME	EVENT	ROOM
9.00am	Conference opening Gerry Gannon	BELLEVUE BALLROOM 1
	Welcome to Country Trevor Stack	
	Welcome from Rural Health West The Honourable Terry 'Tuck' Waldron, Chair – Rural Health West	
	Welcome from WA Country Health Service Jeff Moffet, Chief Executive – WA Country Health Service	
9.30am	Keynote speaker The role of rural health professionals in disaster preparedness * Associate Professor Ruth Stewart, National Rural Health Commissioner	
10 30am	MORNING TEA	

CONCURRENT SESSIONS

11.00am	COVID-19 vaccinations – update * Paul Effler, Communicable Disease Control Directorate	BELLEVUE BALLROOM 1
	Gut health, nutrition and chronic disease (1.5 hours) Fiona Murray, Physical Nutrition and Nadine Perlen, Lockridge Medical Centre	RIVER VIEW ROOM 4
	Support your patients living with diabetes Deborah Schofield and Sophie McGough, Diabetes WA	MEETING ROOM 2
	Dermatology – common diseases and management Hannes Gebauer, Fremantle Dermatology	MEETING ROOM 3
	Rural and remote nursing – same scope of practice or different? Kylie McCullough, Edith Cowan University	MEETING ROOM 7
	Managing teams in a crisis * Andrew Challen, Fiona Stanley Hospital and Royal Flying Doctor Service	MEETING ROOM 8

^{*} This session will be recorded and posted to the Rural Health West website after the conference.

Saturday 27 March 2021

TIME	EVENT	ROOM
11.45am	Ruling out and treating PE in 2021 – everything has changed * Anand Senthi, Transform Medical and St John of God Health Care Midland and Bunbury hospitals	BELLEVUE BALLROOM 1
	Gut health, nutrition and chronic disease (1.5 hours) CONTINUED	RIVER VIEW ROOM 4
	Is there ever anything new in obstetrics and gynaecology? Jared Watts, WA Country Health Service	MEETING ROOM 2
What can we learn from COVID-19 about the management of sepsis in regional WA? Tim Inglis, PathWest and The University of Western Australia		MEETING ROOM 3
	Telehealth models and the use of AI for point-of-care diabetic screening Angus Turner, Lions Eye Institute	MEETING ROOM 7
	Teleoncology and overcoming the barriers * Wei-Sen Lam, WA Country Health Service	MEETING ROOM 8
12.30pm	LUNCH	
1.30pm	Keynote speaker Emergency management in rural Western Australia * Darren Klemm, Commissioner – Department of Fire and Emergency Services	BELLEVUE BALLROOM 1

CONCURRENT SESSIONS

TIME	EVENT	ROOM
2.20pm	Rural Generalist Pathway * Karen Pitman, WA Country Health Service	BELLEVUE BALLROOM 1
	Trauma in the rural environment and how to prepare for it Stephanie Schlueter, WA Country Health Service	RIVER VIEW ROOM 4
	Women and heart disease Rachel Orme, GenesisCare	MEETING ROOM 2
	Antibiotic allergies in children Michaela Lucas, Department of Immunology, PathWest, Sir Charles Gairdner Hospital and Perth Children's Hospital (QE2 Medical Centre)	MEETING ROOM 3
	Hearing health – what's changed? Nothing think again Nimi Daya Naran, Audika	MEETING ROOM 7
	Vaccinations and infections in pregnancy * Deeptha Kandadai, King Edward Memorial Hospital	MEETING ROOM 8
3.00pm	AFTERNOON TEA	



WHY REQUEST WOMEN'S & BREAST IMAGING?

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Caring commitment to Women's health

Final program

Please note: the program may be subject to change without notice.

Saturday 27 March 2021

TIME	EVENT	ROOM
3.30pm	COVID-19 – WA's response and lessons learnt * Ben Scalley, Western Australian Department of Health	BELLEVUE BALLROOM 1
	Importance of community education in disaster management Lorraine Anderson, Kimberley Aboriginal Medical Service	RIVER VIEW ROOM 4
	Does this dental mob do eyes too? Jilen Patel, The University of Western Australia Dental School	MEETING ROOM 2
	WA Country Health Service and country doctors – working together to improve patient-centred care and GP quality of life Andrew Jamieson, WA Country Health Service	MEETING ROOM 3
	Understanding drug dependence and addiction Paul Dessauer, Peer Based Harm Reduction WA	MEETING ROOM 7
	Bleeding in pregnancy – the simple, the serious and the really really scary * Davina Oates, Kununurra Hospital	MEETING ROOM 8
4.15pm	Non COVID-19 consequences * Marisa Gilles, WA Country Health Service	BELLEVUE BALLROOM 1
	Obstetrics in the rural setting Ngaire McCallum, Carnarvon Health Campus	RIVER VIEW ROOM 4
	The delusions of certainty – COVID-19 predictors on vessels and the implication for the WA rural health system Tudor Codreanu, State Health Incident Coordination Centre and Australian Medical Assistance Team WA	MEETING ROOM 2
	Head injuries in the paediatric patient Meredith Borland, Perth Children's Hospital	MEETING ROOM 3
	De-escalation strategies – guiding principles Paul Dessauer, Peer Based Harm Reduction WA	MEETING ROOM 7
	Mental health intervention during and post major disaster occurrences * Michael Clements, Fairfield Central Medical Practice	MEETING ROOM 8
5.00pm	CLOSE OF DAY ONE	
6.00pm	WA Rural Health Awards 2021	SOLD OUT

^{*} This session will be recorded and posted to the Rural Health West website after the conference.

This education is a CPD Activity under the RACGP CPD Program. Activity number 244331.



This activity is accredited by ACRRM in the 2020-22 triennium. Activity number 22416.







Rural Health West and WA Country Health Service congratulate all finalists and winners of the Long Service and Excellence Awards



LONG SERVICE AWARDS 2021

Proudly sponsored by



40 YEARS

Dr Peter Beaton

Dr Walter Byrne

Dr Mary Collins

Dr Ronald Jewell

Dr David Mildenhall

Dr Kim Pedlow

Dr Michael Peterkin

Dr Frederik Pretorius

Dr Philip Reid

Dr John Robinson

Dr Darcy Smith

Dr Allan Walley

Dr Neil Worthley

30 YEARS

Dr Bernard Chapman

Dr William Chow

Dr Stephen Cohen

Dr John Collis

Dr Graeme Findlay

Dr Mostyn Hamdorf

Dr Simon Hemsley

Dr Douglas McCarthy

Dr Megan McCormack

Dr Michael Munroe

Dr Philip Smith

Dr Stephanie Spencer

Dr Richard Spencer

Dr Peter Terren

Dr Andrew Van Ballegooyen

Dr Ann Ward

20 YEARS

Dr Stuart Adamson

Dr Stephen Arthur

Professor David Atkinson

Dr Kornelis Bakker

Dr Raymond Borcherds

Dr Eileen Bristol

Dr Reginald Bullen

Dr Pamela Burgar

Dr Allen Chong

Dr Caleb Chow

Dr Neil Cock

Dr Annette Cransberg

Dr Brian Cunningham

Dr Jacobus de Bruyn

Dr Coert Erasmus

Dr Timothy Hadlow

Dr David Hailes

Dr Alasdair Jackson

Dr Murray James-Wallace

Dr Toby Leach

Dr Louise Marsh

Dr Nina McLellan

Dr Steven Mellett

Dr Nazmi Mikhaiel

Dr Mark Mottershead

Dr Vafa Naderi

Dr Angela O'Connell

Dr Christopher Plint

Dr Amirthalingam Prathalingam

Dr James Quirke

Dr Marian Rae

Dr Gavin Riches

Dr Victor Seah

Dr Willie Smit

Dr Karl Staer

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Dr Harry Stock

Dr David Tadj

Dr Rodger Todd

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Dr Stephanus Venter

Dr Heather Wilkinson

Dr Joanne Willison

Dr Peter Wutchak

EXCELLENCE AWARDS 2021

WA Country Health Service Intern of the Year

Proudly sponsored by



Government of Western Australia WA Country Health Service

2019 winner: Dr Brittney Wicksteed

2020 finalists: Dr Anna Kelly and Dr Emily Watters

WA Country Health Service Resident Medical Officer of the Year

Proudly sponsored by



Government of Western Australia WA Country Health Service

2019 winner: Dr Eve Battersby

2020 finalists: Dr Gia Cavalieri and Dr Brittney Wicksteed

GP of the Year

Proudly sponsored by



2020 winner: Dr Joanne Baker

2021 finalists: Dr Tanya Ronaldson, Dr Stephanie Trust

and Dr Samantha Weaver

Clinical Leadership

Proudly sponsored by



2020 winner: Dr Kim Isaacs

2021 finalists: Dr Seema Basil, Annie Tangey and

Dr Helen Van Gessel

Specialist of the Year (Non-GP)

Proudly sponsored by



2020 winners: Dr Carolyn Masarei and Dr Tony Mylius

2021 finalists: A/Professor Mathew Coleman, Dr Charles Greenfield and Dr Jared Watts

Procedural GP/District Medical Officer of the Year

Proudly sponsored by

2020 winner: Dr Dave Forster

2021 finalists: Dr Nigel Chikolwa, Dr Yehuda Levy and

Dr Peter Smith

Rural Nurse/Midwife of the Year

Proudly sponsored by



2020 winner: Helen Lundy

2021 finalists: Belinda Furniss, Narelle Lukins and

Tamsen Prunster

Metropolitan-based Bush Champion

Proudly sponsored by



Royal Flying Doctor Service

2020 winner: Dr Helen Wright

2021 finalists: Dr Kirsty Arnautovic, Dr Deborah Schoen

and Sue Pougnault

Rising Star

Proudly sponsored by



2020 winner: Dr Phoebe Thornton

2021 finalists: Dr James Charleson, Dr Gemma Johnston

and Dr Caitlyn White

Rural Researcher or Educator

Proudly sponsored by



2020 winner: Professor David Atkinson

2021 finalists: Professor Tony Celenza, Kathryn Fitzgerald

and Dr Stephanie Schlueter

Building Healthy Country Communities

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2020 winner: The Wheatbelt Tackling Indigenous

Smoking Team – Northam

2021 finalists: Vicki O'Donnell and Dr Lorraine Anderson, South West Aboriginal Medical Service Mental Health Team, and WA Centre for Rural Health and Geraldton Sporting Aboriginal Corporation

People's Choice

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2020 winner: Asha Burkett

2021 finalists: Dr Ajit Chaurasia, Dr James Curry

and Dr Wole Oluyede



Enjoy variety, support and a great team

Professionally and socially, St John Medical is a rewarding place to work.

Our state-of-the-art medical centres regularly have full appointment books as well as offering our GP's and clinical staff the opportunity to work across a diverse range of areas including:

Rural Medicine GP Telehealth Event Health

General Practice Urgent Care

Our large support team comprises nursing including chronic disease management, marketing and administration, which enables you to focus on patients.

Attractive packages and conditions are offered.

To find out more about the country and metropolitan opportunities with St John Medical in Western Australia,

visit **stjohnhealth.com.au/gp-roles** or contact **Michelle Evans** St John's Medical Recruitment Specialist on **9334 1451** or **healthrecruitment@stjohnwa.com.au**

We are currently located in Kambalda.



Please note: the program may be subject to change without notice.

Sunday 28 March 2021

TIME	EVENT	ROOM
7.30am	Rural Doctors' Association of Western Australia AGM Breakfast	MEETING ROOM 6
	PRE-REGISTRATION WAS REQUIRED	

CONCURRENT WORKSHOPS

TIME	EVENT	ROOM
9.00am	Sudden loss or serious illness of a practice colleague – managing practice operations and supporting yourself and your team Gae Nuttall and Jane Deacon, MDA National	BELLEVUE BALLROOM 1
	Hand and wrist injuries – suturing and plastering workshop Brigid Corrigan, 1300HANDOC PRE-REGISTRATION WAS REQUIRED	RIVER VIEW ROOM 4
	Goals of care communication skills Derek Eng, St John of God Health Care Sarah Dunlop, St John of God Health Care – Bunbury Lucy Kilshaw, Royal Perth Hospital PRE-REGISTRATION WAS REQUIRED	MEETING ROOM 2
	Gender diversity workshop Julie Moore, Perth Children's Hospital Alyce Schotte, Transfolk of WA Sally Murray, Royal Perth Hospital and St John of God – Mt Lawley	MEETING ROOM 3
	Sexual health update – clinical and public health management of syphilis in WA Coordinated by ASHM Donna Mak, Department of Health and Veronica Walshe, Aboriginal Health Council of Western Australia	MEETING ROOM 7
	Practice management workshop * Simon Benge, Sam McMillan, Caroline Powell and Sharon Good WA Primary Health Alliance	MEETING ROOM 8
10.30am	MORNING TEA	

^{*} This session will be recorded and posted to the Rural Health West website after the conference.

Your upskilling on the go

Our podcasts host expert speakers covering a range of topics including:

- Mental health
- Caring for ageing people
- ED presentations
- Diabetes education in rural WA
- Palliative care

... and more



Please note: the program may be subject to change without notice.

Sunday 28 March 2021

TIME	EVENT	ROOM
11.00am	Top 10 tips to avoid trouble – a medicolegal Q&A Gae Nuttall and Jane Deacon, MDA National	BELLEVUE BALLROOM 1
	Hand and wrist injuries – suturing and plastering workshop CONTINUED	RIVER VIEW ROOM 4
	Goals of care communication skills CONTINUED	MEETING ROOM 2
	Gender diversity workshop CONTINUED	MEETING ROOM 3
	Sexual health update – clinical and public health management CONTINUED	MEETING ROOM 7
	Practice management workshop CONTINUED	MEETING ROOM 8
12.15pm	Keynote speaker Leading under pressure * Rabia Siddique, former war crimes and terrorism prosecutor, international humanitarian, retired British Army officer, hostage survivor	BELLEVUE BALLROOM 1
1.15pm	Thank you and farewell Tim Shackleton, Chief Executive Officer – Rural Health West	BELLEVUE BALLROOM 1
1.30pm	CLOSE OF CONFERENCE	

Aboriginal Health Conference 2021

20 and 21 November 2021

Pan Pacific Perth

Are you a health professional, researcher, educator or community representative with a passion for Aboriginal health who is interested in submitting an abstract to present at our conference?

This year's conference will include clinical streams, with an emphasis on priority Aboriginal health needs.

Let us know about your research endeavours and projects of interest. Special interest stories with a positive impact are also welcome.

REGISTER YOUR INTEREST

ABSTRACTS EXPRESSIONS OF INTEREST Contact the Events team:

T 08 6389 4500

E ahc@ruralhealthwest.com.au

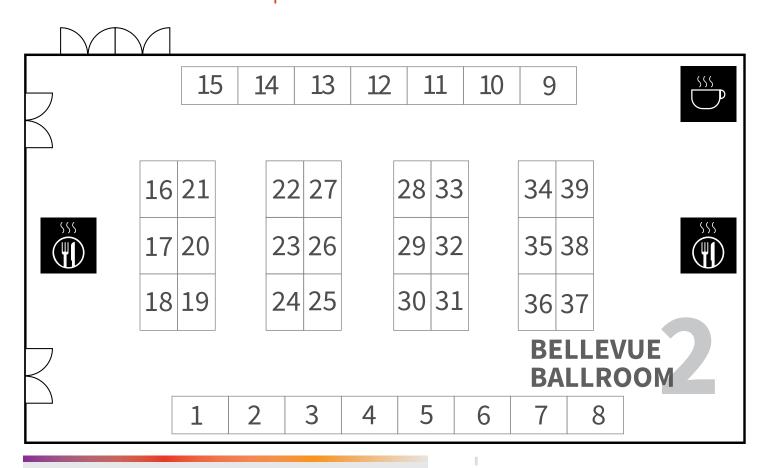




Government of Western Australia WA Country Health Service

This conference is proudly delivered by Rural Health West in partnership with WA Country Health Service through the Better Medical Care Initiative

Exhibition floorplan



CATERING

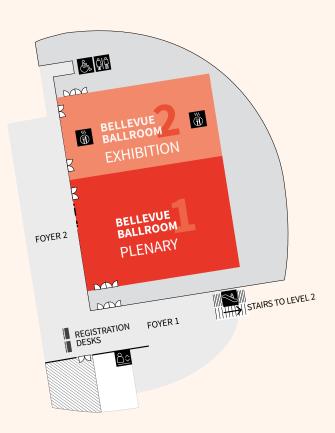
Exhibitors

BARISTA CART

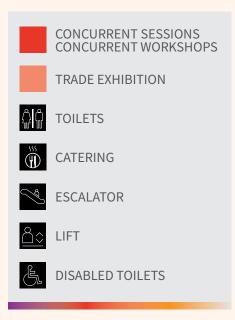
LEGEND

Booth number	Organisation	Booth number	Organisation
1	Australian College of Rural and Remote Medicine	19	Hearing Australia
2	HANDOC	20	Perth Cardiovascular Institute
3	Cancer Council WA	21	Health Professionals Networks
4	Royal Australian College of General Practitioners WA	22	Australian Indigenous Health <i>InfoNet</i>
5	Bayer Australia Ltd	24	HESTA
6	Western Australian General Practice Education	25	Mayne Pharma
	and Training	27	Medical Forum
7	MIGA	28	Laerdal Pty Ltd
8	Peer Based Harm Reduction WA	30	Aspen Pharmacare Australia Pty Ltd
9	Seqirus	31	Diabetes WA
10	Boehringer Ingelheim	32	HelpingMinds
11	Bristol Myers Squibb	33	One For Women
12	WA Primary Health Alliance	34	BOQ Specialist
13	The Rural Clinical School of Western Australia	35	Lishman Health Foundation
14	Rural Doctors' Association of Western Australia	36	3M Australia
15	GenesisCare	37	FUJIFILM Sonosite, Inc.
16	WA Country Health Service	38	Remote Vocational Training Scheme Ltd
17	Rural Health West	39	MDA National
18	St John Medical		

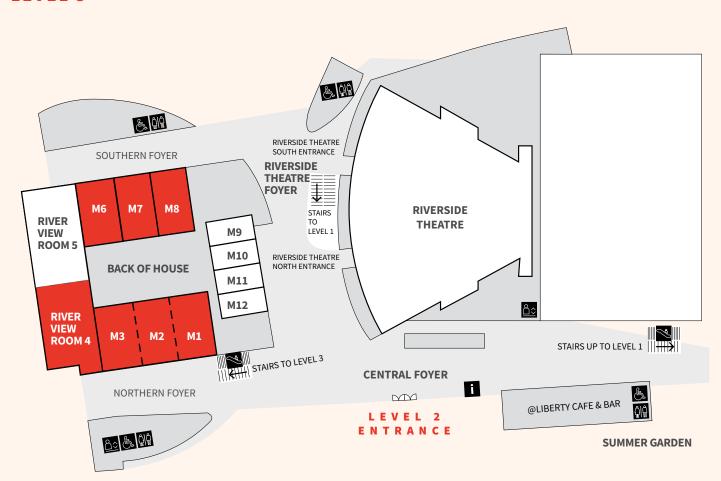
Venue floorplan



LEGEND



LEVEL 3



LEVEL 2