

WA RURAL HEALTH CONFERENCE 2023



Saturday 11 March and Sunday 12 March 2023
PERTH CONVENTION AND EXHIBITION CENTRE

people, purpose, passion



A unified pathway TOWARDS MEANINGFUL *care*

PROGRAM



Government of Western Australia
WA Country Health Service

*This conference is proudly delivered by Rural Health West
in partnership with WA Country Health Service –
Better Medical Care Initiative and the Australian
Government Department of Health and Aged Care*

Welcome from Rural Health West

Welcome to the 2023 conference weekend!

This year's conference theme *People, Purpose, Passion* is an opportunity to reflect on the core elements of our health system.

At its heart, health is about people – both those delivering care and those receiving care. The people within our health system are multi-faceted, talented and complex. Many people working across our sector would be highly successful and influential in any field of their choosing, however they are driven by a purpose and passion to make a difference in the lives of others by delivering healthcare.

Purpose and passion fuel the intent of many in our industry. However, it is important that we do not rely solely on an individual's drive and goodwill to maintain our world-class health system. It is incumbent upon us that we provide health professionals with positive work environments, streamlined and effective processes, competitive remuneration, meaningful work, appropriate policies and policy settings and opportunities to fulfil their aspirations.

For many years, Rural Health West and WA Country Health Service have collaborated to provide a suite of education, upskilling, mentoring and networking opportunities, in order to help health professionals throughout rural WA to achieve their professional and personal goals.

We hope that this conference provides you with opportunities to extend your skillset and knowledge, while also providing a chance to catch up with colleagues and peers, debrief on the events of the past year and renew the camaraderie shared throughout country WA.

I hope you will avail yourself of the many professional and social opportunities hosted this weekend, so that you return to your communities with a renewed sense of purpose and revitalised passion for caring for country communities.

Thank you for attending. I wish each of you a successful and fruitful conference weekend.

Tim Shackleton

Chief Executive Officer
Rural Health West



The conference is being held on the lands of the Nyoongar people. We respectfully acknowledge these traditional owners who will be asked to welcome delegates to their country.

Welcome from WA Country Health Service

On behalf of the Executive and Board of WA Country Health Service I am pleased to welcome you to the 2023 WA Rural Health Conference.

As the lead agency for health service delivery in regional WA, we are proud to once again partner with Rural Health West to host this important conference as part of the 'Better Medical Care for Country WA Initiative'.

This year's theme is *People, Purpose, Passion*. It's an acknowledgment that in rural and regional health, our people are our greatest strength.

Delivering exceptional care across an area of more than 2.5 million square kilometres is made possible because of the passion and drive of our healthcare workers – many of whom live and work in the country communities they serve.

In collaboration with our partners, we have a strong record of developing initiatives and programs that give our people the tools needed to deliver high quality, safe and integrated care.

Our teams are harnessing the exciting possibilities of technology, finding innovative healthcare solutions and forging strong partnerships across the sector. Together, we are achieving positive outcomes for our patients and communities.

In the last year alone, our staff have attended to more than four hundred thousand emergency department presentations, thousands of elective surgeries, child health immunisations, mental health programs, treatment and care of Aboriginal people on country, and the safe arrival of more than four and a half thousand babies.

This conference is a unique opportunity to connect with colleagues and peers from across our vast state. I encourage you to listen, talk, learn, ask questions and strengthen your connections.

Thank you for making time to attend this conference and for the outstanding contributions you make each day to country communities.

Jeff Moffet

Chief Executive

WA Country Health Service



Registration desk

Please visit the registration desk if you have any questions relating to the conference program, venue locations or social events. Located on Level 3, the registration desk will be open during the following times:

Saturday 11 March 2023 8.00am-5.00pm

Sunday 12 March 2023 8.00am-1.00pm

Onsite contact

Kathryn Murrn

Events Coordinator

M 0422 018 068



Thank you to our partners

GOLD PARTNER



SILVER PARTNER



BRONZE PARTNER



Thank you to our sponsors

BARISTA CART SPONSOR – EXHIBITION AREA



BARISTA CART SPONSOR – FOYER



CONFERENCE APP SPONSOR



LANYARD SPONSOR



OUTREACH
SERVICES

Keynote speakers



CRAIG HOLLYWOOD

AUSTRALIAN OF THE YEAR AWARD RECIPIENT

Craig Hollywood is the Founder of Short Back and Sidewalks, a social impact movement providing free haircuts and conversations with some of Australia's most vulnerable people.

Having started in a car park in Perth in 2015, Short Back & Sidewalks now operates across the continent and continues to positively impact people's lives by providing a consistent, judgement free service which helps to break the stigma often attached to those in need.

Having lost a family member who experienced homelessness, Craig set out to find a way to help some of the most at-risk people in our society.

Craig's story about positively impacting communities through the simple act of giving a free haircut and having a chat is inspiring the next generation of giving across the country and beyond.

He believes collaboration is key to any success, but first we must connect with each other on a human level.



SAM BLOOM

BESTSELLING AUTHOR | WORLD PARA SURFING CHAMPION

Samantha Bloom is a two-time World Para Surfing Champion, bestselling author and inspiration behind the 2020 #1 Australian box-office, and global Netflix hit movie, *Penguin Bloom* starring Naomi Watts.

The movie is adapted from the international bestselling book, *Penguin Bloom: The Odd Little Bird Who Saved a Family*. Published in 14 languages, *Penguin Bloom* is a collaboration between Sam's husband Cameron, a professional photographer, and New York Times bestselling author Bradley Trevor Greive.

Paralysed in an accident in Thailand in 2013, Sam suffered debilitating injuries that left her paralysed from the chest down. She has since gone on to win two Oceania KL1 Para-canoe Championships, and become a 2 x World and Australian Para Surfing Champion. In 2019, Sam was nominated for the Surfing Australia Female Surfer of the Year Award, and in 2022 was awarded the Surfing Australia Female Para Surfer of the Year.

Sam works with numerous spinal cord injury charities around the world to support the quest for a cure, and is a global ambassador for the RedBull Wings For Life World Run.



Program

Please note: the program may be subject to change without notice.

Saturday 11 March 2023

8.30am **REGISTRATION** – welcome tea and coffee

OPENING PLENARY

TIME	EVENT	ROOM
9.00am	Conference opening Gerry Gannon	BELLEVUE BALLROOM 2
	Welcome to Country Walter Maguire	
	Welcome from Rural Health West Tim Shackleton, Chief Executive Officer – Rural Health West	
	Welcome from WA Country Health Service Rob Pulsford, Acting Chief Operating Officer – WA Country Health Service	
9.30am	Keynote speaker Craig Hollywood Short Back and Sidewalks <i>Lighting the fire of empathy, one conversation at a time</i>	BELLEVUE BALLROOM 2

10.30am **MORNING TEA AND TRADE EXHIBITION**

CONCURRENT SESSIONS

11.00am	Providing palliative care to your own community Kirsten Auret, WA Country Health Service	MEETING ROOM 1
	Helping your patients with eating disorders Emma Dove and Jessica Moncrieff-Boyd, The Swan Centre	MEETING ROOM 2
	WA Country Health Service telehealth – an update and case study Karen Pitman, Telehealth Command Centre, WA Country Health Service	MEETING ROOM 3
	Improving choice in cervical screening: the expansion of self-collection Alanna Barwood, WA Cervical Cancer Prevention Program	MEETING ROOM 6
	Practice Assist – supporting general practice Sharon Wood, Joanne Duncan and Kate Mason, WA Primary Health Alliance	MEETING ROOM 7
	Understanding WA's new Advance Care Planning resources Alison Parr, Western Australian Department of Health End of Life Care Program	MEETING ROOM 8

Program

Please note: the program may be subject to change without notice.

Saturday 11 March 2023

TIME	EVENT	ROOM
11.45am	Frailty Leon Flicker, Western Australian Centre for Health and Ageing The University of Western Australia	MEETING ROOM 1
	Join the change – how health professionals can improve cancer outcomes in regional Western Australia Hussam Al-Hakimi and Claudine Barnes, Cancer Council WA	MEETING ROOM 2
	The management of rotator cuff tears in the over 40s – who benefits from what? Jonathan Spencer, Hollywood Orthopaedic Group	MEETING ROOM 3
	Management of the growing athlete Annie Chappell, Western Kids Health	MEETING ROOM 6
	SHAPE – supporting holistic and person-centred weight education Rhiannon Dick, WA Primary Health Alliance	MEETING ROOM 7
	Rheumatic Heart Disease (RHD) in pregnancy Cheryl Liddiard, WA Country Health Service	MEETING ROOM 8
12.30pm	LUNCH AND TRADE EXHIBITION	

CONCURRENT SESSIONS

TIME	EVENT	ROOM
1.30pm	Update on college-led GP training Kyra Moss, The Australian College of Rural and Remote Medicine Colleen Bradford, The Royal Australian College of General Practitioners	MEETING ROOM 1
	Improving STI and BBV identification in rural Western Australia Maddi Whittle, ASHM	MEETING ROOM 2
	Current concepts of pelvic congestion syndrome and chronic leg swelling Robert Ma, Ramsay Health Care	MEETING ROOM 3
	SummaRise – Intelligent Falls Management System Daniel Hug, SummaRise	MEETING ROOM 6
	Clinical leadership Karen Bradley, Australasian College of Health Service Management (ACHSM)	MEETING ROOM 7
	Mentoring the junior health professional Nicole Liesis, coach for medical professionals	MEETING ROOM 8



Program

Please note: the program may be subject to change without notice.

Saturday 11 March 2023

TIME	EVENT	ROOM
2.15pm	Preventing burnout Sarah Newman, Assistant Director, Doctors' Health Advisory Service WA	MEETING ROOM 1
	Concussion management in general practice Gill Cowen, Curtin University	MEETING ROOM 2
	Passion with a purpose – drug harm reduction through peer education Diane Lloyd, Peer Based Harm Reduction Western Australia	MEETING ROOM 3
	Meditation for non meditators Janette Lawson, Shine Mind Body	MEETING ROOM 6
	Rural Psychiatry Training WA – a beginner's guide to starting a rural specialist training program David Townsend and Carol Chandler, Rural Psychiatry Training WA	MEETING ROOM 7
	Does more evidence = better outcomes in NDIS plans? Megan Moyle, Achievable	MEETING ROOM 8
3.00pm	AFTERNOON TEA AND TRADE EXHIBITION	
3.30pm	GP management of cardiac emergencies Thato Mabote, WA Heart Clinic	MEETING ROOM 1
	Diabetes management for women with type 1 and type 2 diabetes in pregnancy and gestational diabetes Marina Mickleson, King Edward Memorial Hospital	MEETING ROOM 2
	Managing complex and chronic injuries and pain disorders Tim Mitchell, Pain Options	MEETING ROOM 3
	E-cigs and Vaping – health impacts Laura Hunter, Australian Council on Smoking and Health	MEETING ROOM 6
	Peer based pathways towards meaningful care Peta Gava, Peer Based Harm Reduction Western Australia	MEETING ROOM 7
	Professional identity formation Kelly Valentin, Curtin University	MEETING ROOM 8

An application for CPD points will be submitted to the Royal Australian College of General Practitioners (RACGP) and Australian College of Remote and Rural Medicine (ACRRM) for the clinical stream of the event.



Program

Please note: the program may be subject to change without notice.

Saturday 11 March 2023

TIME	EVENT	ROOM
4.15pm	LGBTIQ+ rural health priorities Michael Atkinson, Living Proud	MEETING ROOM 1
	Adapting the safer baby bundle for out bush – current challenges and potential solutions Jared Watts, WA Country Health Service	MEETING ROOM 2
	Coronary disease – which tests and when? Richard Alcock, Stellar Cardiology	MEETING ROOM 3
	Voluntary Assisted Dying (VAD) in Western Australia Gareth Wahl, VAD Care Team, Western Australian Department of Health	MEETING ROOM 6
5.00pm	CLOSE OF DAY ONE	
6.30pm	2023 WA Rural Health Excellence Awards ●	BELLEVUE BALLROOM 2

RRR

**RURAL *and* REMOTE
RETRIEVAL WEEKEND**

4-7 MAY 2023

DEVELOP RURAL
EMERGENCY SKILLS

IN THE *incredible*
KARIJINI NATIONAL
PARK

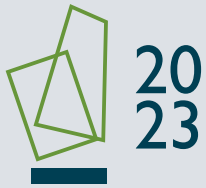
**RURAL
HEALTH
WEST**

SCAN THE
QR CODE
TO
REGISTER



Government of Western Australia
WA Country Health Service

This conference is proudly funded by WA Country Health Service – Better Medical Care Initiative.



WESTERN AUSTRALIAN
**RURAL HEALTH
LONG SERVICE
AWARDS**

Proudly sponsored by



RACGP

40 YEARS

Dr John Gliddon

30 YEARS

Dr John Buckley
Dr Zaki Dorkham
Dr Elena Ghergori
Adjunct Associate Professor
Marisa Gilles
Dr Ivan Jansz
Dr Graham Rowlands

20 YEARS

Dr Saritha Alva
Dr Gregory Baker
Dr Tania Botha
Dr Danielle Clark
Dr Susan Grainger
Dr Ann-Marie Guthrie
Dr Michelle Howell
Dr Linda Irvine
Dr Peter Knausenberger
Dr Brian Malone
Dr Jaye Martin
Dr Gavin John Matten

Dr Diane Mohen
Dr Tony Mylius
Dr David Offerman
Professor Bronwyn Peirce
Dr Koula Pratsis
Dr Julienne Roe
Dr Amba Roychoudhury
Dr Elly (Petronella) Sloomans
Dr Peter Smith
Dr Alex Thng

Rural Health West and WA Country Health Service congratulate all finalists and recipients of the Long Service and Excellence Awards.



WESTERN AUSTRALIAN RURAL HEALTH EXCELLENCE AWARDS

Building Healthy Country Communities

Finalists

- Diabetes Telehealth for Country WA
- WA Country Health Service Pilbara Palliative Care Service
- Warren Blackwood Enhancing Primary Health Initiative

Proudly sponsored by
Royal Flying Doctor Service – Western Australia

Clinical Leadership

Finalists

- Dr Jonathan Blundell
- Dr Joy Rowland
- Helen Stuart

Proudly sponsored by
Australasian College of Health Service Management

GP of the Year

Finalists

- Dr Michael Dewing
- Dr Kylie Sterry
- Dr Olga Ward

Proudly sponsored by
Royal Australian College of General Practitioners

Metropolitan-based Bush Champion

Finalists

- Professor Donna Mak
- Dr Lewis Marshall
- Dr Justin Yeung

Proudly sponsored by
Australian Medical Association

People's Choice

Finalists

- Laura Black
- Dr Rohan Carter
- Alex Craig

Proudly sponsored by
Rural Health West – Outreach Services

Rising Star

Finalists

- Kyra King
- Aimee Tingey
- Paige Weaver

Proudly sponsored by
Curtin University

Rural Allied Health Professional of the Year

Finalists

- Alex Craig
- Sally Rogers
- Sarah Tomlinson

Proudly sponsored by
The University of Notre Dame Australia

Rural Nurse/Midwife of the Year

Finalists

- Jemima Higgins
- Catherine Kirby
- Chantelle Pears

Proudly sponsored by
Edith Cowan University – South West

Rural Researcher or Educator

Finalists

- Associate Professor Michele Gawlinski
- Kathryn Fitzgerald
- Associate Professor Bronwyn Peirce

Proudly sponsored by
The Rural Clinical School of Western Australia

Specialist of the Year (Non-GP)

Finalists

- Dr Angela Alessandri
- Dr Pushpika Gunaratne
- Dr Jared Watts

Proudly sponsored by
St John of God Bunbury Hospital

WA Country Health Service Intern of the Year 2022

Finalists

- Dr Lucy Irvine
- Dr Angela Park
- Dr Josephine Sadler

Proudly sponsored by
WA Country Health Service

WA Country Health Service Resident Medical Officer of the Year 2022

Finalists

- Dr Michelle dos Santos
- Dr Renita Whittlely

Proudly sponsored by
WA Country Health Service

Program

Please note: the program may be subject to change without notice.

Sunday 12 March 2023

TIME	EVENT	ROOM
7.30am	Rural Doctors' Association of Western Australia AGM Breakfast <i>PRE-REGISTRATION WAS REQUIRED</i>	MEETING ROOM 11

CONCURRENT SESSIONS

TIME	EVENT	ROOM
9.00am	The sporting hip and groin Chris Perkin, West Coast Health and High Performance	MEETING ROOM 1
	Living Proud LGBTIQ+ inclusion workshop Sarah Collins, Living Proud	MEETING ROOM 2
	Overview of Sexual Assault Resource Centre services Fiona McMullen, The Sexual Assault Resource Centre (SARC)	MEETING ROOM 3
	Improve communication with difficult issues Maira Sim and Sonia Singh, Teaching on the Run facilitators <i>PRE-REGISTRATION WAS REQUIRED</i>	MEETING ROOM 6
	Hand and wrist injuries – suturing and plastering workshop – Part 1 1300HANDOC <i>This session is open to all delegates – PRE-REGISTRATION WAS REQUIRED</i>	MEETING ROOM 7
	Hand and wrist injuries – suturing and plastering workshop – Part 1 1300HANDOC <i>This session is open to junior doctors and students only – PRE-REGISTRATION WAS REQUIRED</i>	MEETING ROOM 8

10.30am **MORNING TEA AND TRADE EXHIBITION**

Program

Please note: the program may be subject to change without notice.

Sunday 12 March 2023

CONCURRENT SESSIONS

TIME	EVENT	ROOM
11.00am	Wound management workshop CNC Plastic Surgery Telehealth <i>PRE-REGISTRATION WAS REQUIRED</i>	MEETING ROOM 1
	Emergency medicine – reading ECGs Nick Martin, Sir Charles Gairdner Hospital	MEETING ROOM 2
	Mirena and Kyleena insertion and removal Bayer Australia <i>PRE-REGISTRATION WAS REQUIRED</i>	MEETING ROOM 3
	Communication between languages Aboriginal Interpreting WA	MEETING ROOM 6
	Hand and wrist injuries – suturing and plastering workshop – Part 2 1300HANDOC	MEETING ROOM 7
	Hand and wrist injuries – suturing and plastering workshop – Part 2 1300HANDOC	MEETING ROOM 8

CLOSING PLENARY

12.15pm	Keynote speaker Sam Bloom Bestselling author and World Para Surfing Champion <i>Heartache and Birdsong</i>	BELLEVUE BALLROOM 2
1.15pm	Thank you and farewell Tim Shackleton, Chief Executive Officer – Rural Health West	BELLEVUE BALLROOM 2
1.30pm	CLOSE OF CONFERENCE	



ABORIGINAL HEALTH CONFERENCE 2023

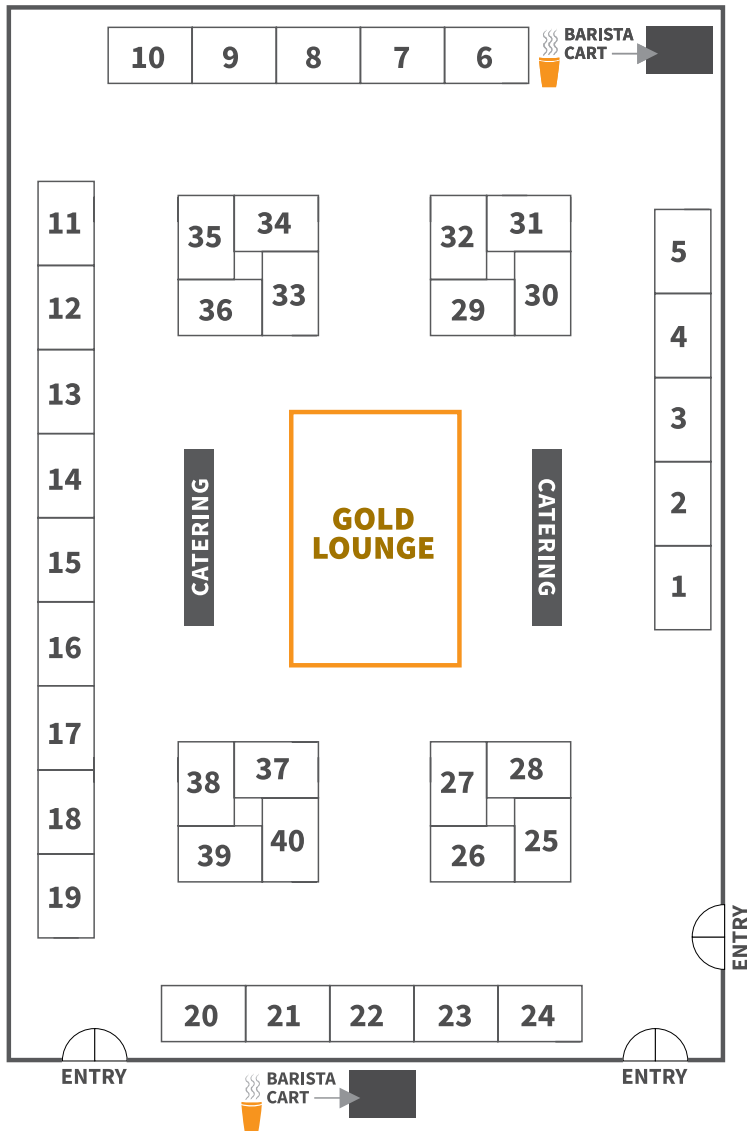
**RURAL
HEALTH
WEST**

**SOLD OUT
IN 2022**

**SCAN THE QR CODE TO
REGISTER YOUR INTEREST**



Exhibition floor plan



FOYER 2



Trestle number	Organisation
1	Aboriginal Interpreting WA
2	LiveUp
3	Living Proud
4	Connect Paediatric Therapy Services

Exhibitors

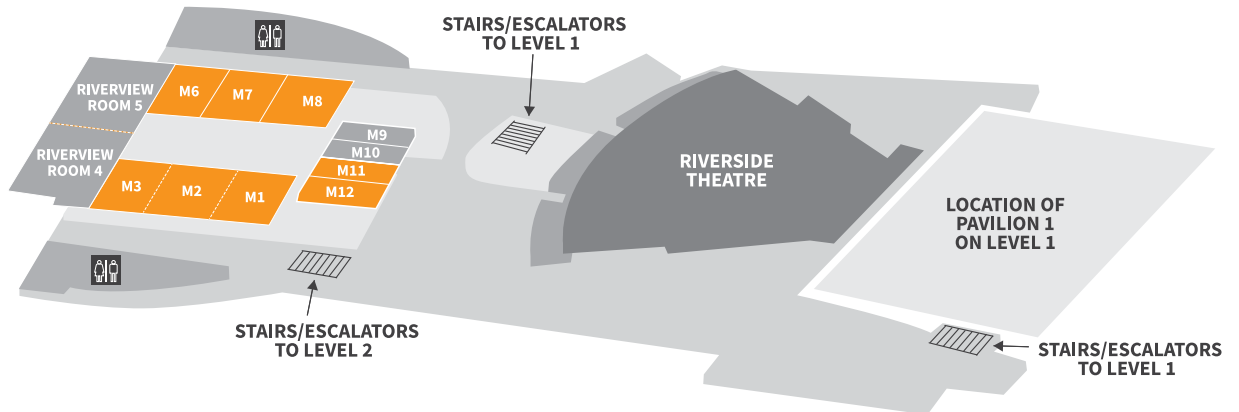
Booth number	Organisation
GOLD LOUNGE	Australian College of Rural and Remote Medicine GOLD PARTNER
1	FUJIFILM Sonosite, Inc.
2	WA Country Health Service
3	Besins Healthcare
4	Hollywood Private Hospital
5	CSL Seqirus
6	Rural Doctors' Association of Western Australia
7	Cancer Council WA
8	Organon
9	Insurance Commission of Western Australia
10	Laerdal
11	ASHM
12	MIGA
13	Ngaanyatjarra Health Service
14	CSL Vifor
15	MDA National
16	Bayer Australia Ltd
17	Axis Health
18	EBOS Healthcare
19	Choice Accreditation Services
20	St John WA
21	Novo Nordisk Pharmaceuticals Pty Ltd
22	BOQ Specialist
23	Diabetes WA
24	RACGP BARISTA CART SPONSOR
25	1300HANDOC
26	Rural Generalist Pathway WA Coordination Unit
27 & 28	Health Professionals Networks
29 & 30	Astrazeneca Australia SILVER PARTNER
31	Carers WA BRONZE PARTNER
32	Western Australian Ostomy Association
33	GenesisCare APP SPONSOR
34	Abbvie
35	Peer Based Harm Reduction WA
36	Team Medical Supplies
37	Rural Health West
38	Remote Vocational Training Scheme
39	Western Australian Department of Health
40	Lawley Pharmaceuticals

VENUE FLOOR PLAN

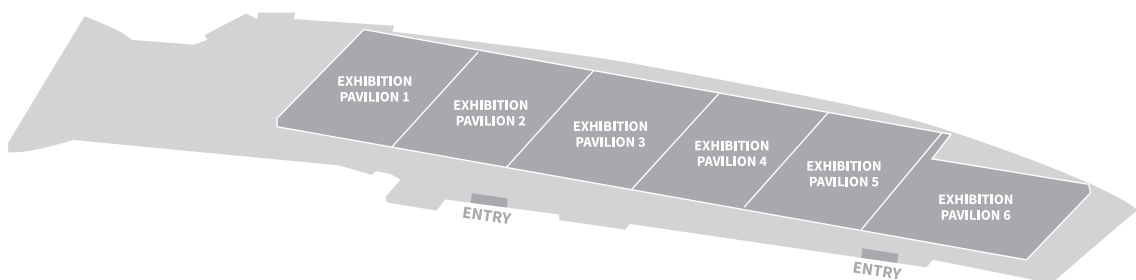
LEVEL 3



LEVEL 2



LEVEL 1



Please note: The WA Rural Health Conference 2023 will be held on Levels 2 and 3.