

OASI Workshop

Date	Friday 5 July 2024			
Time	12:30 – 17:30 plus 30 mins Pre-reading			
Audience	RANZCOG Fellows, Trainees, Associates (Procedural/Adv Procedural), Junior Doctors, Nurses and Midwives			
Facilitators	Professor Judith Goh +TBC			
Location/ Venue	Novotel Sunshine Coast Resort	Activity duration (hrs) by CPD type	Educational Activities (EA)	3
Cost	\$550 AUD incl. GST		Performance Review (PR)	1
Includes	Networking lunch, Afternoon Tea		Outcome Measurement (OM)	0
Number of participants	30	Total duration of activity (hrs)		4

This workshop is designed for medical professionals seeking to enhance their knowledge and skills in the repair of third- and fourth-degree perineal tears using porcine anal sphincters. Perineal repair, a critical aspect of obstetric and gynaecological care and throughout this workshop, participants will engage in hands-on training, interactive discussions, and comprehensive demonstrations to develop a deep understanding of perineal anatomy, recognise different types of perineal trauma, and master the techniques for effective repair.

Learning outcomes

1. Describe the anatomy of the anorectum.
2. Discuss prevention and diagnosis of obstetric anal sphincter injury (OASI), incorporating references to national and international care bundles.
3. Demonstrate surgical management techniques for obstetric anal sphincter repair.
4. Explain the role of physiotherapy in the treatment of anal sphincter injuries.
5. Outline colorectal management strategies.
6. Perform identification and repair of obstetric anal injury using an animal model with confidence.

Predisposing activity

Topic / activity	Duration	Delivery mode (e.g., pre-reading, case analysis, questionnaire)	Learning outcome(s) covered	CPD type EA, PR, OM and duration	If assessment of learning is included in this predisposing activity, provide a brief rationale of method chosen and how assessment measures the achievement of learning outcomes
Pre-reading The Management of Third- and Fourth-Degree Perineal Tears (Green-top Guideline 29, 2015)	30 mins	Pre-reading	2,3,6	EA	

Session plan

Time (am/pm)	Topic and activities	Presenter / facilitators name/s and qualifications	Duration	Delivery mode	CPD type and duration EA, PR or OM mins/hours	Learning outcomes
12.15 – 12.30pm	Arrival and Registration				--	
12.30 – 13.30pm	Networking Lunch		60 min		--	
13.30pm	Introduction - Introduce daily schedule, facilitators, and learning objectives for the day.	Prof Judith Goh RANZCOG Fellow and CU Subspecialist	10 min		--	
13.40 pm – 15.10 pm	Obstetric Anal Sphincter Injury (OASI) Introductory Lectures	Prof Judith Goh RANZCOG Fellow and CU Subspecialist	90 min	Introductory lectures Lectures provide a structured platform for presenting essential information, theoretical concepts, and fundamental principles related to OASI.	EA 90	1-Describe the anatomy of the anorectum. 2-Discuss prevention and diagnosis of obstetric anal sphincter injury (OASI), incorporating references to national and international care bundles.

				Lectures can cover theoretical concepts, aetiology, risk factors, identification, preventive strategies, and management strategies, providing a comprehensive overview.		4-Explain the role of physiotherapy in the treatment of anal sphincter injuries. 5-Outline colorectal management strategies.
15.10 pm – 15.30 pm	Afternoon Tea		20 min		--	
	Practical skills station Obstetric Anal Sphincter Injury (OASI) Practical Surgical Skills Station with suturing on animal models provided	Prof Judith Goh RANZCOG Fellow and CU Subspecialist	110 min	Practical surgical skills stations: these activities involve actively practising surgical techniques (EA) and receiving/ implementing feedback (PR). Practical skills stations allow participants to practice techniques for diagnosis, management, and repair under supervision, enhancing competency and confidence.	EA 50 min + PR 60 min	3-Demonstrate surgical management techniques for obstetric anal sphincter repair. 6-Perform identification and repair of obstetric anal injury using a simulation model with confidence.
15.30 pm – 17.20 pm	Discussion, questions, and close Discussion sessions provide an opportunity to reinforce key learnings from the lectures and practical skills stations.	Prof Judith Goh RANZCOG Fellow and CU Subspecialist	10 min	Discussion session allows participants to ask questions, seek elaboration on complex concepts, and address any confusion arising from the lectures or practical skills stations. Experienced practitioners/facilitators can share their insights, best practices, and practical tips for managing OASI effectively.	EA 10	