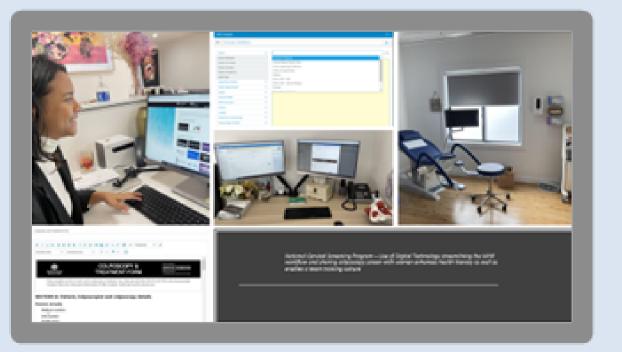


MANAGEMENT OF ABNORMAL UTERINE BLEEDING IN A PRIVATE MULTIDISCIPLINARY HEALTH SERVICE SETTING

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- Multidisciplinary team (MDT) health care involves a group of healthcare professionals from different disciplines working collaboratively to provide a comprehensive service to patients, including a dedicated anaesthetist, advanced laparoscopist surgeon, pelvic physio, colorectal surgeon, psychologist, social worker & practice nurse.
- HMB is defined as excessive menstrual blood loss that adversely interferes with the physical, emotional, social and/material quality of life, affecting 1:4 reproductive age women. a much under-recognised condition.
- Women's Health Road is an integrated health model of care for women that has primary health at the centre. We are accredited by RACGP standards of care.
- The advantage of a continuum of services under one roof include sonographic investigations, endometrial sampling, insertion of levonorgestrel IUD and an HMB consult using 3D plastic models and digital resources detailing possible underlying causes of AUB based on FIGO classification.
- The GP Specialist offers IV iron infusions on site for suitable iron deficient women. This combined approach to diagnosing, managing and initiating treatment spectrum simultaneously for ID/IDA and HMB improves outcomes for women.
- There is potential for easier communication with the National cervical screening program, for access to relevant information when managing women with abnormal uterine bleeding including post coital bleeding.

STREAMLINED WORKFLOW



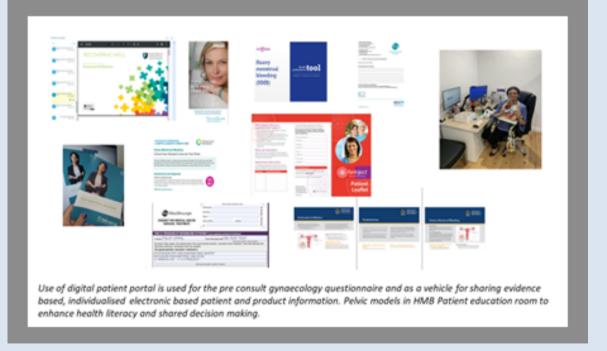
HMB STANDARD



REFERENCES 1. THE AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTHCARE HMB STANDARD 2. NICE GUIDELINES HEAVY MENSTRUAL BLEEDING: ASSESSMENT AND MANAGEMENT NICE GUIDELINE/G88







PATIENT RESOURCES