

RANZCOG 2021 Regional Fellows Scientific Meeting

Outback and Beyond



DARWIN CONVENTION CENTRE, DARWIN, NT
WEDNESDAY 7 TO SATURDAY 10 APRIL 2021



The Royal Australian
and New Zealand
College of Obstetricians
and Gynaecologists
Excellence in Women's Health

A RANZCOG event

Workshops Program

Dates of Workshops:

Workshops will be held on **Wednesday 7** and **Thursday 8 April 2021**.

Summary of Workshops available:

Nine workshops will be held as follows:

Wednesday 7 April 2021

- Diplomates Day (full day)
- Colposcopy Workshop (full day)
- Laparoscopic Skills Workshop (half day AM)
- Respectful Workplaces Workshop (half day PM)

Thursday 8 April 2021

- Fetal Surveillance Education Program (FSEP) Workshop (full day)
- Training Supervisor Workshop (FRANZCOG & DRANZCOG) (full day)
- Cultural Safety Training Workshop (full day)
- Neonatal Resuscitation Workshop (half day AM)
- Obstetric Anal Sphincter Injury (OASI) Workshop (half day PM)

Each workshop is subject to sufficient attendance and may be cancelled if minimum numbers are not reached.

Pre-meeting Workshops include:

Morning and afternoon tea and lunch on day of attendance for full day workshops.

Continuing Professional Development:

RANZCOG, RACGP and ACRRM Continuing Professional Development (CPD) hours/points will be applied for (where applicable).

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WEDNESDAY 7 APRIL 2021

Diplomates Day

| DATE: | Wednesday 7 April 2021 | | | | | | | | | | | | | | |
|-------------------------|--|-----|------|----|------|----|-----|----|---|---|---|---|---|---|---|
| ARRIVE/CHECK IN: | 7.30 to 8.00 am | | | | | | | | | | | | | | |
| TIME: | 8.00 am to 4.40 pm (<i>Subject to change</i>) | | | | | | | | | | | | | | |
| FACILITATORS: | Dr Mark Farrugia (Lead Facilitator), Dr Jared Watts, Dr Jane Thorn, Dr Ruth Derkenne, Dr Cherie Whitbread, Dr James Marangou, Dr Kiarna Brown and others | | | | | | | | | | | | | | |
| FEE: | \$650.00 | | | | | | | | | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | | | | | | | | | |
| CPD POINTS: | RACGP: 40 Category 1 (Women's Reproductive Health) points; ACRRM: PRPD 30 points + 30 MOPS points; 1 Day Rural Procedural Grant (<i>to be confirmed</i>) | | | | | | | | | | | | | | |
| LIMITED TO: | 50 participants | | | | | | | | | | | | | | |
| SUITABLE FOR: | | | | | | | | | | | | | | | |
| | <table border="1"><thead><tr><th>F/S</th><th>RF</th><th>T</th><th>D/GP</th><th>PV</th><th>M/N</th><th>MS</th></tr></thead><tbody><tr><td>x</td><td>x</td><td>x</td><td>✓</td><td>✓</td><td>x</td><td>x</td></tr></tbody></table> | F/S | RF | T | D/GP | PV | M/N | MS | x | x | x | ✓ | ✓ | x | x |
| F/S | RF | T | D/GP | PV | M/N | MS | | | | | | | | | |
| x | x | x | ✓ | ✓ | x | x | | | | | | | | | |

Symbols: F/S = Fellow/Specialist; RF = retired Fellow; T = RANZCOG Trainee D/GP = Diplomat/General Practitioner Obstetrics; PV = Prevocational Medical Officer; M/N = Midwife/Nurse; MS = Medical Student

Workshop Summary

The Diplomates Day program is tailored to meet the needs of RANZCOG Diplomates. The day includes lectures, interactive sessions and case discussions.

Program Outline

- Indigenous antenatal care and challenges of incomplete care
- Management of gestational diabetes mellitus (GDM) and type 2 diabetes mellitus (T2DM)
- Rheumatic heart disease
- Prevention of preterm birth in the indigenous population and management of preterm labour
- Difficult caesarean section

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Colposcopy Workshop

| | | | | | | | |
|-------------------------|--|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Wednesday 7 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 8.30 to 9.00 am | | | | | | |
| TIME: | 9.00 am to 3.30 pm (<i>Subject to change</i>) | | | | | | |
| FACILITATORS: | Assoc Prof Annabelle Farnsworth, Dr Supuni Kapurubandara and Dr Trevor Tejada-Berges | | | | | | |
| FEE: | \$650.00 | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | RANZCOG Fellows can claim 5 PD hours | | | | | | |
| LIMITED TO: | 50 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✗ |

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Program Outline

Pathogenesis of CIN and Renewal of Cervical Screening

- Human papillomavirus (HPV) infection and pathogenesis of lower genital tract disease and terminology
- The transformation zone and colposcopy terminology
- Overview of the renewed cervical screening program: HPV screening and management guidelines

The Practice of Colposcopy

- Technique, documentation and human aspects of cervical disease management
- Cytology, pathology and colposcopy of HSIL & LSIL and glandular lesions
- Audit and QA in colposcopy in the new program

Treatment, Specific Circumstances and Quiz

- Screening and colposcopy in special circumstances: Pregnancy, immune suppressed women
- Excisional technique and consequences of treatment
- Quiz and end of day summary (interactive session)

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Laparoscopic Skills Workshop

| | | | | | | | |
|-------------------------|--|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Wednesday 7 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 8.30 to 9.00 am | | | | | | |
| TIME: | 9.00 am to 12.30 pm (<i>Subject to change</i>) 3 hours | | | | | | |
| FACILITATORS: | Dr Yee Leung, Dr Tane Luna, Dr Jason Sly, Dr Namiko Aleker, Dr Romany Erwin | | | | | | |
| FEE: | \$375.00 | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | <i>To be advised</i> | | | | | | |
| LIMITED TO: | 12 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✗ | ✗ |

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Workshop Summary

This workshop will cover the fundamental principles of laparoscopic operating skills.

Junior trainees and prevocational medical officers beginning their laparoscopic training will have the opportunity to learn valuable information on basic laparoscopy equipment, theory and techniques.

The workshop includes hands-on practical exercises aimed at improving hand-eye coordination.

Program Outline

- Safe entry techniques
- Trocar placement
- Skills exercises
- Cystectomy simulation
- Oophorectomy simulation

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Respectful Workplaces Workshop

| | | | | | | | |
|-------------------------|--|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Wednesday 7 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 1.15 to 1.30 pm | | | | | | |
| TIME: | 1.30 to 5.00 pm (<i>Subject to change</i>) 3 hours | | | | | | |
| FACILITATOR/S: | RANZCOG | | | | | | |
| FEE: | Nil | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | RANZCOG Fellows can claim 3 PD hours | | | | | | |
| LIMITED TO: | 40 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

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Workshop Summary

This workshop provides participants with information and strategies to support the creation of a supportive and respectful workplace. The workshop focuses particularly on bullying, harassment and discrimination and how these behaviours are identified and managed.

Program Outline

- Discussion about unacceptable behaviours and how it impacts individuals, teams and patient safety.
- Intervention strategies and responses to unacceptable behaviours as either someone affected, bystanders, supervisors and managers.
- The costs, risks and impact of bullying.

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Fetal Surveillance Education Program (FSEP) Workshop

| | | | | | | | |
|-------------------------|--|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Thursday 8 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 8.30 to 9.00 am | | | | | | |
| TIME: | 9.00 am to 4.00 pm (<i>Subject to change</i>) <i>Morning Tea Break: 10.30 - 10.45 am</i> <i>Lunch Break: 12.30 – 1.00 pm</i> | | | | | | |
| FACILITATOR/S: | Mr Mark Beaves | | | | | | |
| FEE: | \$450.00 | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | Click to view FSEP CPD Hours for Full Day Program | | | | | | |
| LIMITED TO: | 40 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

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Workshop Summary

The FSEP Full program runs for 7 hours and provides a solid foundation of information for all clinicians involved in antenatal and intrapartum care. The full day program is structured to cumulatively build understanding. Participants in the full day program also complete the FSEP MCQ assessment at the end of the session. This is our core education program and is suited to most clinicians requiring education or an update in cardiotocography.

Program Outline

- The utero-placental unit, fetal heart rate control and basic fetal assessment
- The normal CTG, who to monitor and an introduction to the abnormal CTG
- The abnormal CTG, focusing on decelerations, interpretation and management
- CTG workshop and discussion
- Course evaluation and 60 MCQ assessment

Pre-Reading Material

The pre-reading material for this workshop may be obtained via the FSEP website:

[FSEP Pre-Reading Material](#)

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Training Supervisor Workshop (FRANZCOG & DRANZCOG)

| | | | | | | | |
|-------------------------|---|-----------|-----------------|--------------------|-----------|------------|-----------|
| DATE: | Thursday 8 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 8.00 to 8.30 am | | | | | | |
| TIME: | 8.30 am to 3.30 pm (<i>Subject to change</i>) | | | | | | |
| FACILITATOR/S: | Debbie Paltridge, Health Education Innovative Solutions | | | | | | |
| FEE: | Nil | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | RANZCOG Fellows can claim 6 PD hours | | | | | | |
| LIMITED TO: | 30 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ (Supervisors) | ✗ | ✓ (Adv only) | ✓ (Supervisors) | ✗ | ✗ | ✗ |

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Workshop Summary

This one-day workshop is for experienced training supervisors (including Diplomates undertaking supervisory roles). Whilst the workshop will focus on the FRANZCOG, DRANZCOG and DRANZCOG Advanced programs, training supervisors of specialist international medical graduates (SIMGs) and subspecialists, are also welcome to attend.

This engaging workshop includes discussion, group activities and ample time to interact with supervisor colleagues.

Objectives

By the end of this workshop participants will be able to:

1. Discuss the role of the supervisor in supporting trainee learning.
2. Identify the role of feedback in supporting trainee learning.
3. Discuss principles of valid and reliable assessment and the impact the assessor has on reliability and validity.
4. Develop a plan for supporting their trainees in the workplace.

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Cultural Safety Training Workshop

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|-------------------------|---|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Thursday 8 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 8.30 to 9.00 am | | | | | | |
| TIME: | 9.00 am to 5.00 pm (<i>Subject to change</i>) | | | | | | |
| FACILITATOR/S: | RANZCOG and the Australian Indigenous Doctors' Association (AIDA) | | | | | | |
| FEE: | Nil | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | RANZCOG Fellows can claim 6 PD hours | | | | | | |
| LIMITED TO: | 20 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

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Workshop Summary

Funded by the Australian Government – Department of Health, this workshop will equip participants with the knowledge, skills and attitudes needed to integrate Aboriginal and Torres Strait Islander holistic health and cultural safety into everyday clinical practice.

Workshop Aims

- Understand Aboriginal and Torres Strait Islander Peoples' connection to place and kin and apply knowledge to improve rapport, engagement and communication in clinical practice.
- Reflect on and moderate personal attitudes regarding the potential for racism and unconscious biases.
- Strengthen culturally safe practices relevant to Aboriginal and Torres Strait Islander Peoples to achieve better health outcomes.
- Understand and apply Aboriginal and Torres Strait Islander worldviews and approaches to health and wellbeing in clinical practice.
- Implement strategies to overcome access barriers at an institutional and organisational level.
- Implement strategies to overcome access barriers at a practice and clinical level.
- Utilise techniques to improve rapport building, engagement and communication in clinical consultations.
- Integrate Aboriginal and Torres Strait Islander holistic health and cultural safety into everyday clinical practice.

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Neonatal Resuscitation Workshop

| | | | | | | | |
|-------------------------|--|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Thursday 8 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 7.30 to 7.45 am & board bus | | | | | | |
| BUS TRANSPORT: | Departs at 8.00 am sharp from Darwin Convention Centre | | | | | | |
| TIME: | 8.45 am to 12.15 pm (<i>Subject to change</i>) 3 hours | | | | | | |
| BUS TRANSPORT: | Departs at 12.30 pm from Royal Darwin Hospital | | | | | | |
| FACILITATOR/S: | Lucy Thane and educators | | | | | | |
| FEE: | \$375.00 | | | | | | |
| ROOM: | Royal Darwin Hospital, <i>room to be advised</i> | | | | | | |
| CPD HOURS: | RANZCOG Fellows can claim 3 PD hours | | | | | | |
| LIMITED TO: | 12 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✗ |

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Workshop Summary

This hands-on practical workshop provides skill-based learning through neonatal resuscitation scenarios and is suitable for those requiring ongoing education in the resuscitation of a newborn.

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Obstetric Anal Sphincter Injury (OASI) Workshop

| | | | | | | | |
|-------------------------|--|-----------|----------|-------------|-----------|------------|-----------|
| DATE: | Thursday 8 April 2021 | | | | | | |
| ARRIVE/CHECK IN: | 1.15 to 1.30 pm | | | | | | |
| TIME: | 1.30 to 5.00 pm (<i>Subject to change</i>) 3 hours | | | | | | |
| FACILITATOR/S: | Dr Kurinji Kannan, Dr David Simon and others | | | | | | |
| FEE: | \$375.00 | | | | | | |
| ROOM: | <i>To be advised</i> | | | | | | |
| CPD HOURS: | RANZCOG Fellows can claim 3 PD hours | | | | | | |
| LIMITED TO: | 20 participants | | | | | | |
| SUITABLE FOR: | F/S | RF | T | D/GP | PV | M/N | MS |
| | ✓ | ✓ | ✓ | ✓ | ✓ | ✗ | ✗ |

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Workshop Summary

This is a theoretical and practical 'hands on' workshop aimed at developing clinical skills in the repair of third- and fourth-degree perineal tears using porcine anal sphincters.

Prevention and management of subsequent pregnancy will also be discussed.

Program Outline

- Welcome and introduction
- Anatomy of anorectum
- Prevention and diagnosis of obstetric anal sphincter injury (OASI) – national and international care bundles
- Episiotomy – when, how?
- Primary surgical management of OASI – video and practical session
- Follow up and next pregnancy