

One-Stop-Clinic for post-menopausal bleeding- does it work?

Outcome of two-year audit

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Endometrial cancer rate is rising steadily in New Zealand.

In 2019, we were not compliant with Faster Cancer Treatment (FCT) targets. Audit suggested two most common reasons for breaching are

- (a) waiting for ultrasound
- (b) waiting for hysteroscopy in theatre.

An One stop-clinic was implemented where women would be offered ultrasound the same day at the clinic. Depending on the scan result, the clinician would then perform biopsy / out-patient hysteroscopy.

Results

The pre clinic data (2014-2019) was compared with post clinic data (2022). This suggested improvement in all standards .

1. First specialist appointment within 14 days of urgent referral rose from 45% to 90% .
2. Treatment started within 62 days of receipt of urgent referral rose from 42 % to 74% .
3. Treatment to be started within 31 days of decision to treat rose from 77% to 87%. Referral to diagnosis is now 16 days compared to 48 days in 2019.

Discussion

An one-stop-clinic is a cost and time effective service increasing compliance with targets with reduced cost to the health service. The service is women centered, effectively use resources and improves outcomes.

