HETEROTOPIC PREGNANCY FOLLOWING SPONTANEOUS CONCEPTION – A CASE REPORT

Dr Amy Aitken, Dr Christine Duong - St George Hospital, Sydney, Australia



Background

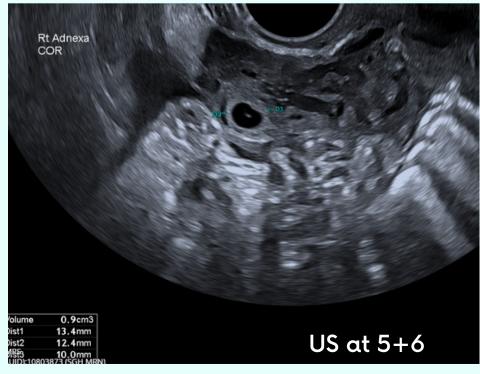
A heterotopic pregnancy describes the concurrence of an intrauterine pregnancy and an ectopic pregnancy. The estimated incidence in spontaneous conception is 1/30,000 pregnancies, and up to 1/100 pregnancies associated with assisted reproductive technology(1).

Case

A 31-year-old G3P1 was 5+3 weeks pregnant following spontaneous conception and presented to the emergency department with 1 day of pelvic pain and no vaginal bleeding. She had a history of a tubal ectopic managed with right salpingectomy 3 months prior. bHCG was 8,473 IU/L and ultrasound identified a 7mm intrauterine structure and no evidence of an ectopic pregnancy. 2 days later she represented due to recurrence of pain, bHCG had risen to 23,824 and haemoglobin was stable.

Ultrasound Images





Case Cont.

Repeat ultrasound identified an intrauterine gestational sac 9x9x9mm, and an ovoid structure with thick echogenic rim located within the pelvis, superior to the right ovary 13x12x10mm containing a 2mm hyperechoic focus. No fetal heartbeat identified. Diagnosis of heterotopic pregnancy was made and was managed surgically with laparoscopic removal of a ruptured ovarian ectopic pregnancy; the uterine cavity was not breeched with the aim of continuing the intrauterine pregnancy.

Conclusion

Diagnosis of a heterotopic pregnancy is difficult due to rarity and the presence of an intrauterine pregnancy, though should be considered as a differential for unexplained pain with a low threshold for non-invasive investigations such as ultrasound.

References

(1). Molloy D, Deambrosis W, Keeping D, Hynes J, Harrison K, Hennessey J. Multiple-sited (heterotopic) pregnancy after in vitro fertilization and gamete intrafallopian transfer. Fertil Steril. 1990;53(6):1068-1071. doi:10.1016/s0015-0282(16)53587-0