

Spirometry demystified – a practical case based presentation

Session Summary:

Spirometry is a helpful tool in aiding diagnosis and management of respiratory conditions. There are still unique challenges to obtaining and interpreting spirometry results and applying these clinically.

This session will focus on a simple understanding of spirometry and how it can aid patient management. A number of cases will be presented with accompanying spirometry interpretation to illustrate how these results help aid patient management. The cases presented will include obstructive airways disease, including overlap syndromes as well as patients with restrictive lung disease.

A simplified overview of the management of airways disease will be provided with the aim to provide simple take home messages.

There will be also be discussion of cases where the initial presentation of a systemic disease was with initial respiratory symptoms. The presentation will cover clues that suggest s extrapulmonary conditions. This presentation will conclude with thoughts about when a Thoracic Physician referral can be helpful in the management of patients.