**Title**

Bread and butter paediatrics in general practice: promoting developmental, mental and behavioural health in childhood.

**Author and affiliations**

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**Summary**

Developmental, behavioural and mental health is important in childhood. Furthermore, it has a significant impact on their life-long trajectory of health and social wellbeing.1

Join with colleagues in this interactive workshop to explore ways of working with families to monitor and promote their children’s development and wellbeing. 2,3,4,5.

The session will utilise facilitated case-based discussion and group work with a focus on Autistic Spectrum Disorder, ADHD, Anxiety/Depression and Gender Diversity.

An annoted list of resources will be made available on ShareGP prior to the Conference.

Learning objectives:

Participants will

* report increased confidence in promoting child development
* report increased confidence in recognizing red flags
* report increased understanding of management options when developmental, mental and behavioural health is at risk
* be able to discuss health system reforms that might enable families to be better served.

**References**

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2. Centre for Community Child Health. Policy brief – Childhood mental health: promotion, prevention and early intervention. Melbourne: Centre for Community Child Health, Royal Children’s Hospital, 2006.
3. AAP (2006) Identifying infants and young children with developmental disorders in the medical home: an algorithm for developmental surveillance and screening. *Pediatrics* **118**(1), 405–420. doi:10.1542/ peds.2006-1231
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