



PROGRAM

The below times are listed in Australian Eastern Daylight Savings Times.
The times on the virtual platform are in your local time.

8.50am – 10.40am	FORUM OPENING			
Room	Virtual Plenary Room			
Session Chair	Mary Evatt and Elisa Yule			
8.50am – 9.00am	Welcome to Country			
9.00am – 9.05am	Welcome from the President of Occupational Therapy Australia, Carol McKinstry			
9.05am – 9.10am	Welcome from the Co-Convenors of the Mental Health Forum, Mary Evatt and Elisa Yule			
9.10am – 9.55am	Keynote Presentation Breaking free: Releasing the power of occupational therapy to promote physical and mental health, Carolynne White			
9.55am – 10.40am	Keynote Presentation Enabling recovery through community, Maggie Toko			
10.40am – 11.10am	Morning wellness break: Opportunity to meet with exhibitors and view ePosters			
11.10am – 12.50pm	CONCURRENT SESSION 1			
	STREAM A Sensory approaches/NDIS	STREAM B Paediatric and Adolescent MH/Frameworks for practice	STREAM C Group work/Homelessness	STREAM D Assessment and Care planning/Forensic MH
Room	Virtual Plenary Room	Virtual Room 2	Virtual Room 3	Virtual Room 4
Session Chair	Mary Evatt	Kirsti Haracz	Elisa Yule	Danielle Ashley
11.10am – 11.22am	Quality Mental Health OT Assessment and Intervention – NDIS, is there a role for public mental health services? Rachael Starbuck	Internal and external factors influencing carers' ability to support their child with an eating disorder: What the PEOP teaches us Genevieve Pepin	Arts on our Mind: Preliminary Report of a pilot group using creative activities to promote mental wellbeing in children of families with a mental illness Adam Lo	What is the relationship between Allen's Cognitive Level Screen and functioning of adults living with a mental illness? Kylie Stewart
11.22am – 11.34am	The Hyperacute Occupational Therapy Team; Changing times for changing needs Julie Bohan	When Batman was in a car accident and had to go to Hospital" Story writing with Aboriginal children in remote regional NSW Sally Brown	Evaluating Groups and Activity: An Evaluation Tool for Adult Acute Psychiatry Jodie Swan	The Occupational Being Status Scale (OBSS): Validity, reliability and applicability Danielle Hitch
11.34am – 11.46am	Improving The Use of Sensory Interventions in Psychiatric Units: A survey of mental health staff Lisa Wright	Connecting with data to create change in occupational therapy practice for young people presenting with Autism Spectrum Disorder within Child and Youth Mental Health context Laura Scott	Breakfast groups on mental health wards to encourage cognitive strategy use and maintain meal preparation skills Dominica Lovisa and Kylie Stewart	An international survey: Feasibility of the Recovery Assessment Scale – Domains and Stages (RAS-DS) in everyday mental health practice Shivani Ramesh
11.46am – 11.56am	STRETCH AND REFRESH BREAK			
11.56am – 12.08pm	A Systematic review of effects of sensorimotor religious/spiritual practices on mental health outcomes Shikha Olickal	How understanding adolescent brain development can refocus service provision: Practical approaches for clinicians Sarah Falconbridge	Consumers' perspectives on housing related delayed discharge from inpatient psychiatric units Christina Chuah	Care planning through an occupational lens: Development of a care planning prompt tool for occupational therapists working in mental health settings Alisha Olds
12.08pm – 12.20pm	Tips and tricks to get better outcomes for consumers in the National Disability Insurance Scheme Maeve Hocking and Paddy Cavanagh	The implementation and impact of the Therapy Capability Framework in a large publicly funded mental health service Geoffrey Lau	Hopefulness in Homelessness: Seeing Capacity in "Survival Occupations" Naomi Parkes	Occupational therapists' experiences using the Model of Human Occupation in forensic mental health Julia Taylor
12.20pm – 12.32pm	NDIS Specialist Support Coordination: Challenges and opportunities for Occupational Therapists working with clients with extremely complex psychosocial needs Adam Finklestein, Lucy O'Hanlon, Mabrooka Singh	"Just go run a group": Establishing a Successful Outpatient Group Program Service within in an Area Mental Health Service. Ilona Morrison	Understanding homelessness and psychosocial disability from an occupational justice perspective: An interactive, simulated experience of life on the streets. What can occupational therapy offer? Muriel Cummins and Aoife Pollins	Working together through the window- The balance in remaining occupationally focused and accommodating practice in response to environmental barriers Charlotte Mills and Edith Gordon
12.32pm – 12.50pm	Q&A	Q&A	Q&A	Q&A
12.50pm – 1.45pm	Sessions break for lunch: Opportunity to meet with exhibitors and view ePosters			



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CONCURRENT SESSION 2				
	STREAM A Lived experience and Recovery oriented practice	STREAM B Technology and Occupational Therapy	STREAM C Early Psychosis/ employment/leisure	STREAM D Occupation Stations
Room	Virtual Plenary Room	Virtual Room 2	Virtual Room 3	Virtual Room 4
Session Chair	Adam Lo	Adele Suda	Carol Jewell	
1.45pm – 1.57pm	PRESENTATION WITHDRAWN	Use of information and communication technology by occupational therapists in mental health practice: a qualitative study Zoe McInnes	The importance of person-centred functional rehabilitation in early psychosis treatment Evangeline Hopkinson	The mindful occupational therapist: An Occupation Station of mindfulness skills training and experience (1.45pm – 2.15pm) Valya Bazalicki
1.57pm – 2.09pm	An occupational lens does not automatically equate to a recovery-oriented lens – a pivot to hope and meaning is needed Nicola Hancock	“Using Digital Interventions to Increase Access to Mental Health Services” Rheza Tan	Comorbid grief and psychosis experienced by young people – how can occupational therapists support recovery? Evangeline Hopkinson	
2.09pm – 2.21pm	Occupational Therapy ‘Knowledge Exchange’ and Practice Placements for students in Mental Health in Queensland Alexandra Pullen	In limbo: A narrative from an OT working with detainees with mental illness and how the use of purposeful activities and mindfulness practice changing lives. Alice Fung	Occupational participation influences adjustment and mental health and well-being during the transition from military service Kylie Carra	
2.21pm – 2.31pm	STRETCH AND REFRESH BREAK			
2.31pm – 2.43pm	Unheard voices in the National Disability Insurance Scheme: how we are using clinician and consumer experience to inform and advocate for systemic change. Tania Nicholls	‘Riding the Wave’: Developing and Delivering a Telehealth Group Program in the time of COVID-19 Lisa Greene	Create: Showcasing a vocational program within an area mental health service and its impact on identity and belonging among participants Natasha Tudor	A 2020 Vision: Interactive workshop exploring current strengths, challenges and opportunities for mental health occupational therapists providing services through the National Disability Insurance Scheme (2.15pm – 2.45pm) Muriel Cummins
2.43pm – 2.55pm	How can occupational therapists be supported to bring their experiential knowledge to the mental health workplace? Alicia King	Enhancing inclusive mental health care for lesbian, gay, bisexual, transgender, intersex and queer communities, from multicultural, spiritual and faith based communities via transmedia storytelling Silvana Izzo	“It takes a village”: thrive after cancer. How OT skills navigate trauma and cognitive issues through collaboration and recognise employment is a key health outcome Alice Fung	A hands-on learning experience: Facilitating diaphragmatic breathing patterns to support calmness and social engagement (2.45pm – 3.15pm) Jacky Peile
2.55pm – 3.07pm	“No longer the specimen in the room”: Using lived experience to enhance learning Tracey Parnell	Using Photovoice to explore Women’s Experiences of a Women Only Prevention and Recovery Care Service in Australia Karen Dixon	PRESENTATION WITHDRAWN	
3.07pm -3.25pm	Q&A	Q&A	Q&A	
3.25pm – 3.45pm	Afternoon wellness break: Opportunity to meet with exhibitors and view ePosters			
3.45pm – 4.40pm	CLOSING SESSION			
Room	Virtual Plenary Room			
Session Chair	Mary Evatt and Elisa Yule			
3.45pm – 4.30pm	Keynote Presentation The Mental Health First Aid Program – Teaching skills to create change, Betty Kitchener			
4.30pm – 4.35pm	Closing Remarks, Samantha Hunter			
4.35pm – 4.40pm	Closing Remarks, Mary Evatt and Elisa Yule			
4.40pm – 5.40pm	Social Connection			



ePoster Listing

Name	Title
Mary Matthews	Functional Neurological Disorder a New Area of Practice for Occupational Therapy
Annie Tran	Broadening the scope of recovery-oriented practice for mental health occupational therapists: observations of full recovery and well-being in survivors of suicide and self-harm
Anna Pannuzzo	Burnout and stress are the new workplace injuries: Actioning a workplace mental health policy to prevent psychological injury and support a mentally healthy workforce
Billie Paterson	The effect of social isolation on older adult's mental health in a residential aged care facility
Juanita Gnanapragasam	Using adjustment factors as correlates of understanding mental wellbeing for the first-year University of Alberta thesis-based Masters students
Adam Finkelstein	Healing our failing mental health system: Opportunities to enhance occupational therapy's role in Medicare's Better Access to Mental Health (BAMH) initiative

SOCIAL CONNECTION

DATE: Monday 16 November 2020

TIME: 4.40pm – 5.40pm *AEDT

LOCATION: Online (via Zoom)

COST: Included in all full registrations

DRESS CODE: Smart casual (or PJs, we won't judge!) Bring your drink of choice along to connect with your fellow Virtual OT Mental Health Forum peers at the Social Connection for an interactive night of networking.

The Social Connection will consist of one main virtual room with the option to choose which breakout room/topic you would like to participate in.

You can swap between rooms as you like throughout the time.

Each topic/room will be hosted by members of the Scientific Program Committee. The virtual rooms will provide an opportunity to network, discuss the day's presentations or simply have a chat with familiar faces.

The topics for the Social Connection include:

- What is the impact of COVID on the OT profession?
- Community stress levels in COVID times: What have OT's done to help?
- Emerging and future occupational therapy areas of practice in the new decade ahead
- Promoting team cohesion and strong networks during COVID
- Resilience and managing change
- Tips for making mental health research happen

We look forward to seeing you online!

The fine print:

Make sure you have Zoom version 5.3.0 or higher so you can self-select your breakout room of choice *(If unsure, ask in the chat and our moderators can assist you)

