

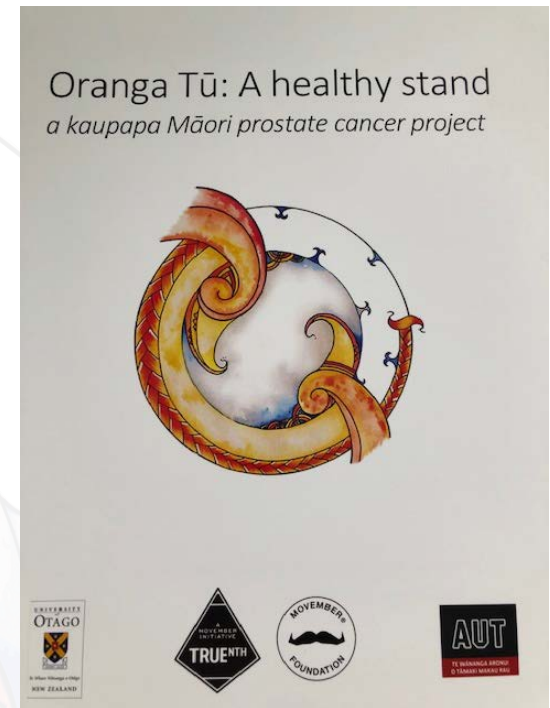
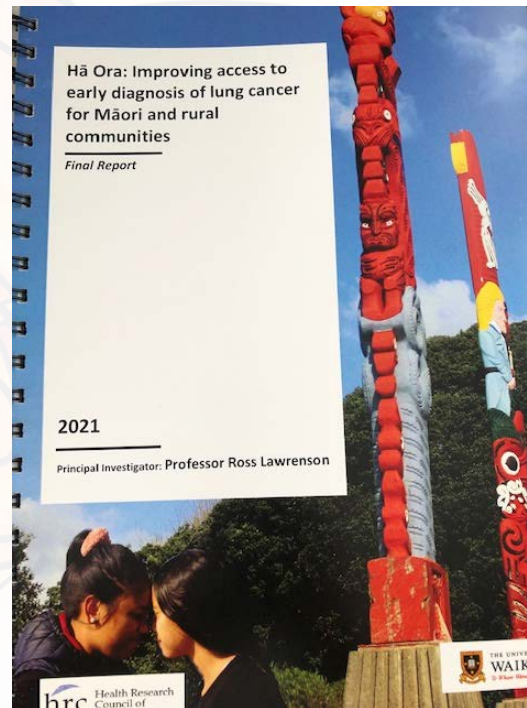
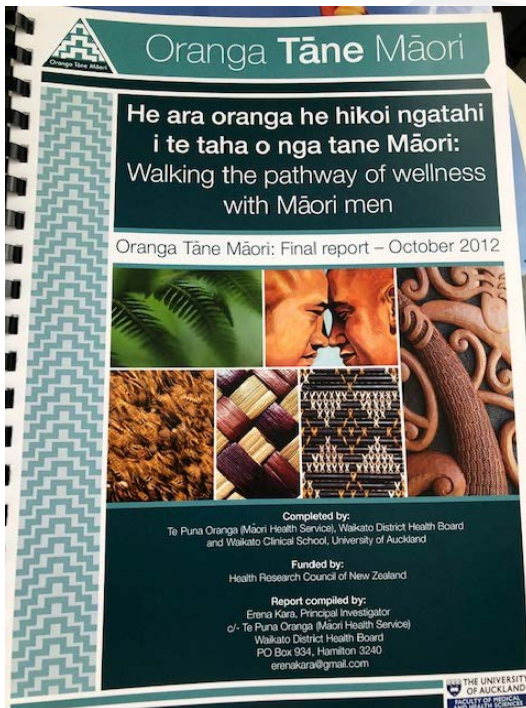


# **Achieving Māori health equity and mana motuhake for Māori whānau experiencing long COVID**

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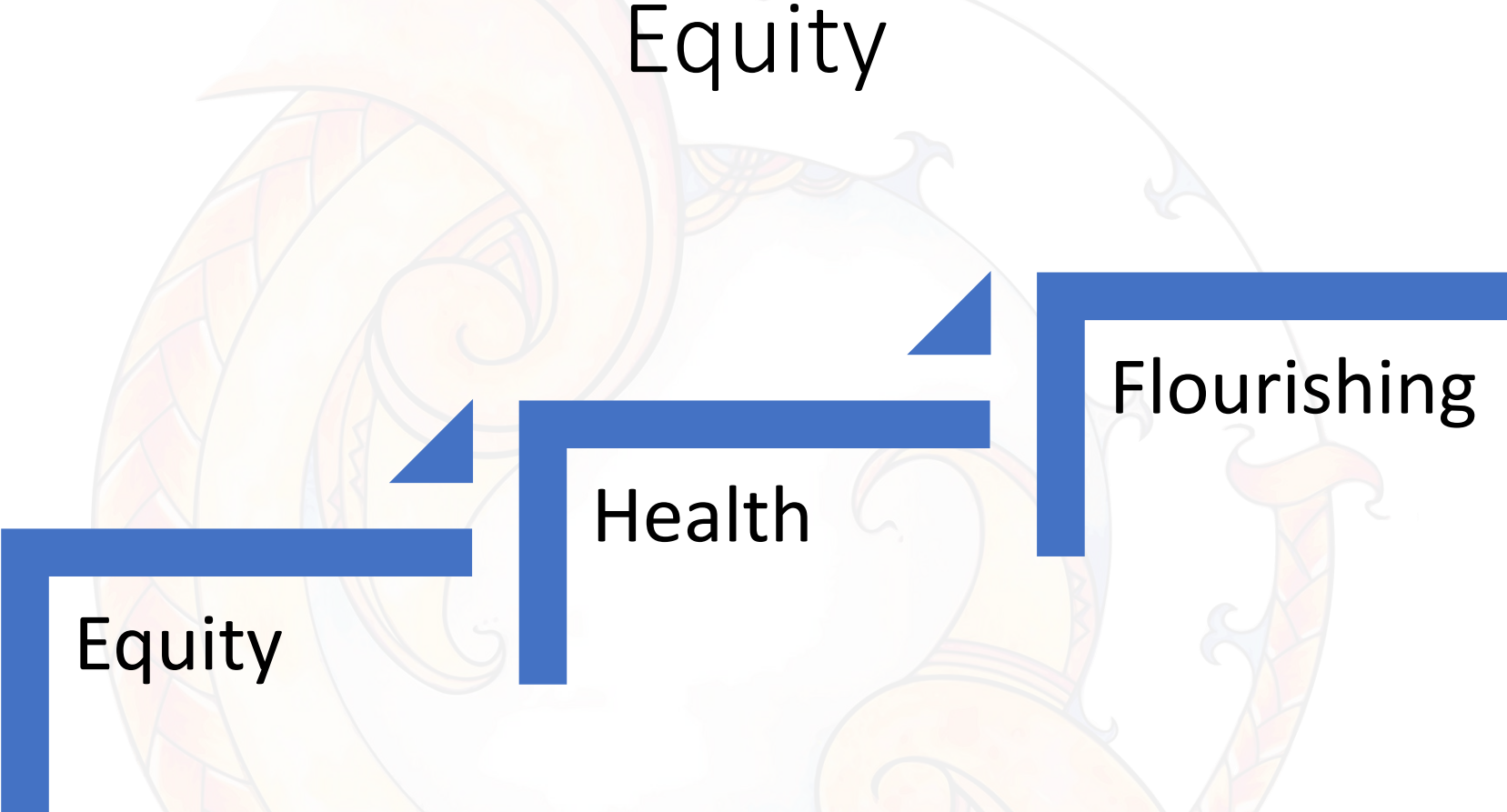


Original Article

## Cultural health literacy: the experiences of Māori in palliative care

Jacquie Kidd<sup>1</sup>, Stella Black<sup>1</sup>, Rawiri Blundell<sup>3</sup>, and Tamati Peni<sup>2</sup>

**Abstract:** Health literacy is a concept that is frequently applied to the patient's ability to find and comprehend health information. However, recent literature has included the skill of the health professional and the accessibility of health resources as important factors in the level of health literacy achieved by individuals and populations. In 2014 a qualitative study undertaken in Aotearoa New Zealand, investigated the context of health literacy for Māori in a palliative care setting (Māori are the indigenous people of Aotearoa New Zealand). The study included the experiences of patients, whānau (families), and health professionals.



# Mana motuhake



- Mana through being Māori
- Mana through choices
- Mana through making decisions

# Cautions: assumptions and stereotypes

- ❌ Māori have low health literacy
- ❌ Healthcare is accessible to everyone who wants it
- ❌ 'Low cost' healthcare is actually low cost
- ❌ Māori are hard to reach
- ❌ Māori are resistant to change
- ❌ Māori health is intrinsically poor

# Te Tiriti o Waitangi

Element/article	Health applications	Long covid guiding questions
Whanaungatanga	There is an existing relationship. We build on that to understand each other	What are Māori aspirations? What is already working? What can we build on?
Kāwanatanga	Crown health orgs are co-governed for the whole population	Who is co-governing in the 'mainstream' service space?
Tino Rangatiratanga	Māori make decisions and access resources for Māori	How are hapū involved in setting care priorities? How are they resourced?
Ōritetanga	All health care is provided and evaluated with an equity lens	What provisions are made to identify, address and evaluate equity needs?
Wairuatanga	Wairua is the way to understand what hauora is	How are ngā kaitiaki o te wairua being prioritised, protected and resourced?

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- [For the Oranga Tū report, email: Jacquie.kidd@aut.ac.nz](mailto:Jacquie.kidd@aut.ac.nz)