

MQ Health Wellness Series: Staying on top of sports injuries

Speaker Bios

Professor Simon Willcock

Clinical Program Head, Primary and Generalist Care, Wellbeing and Diagnostics



Professor Willcock is a General Practitioner and Clinical Program Head of Primary and Generalist Care, Wellbeing and Diagnostics at MQ Health. His education and research interests include the health of doctors, generational change in the medical workforce, men's health and musculoskeletal medicine. Simon trained as a rural procedural GP, and practiced in Inverell, NSW where his practice included obstetrics and anaesthetics. Professor Willcock has had a number of educational and leadership roles including board member of the Sydney North Health Network.

Associate Professor Sumit Raniga

Shoulder and Elbow Surgeon and Director of Translational Shoulder Research Program



Associate Professor Raniga is a specialist Orthopaedic shoulder and elbow surgeon with three years of dedicated subspecialty training. Associate Professor Raniga provides the highest standard of contemporary care for complex shoulder and elbow problems. He specialises in shoulder and elbow reconstruction, arthroscopy (keyhole surgery) and arthroplasty (joint replacement surgery). With a background in molecular medicine as well as orthopaedic surgical sciences, he has a proven track record in cutting edge research and he is involved in developing and implementing a world-class centre of excellence in shoulder and elbow research.

Dr Rowena Mobbs

Cognitive Neurologist and Senior Lecturer, Department of Clinical Medicine



Dr Rowena Mobbs is an expert in cognitive neurology and holds a Senior Lecturer position at Macquarie University Hospital. She is an advocate for care and research in repetitive traumatic brain injury on the national stage. She co-founded the Australasian Cognitive Neurology Society and is the Clinical Co-Director of the Macquarie University Concussion and Repetitive Head Trauma research group. Her main research interest is in chronic traumatic encephalopathy or CTE, and she co-authored an early case report of CTE in an Australian Rules Football Players. Dr Mobbs founded Concussion Connect, a support group for those with symptoms after repeated head injury.

Mr Christopher Wynne

Lead Physiotherapist, Outpatient Services, APA Sports and Exercise Physiotherapist



Chris has more than 12 years of clinical experience as a physiotherapist, having worked in private practice and sporting settings. He has previously been the Head Physiotherapist for the GWS Giants Academy Program, and currently provides physiotherapy services to scholarship athletes at the NSW Institute of Sport. Chris has a special interest in the management of acute & chronic lower limb conditions, particularly those arising from sports & exercise-related pursuits and has extensive experience in the management of acute and chronic spinal conditions. He works closely with orthopaedic specialists, sports physicians, and GPs to provide evidence-based care to all his patients.