



Micheal Bunting

Founder, The Mindful Leader

Day 1– The Legal Professional

Cultivating leadership skills at every stage of your legal career

3.00pm – 3.45pm

About Michael Bunting

Michael Bunting is the author of the #1 bestselling books, *The Mindful Leader* and *A Practical Guide to Mindful Meditation* and co-authored *Extraordinary Leadership in Australia & New Zealand* with Jim Kouzes and Barry Posner, the world's premier researchers in the field of leadership. He is a global expert on the integration of transformational leadership development, mindfulness, adult development, mental health and culture change. His latest book, published in October 2022, *Vertical Growth*, covers the 3 core skills every leader needs to master leadership in the modern economy.