



Emma West

**Psychologist, Mediation Coordinator,
Altius Group**

Day 1 – The Legal Professional

Staying Well in the Law

2.00pm – 3.00pm

About Emma West

Emma has been working as a registered psychologist since 2005. After spending 3 years as a rehabilitation consultant in Perth, WA, Emma became a consultant with an insurance broker specialising in people risks and helping employers to manage and prevent their people risks, specifically to improve insurance

performance and reduction in workers compensation premiums. This work was diverse and included risk assessment, setting up pre-employment screening, safety and people management systems as well as providing advice on workers compensation claims and claims management processes.

In 2012, Emma took on a role as regional manager for a rehabilitation provider and has worked as a people leader and mentor up until today. In her leadership roles, Emma has focussed upon fostering a culture of support, collaboration and striving to achieve. Being a people manager and business manager presented Emma with an insider perspective to the consulting work that she previously undertook, which served as humble reminder of the difference between advice giver and advice implementor. During Covid, Emma pivoted her focus from management of teams to working more closely with businesses again, returning back to work in people risks.

Emma is an accredited mediator and works within the Altius Group's organisational psychology team to deliver conflict management, mediation and coaching to employers. She also provides a range of training and support to employers tailored to their needs and objectives. Emma continues to be a mentor and support to many of our emerging psychologist and allied health teams across the Altius Group. Emma has worked with small, medium and corporate employers

across a range of industries, has been a guest lecturer at UWA and presenter with the Australian Psychological Society.



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