

Presenter:	Ritu Sehji
Organisation:	Westlake Boys High School Pupuke Kahui Ako
Position:	HOD Technology Across School Lead
Abstract:	Building creative ways to foster wellbeing in the classroom and beyond
	<p>Ritu will share insights and a bit of a background on things that inspired her to focus on wellbeing specifically. Delegates will have an opportunity to explore questions and do a quick audit around wellbeing and self-care.</p> <p>She will also share the wellbeing ideas and initiatives that she has tried out as an educator and as an Pupuke Across School Lead in her classroom and beyond. Delegates will have an opportunity to partake in some of these interactive activities at the session.</p>