



Promoting Hauora: Whole school wellbeing change – what does it look like in practice?

Dr Lucy Hone

Lucy will review the science and practice of whole-school wellbeing. Based on her experience working with schools and researching the Educators' Guide to Whole-school Wellbeing, this session will make the case for taking a whole-school approach, share best-practice insights regarding implementation and review some of the different ways schools are currently promoting hauora. *"Schools often come to us committed to promoting wellbeing, but they don't yet know where to start. This session is a getting started intro - blending the best of science with real-world practice,"* describes Dr Hone.

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