

Presenter:	Gabriela Maldonado
Organisation:	Kristin School
Position:	Curriculum Leader of Teaching and Learning, Faculty of Languages
Abstract title:	Embedding concepts, principles and practices of Positive Education in a subject-specific academic curriculum
	<p>A growing body of research suggests that Positive Education interventions can have a significant impact on students' relationships, purpose, engagement, outcomes and health.</p> <p>This workshop offers insight into how subject-specific teachers may seamlessly weave such interventions into their Senior School academic curricula to enhance their students' learning and contribute to their overall wellbeing.</p> <p>From mindfulness and positive relationships to character strengths, goal setting and self-control, this workshop offers strategies on how to explore and draw connections between your subject-specific curriculum and Positive Education, as well as practical examples on how to embed research-based interventions into your classrooms.</p>