

**Sonya Smith Pecha Kucha presentation plan April 2021**

Slide	Topic	Image	Script
1	<b>Cover slide</b>		
2	<b>Intro-ko wai au?</b>	Ko wai au?	Nga mihi nui ki a koutou katoa warm greetings to everyone <b>Ko Takitimu toku Waka</b> <b>Ko Moumoukai toku Maunga</b> <b>Ko Nuhaka toku Awa</b> <b>Ko Ngati Rakaipaaka, Rongomaiwahine, Ngati Kahungunu</b> <b>ki te Wairoa,Whakatohea o nga Iwi</b>
3	<b>Spiral-growth and the idea of perpetual movement</b>	Pare and Whakawae or door lintel Koru	The outer coil of the koru symbolises growth and conveys the idea of perpetual movement. This is as opposed to decreasing circles. The Pare or Marae dopor lintel often show the spiral with no beginning or end. Wairoa Hospital and Health centre DHB owned and funded-integrated model with Private general practice and many tenants We use the locality kaupapa to push forward
4	<b>Expansion</b>	Dirty boots	Over the preceding two years Wairoa Hospital and Health centre has grown and its expanded services. In 2012 the GP pods will built onsite and the HBDHB were looking to models outside of themselves. However HBDHB ended up buying a general practice.
5	<b>Direction of change</b>	Val meeting the cross currents	This is a directional change from the culture in my time of constant threat of closure, downsizing and centralisation to our larger secondary centres. Much of that driven from bottom line healthcare and staff reductions to pay for medical and surgical overruns elsewhere. Since then Wairoa has transitioned to a locally owned single General practice on the hospital site.
6	<b>Consequence of decreasing circles</b>	Looking underneath	Lowers morale and increases turn staff over Don't want to be constantly seen as the problem- so you stop revealing the problems Start withdrawing from the organisation Disenfranchised with the mothership Righteous anger from staff/teams
7	<b>Be first and do something we haven't done before</b>	Crossing the bar	Be first and do something you haven't done before I remember immense pressure in 2012 when the integrated GP build was underway to go to a Community trust model. Also discussion of Iwi ownership which continued due to the Nuka model influence. Golden Bay finance model was a concern to us
8	<b>Working together</b>	Covid vaccine in OPD	We have learnt that Primary and secondary care know their knitting but make bigger strides when working together in a unified way. This has made our response to events such as Covid sustainable and connected. On Tuesday morning we were with our Primary Care colleagues, Maori Provider and Iwi leader mapping how we can rollout out the covid vaccine
9	<b>Whanau voice</b>	Whanau voice diagram	Reflecting community voice and needs is vital to ensuring your serving your communities priority too. They have our

			<p>back and must have a sense of ownership and safety in their facility too.</p> <p>2019 ran a series of surveys/public hui and provided an dedicated email address is available as well as a freepost mailing option, and whānau suggestion boxes will be set up in several places across Wairoa in the new year.</p> <p>We heard back from the wider Wairoa whānau about their health care experiences and visions for the health service. From the feedback, improvement plans will be prepared and presented to the community.</p>
10	<b>Locality Model</b>	Is all of us	<p>The approach was to respond to the desire of communities for a more locally nuanced approach to health service planning and delivery than the existing district wide model. Our community want to be more involved in decisions and see local services being provided to meet local needs source</p>
11	<b>Locality model cont</b>	HB Health Awards dinner	<p><b>2019 SKYLINE AVIATION AWARD</b> Excellence in the use of knowledge to deliver innovative solutions  Winner: ‘He Korowai Manaaki – A protective cloak for Hapū mama and Whānau’ Ngāti Pāhauwera Development Trust and Te Tātai Hauora O Hine (Centre for Women’s Health Research, Victoria University of Wellington).</p> <p>What began as a research initiative to address health inequities experienced by Māori women and their babies in the rural extremities of southern Wairoa, has grown into a community led maternity care pathway for pregnant women in Te Wairoa that puts women, their babies and whānau at the centre of care, without barriers. Wairoa-based Ngāti Pāhauwera Development Trust identified a growing need for better health care intervention for mothers and babies.</p>
12	<b>More locality mahi</b>		<p><b>Iwi Ngati Pahauwera</b> in a partnered approach with Victoria University/HBDHB &amp; General Practice to address unmet need in the Wairoa Community. 2020 a HRC research grant of \$2 million Whakapounamu Mana Wāhine (Whānau Manaaki: Methamphetamine) – a qualitative study exploring ways to reduce the impact of methamphetamine on hapū māmā and their whanau</p> <p><b>He Tapu Te Whare Tangata:</b> Empowering Rural Solutions – a clinical trial comparing 2 different pathways to colposcopy, each offering the HPV self test to wāhine due a cervical smear, as an alternative method to screen for cervical cancer. This is a research project partnered with local Primary care Provider, Ngati Pahauwera with Victoria University- Centre of women’s studies that will likely show self-testing has higher uptake than smears for rural Maori women.</p> <p><b>HQSC ‘Korero Mai’.</b> Bedside handovers were implemented as an outcome. Q&amp;A cards for patients are in production</p>

13	<b>He tangata he tangata he tangata</b>	Matua Bill	<p>Community leaders-Part of us we are part of them. People must feel welcome, feel safe feel some ownership locality approach has two related but distinct features:</p> <p><b>Locality planning</b> puts communities and their experiences of health and healthcare at the centre of planning decisions and, crucially, engages those communities in action to improve health.</p> <p><b>Locality provision</b> is the better co-ordination and integration of health and related services at the locality level. primary care, representing instead a microcosm of all health service activity, inclusive of hospital and primary care and other health and social sector services, operating at a local level.</p>
14	<b>Allies</b>	<b>HBDHB leaders</b>	<p><b>Permissive leadership</b> through all the layers of governance and leadership that recognises priorities of Rural health. A Wahine Maori CEO, a Tane Maori Board Chair, an empathetic and connected Planner and Funder and Directorate lead support equity and future proofing.</p> <p>And of course an incredible directorate leadership team Claire Caddie Wietske Cloo and Jill Lowrey our Nurse director who is with us today</p> <p>End of 2018 I returned to Wairoa and mapped everything taken away from us in the preceeding 10 years</p> <ol style="list-style-type: none"> <li>1. 5 nursing roles had been taken out</li> <li>2. We were seeing more and more people acutely</li> <li>3. We were being asked to expand practice/widen scope</li> </ol>
15	<b>Building confidence</b>		<p>People are important but having a good facility builds confidence. If your spending money your not about to close down.</p> <p>2020 we new digital Radiology department including Ultrasound upgrade, a Haemodialysis room, Specialist services are expanding using Telemedicine and new private provider's onsite and now planning for a procedural space for non General anaesthetic procedures</p>
16	<b>Going back to whanau</b>		<p>Initially –Transport transport and transport then good kai and food security and better co-ordination of specialist appointments were the themes.</p> <p>Feedback from whanau voice- have to come back around so we are planning the next series of hui.</p> <p>We will re survey whanau but we also need to be sharing our progress.</p>
17	<b>Telling the story</b>		<p>I am the mix of engine room and helicopter pilot. Lucky to have others drive things along. I think you will find a poster with a QR code to a video made by a young couple on iphones and really driven along by Dr Margaret Fielding</p>
18	<b>Not perfect</b>		<p>Not perfect still need to push back and pull forward Recently application for research and ethics approval for a Diabetes study done without us until they wanted to recruit patients</p>

			Population health could connect more to service delivery versus strategy only
19	<b>Reflection's</b>	Reflection's	Closure is no longer in our vocabulary anymore. Instead we ask how we can support growth and development and all of our connections is the only way to do that.
20	<b>Peace-Waka Aio</b>	Peace-Waka Aio	This is my favorite picture as it shows our Tane and Wahine working together ,healthy active and our Tamariki watching and ready to follow.

### Ever increasing circles-Abstract

The outer coil of the koru symbolises growth and conveys the idea of perpetual movement. This is as opposed to decreasing circles.

Over the preceding two years Wairoa Hospital and Health centre has grown and its expanded services. The expansion in that time includes a single General practice onsite, new digital Radiology department including Ultrasound upgrade, a Haemodialysis room, Specialist services expanding using Telemedicine and new private provider's onsite .This is a directional change from the culture in my time of constant threat of closure, downsizing and centralisation to larger secondary centres.

We have learnt that Primary and secondary care know their knitting but make bigger strides when working together in a unified way. This has made our response to events such as Covid sustainable and connected.

Reflecting community voice and needs is vital to ensuring your serving your communities priority too. They have our back and must have a sense of ownership and safety in their facility too.

Permissive leadership through all the layers of governance and leadership that recognises priorities of Rural health. A Wahine Maori CEO, a Tane Maori Board Chair, an empathetic and connected Planner and Funder and Directorate lead support equity and future proofing.

Closure is no longer in our vocabulary. Instead we ask how we can support growth and development and all of our connections is the only way to do that.



**NATIONAL RURAL  
HEALTH CONFERENCE 2021**

**Healthy Rural Communities  
Mauri Ora, Whānau Ora, Wai Ora  
30 April – 1 May, Taupō**

Ref: 77

Dear Sonya

Following a thorough review of the abstracts the conference committee would like to offer you the opportunity to present your abstract (details below) as a PechaKucha presentation.

PechaKucha is a storytelling format that uses 20 slides or images that are displayed for 20 seconds each. The slides will move automatically as you are speaking.

All PechaKucha presentations will be presented in the main conference room for an hour on Friday 30 April (3.00 – 4.00pm).

Please confirm by **Monday 29 March** if you are happy to present your abstract in the PechaKutcha format.

## Presentation

Abstract title	Ever increasing circles
Paper number	32
Presentation type	Pecha Kucha
Presenting author	Sonya Smith

On behalf of the NRHC Organising Committee, I would like to thank you for your submission and look forward to hearing from you.

Kind regards,

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