



Promoting wellbeing through relationships

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Promoting wellbeing through positive relationships is the number one indicator of success as stated in the Harvard longitudinal study. So what does this / can this look like in our school communities. Clearly creating a strong learning culture is essential and so are effective ways to repair / restore these learning cultures and relationships when they are impacted / harmed. There are many tools in the restorative practice space to support this, whether it be the Restorative Matrix - the Essence of Restorative Conversations - the Restorative Archway or 'Connection before Correction' - a model we will briefly explore to support us as we BUILD - MAINTAIN - RESTORE - SUSTAIN strong learning cultures.

While having a strong learning culture is vital - there are some other key relationships that are often neglected in our school communities. These are the relationships and connections between the professional learning foci / ongoing projects / school initiatives that we are involved within our schools, these also must to be acknowledged, addressed and supported to promote wellbeing across our school communities.