



Navigating Wellbeing Change: What? So what? Now what?

Dr Lucy Hone and Dr Denise Quinlan

In response to demand from participants from previous conferences, this session provides time for reflection and planning your next steps.

Led by Dr Lucy Hone and Dr Denise Quinlan, conference convenors of WENZ, and other speakers on hand to assist with your planning time, a planning/reflection guide will be provided to help maximise the opportunity for learning, connections and next steps.

Dr Hone and Dr Quinlan will also share key learnings from the research and writing of their new book, *The Educators' Guide to Whole-school Wellbeing: A practical guide to getting started, best practice process and effective implementation* (Taylor & Francis, 2020).

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