

Ko te tumanako me haere tahi tatou Hope moves us forward together

## Title ADHD is a serious and treatable illness: who is missing out on care and why?

ADHD is a common neurodevelopmental condition, affecting around 5% of people. Without treatment, people with ADHD face higher rates of educational underachievement, relationship difficulties, unstable employment, substance use disorders, incarceration and accidental injury. Treatment for ADHD is safe and highly effective. Yet, many adults with ADHD face long delays and high out-of-pocket expenses in accessing diagnosis and treatment. Many miss out altogether. This discussion – between a psychiatrist providing ADHD assessment and treatment in the public system and a consumer with lived experience of ADHD – will explore the importance of affordable and accessible ADHD clinics and will invite the audience to share in identifying barriers to, and opportunities for, improved care.

