

Many people in the transport engineering industry have to consider the processes and consequences involved with fatal and serious injury crashes. However, our academic and professional training typically does not provide us with the mental and emotional resources we need to deal with our day-to-day consideration of people being killed and seriously injured. Aside from providing practitioners with self-help phone numbers, there is often relatively little done to proactively provide psychological skills and support for those whose jobs involve using their transport engineering skills to save the lives of others. This presentation describes the extensive work done by WSP to support the mental and emotional wellbeing of their staff (and colleagues from other agencies) that frequently deal with the confronting aspects of operational and practical road safety engineering. Aside from scene setting, the presentation is not focused on transport engineering, but rather it describes the way in which the mental and emotional wellbeing of transport engineering professionals can (and arguably, should) be addressed.