## **Workshop Abstract**

#### **Demystifying debriefing**

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# Specific objectives of the workshop

Participants will be able to apply a safe structured debriefing methodology and:

- Match debriefing to your simulation activity
- Increase confidence and competence of debriefers
- Debrief the low hanging fruit and the elephants in the room

## Rationale for the workshop

Debriefing can make or break any simulation experience, so it is imperative that debriefing is applied in a safe and structured manner. Guided reflection with experienced facilitators ensures that the debrief conversation aligns with patient outcomes and informs quality care. Opportunities to debrief are often sparse and irregular leading to decay in debriefing skills. This workshop will provide a tool box for both novice and experienced debriefers.

## Intended target audience

Anyone wishing to enhance their debriefing skills

#### Link to conference theme

Simulation education

### Optimal experience level of the participants

Novice and experienced debriefers

#### Approximate workshop timetable:

5 min	Welcome and introductions
5 min	Recap adult learning
10 min	Debrief reflections - thematic analysis
10 min	Sim zones
20 min	Structured approach
60 min	Debrief practice using pre-recorded scenarios
10 min	Summary and Evaluations

## **Conflicts of interest**

Nil