

ENABLING PARTICIPATION IN SPINAL REHABILITATION

INTRODUCTION

To determine how we can enable individuals with spinal cord injury to increase their involvement in life situations while undergoing rehab at VSCS

Method(S)

To create a new model of care by collaborating with consumers using an innovative design process called Experience-based Co-design. This approach seeks to change a health service through involvement of consumers along the entire process from data collection to change implementation. We will obtain information from consumers using semi-structured interviews and then run focus groups with consumers to identify improvement priorities and come up with solutions

RESULT(S)/OBJECTIVES

- Obtain information from people with spinal cord injury, family members and staff about their experience and views about how we might enable life situations during rehabilitation
- Identify barriers and enablers
- Develop a model of care that enables people with spinal cord injury to increase involvement in life situations while undergoing rehabilitation

CONCLUSION(S)

Will have outcomes of focus groups with evaluation of identified barriers and enablers.