painSTAR 2022

13 – 17 November 2022 Novotel Barossa Valley, SA



Day 1: Sunday 13 November		
Facilitator: Anne Burke Room: Cabernet A&B		
12.15	Guests meet coach at pick up point	
12.30	Depart Adelaide Airport	
13.30 - 13.45	Arrival at Novotel Barossa Valley	
13.45	LUNCH Boxed Lunch, Cabernet A&B	
14.00 – 14.20	Welcome and introductory session	Anne Burke & Rainer Haberberger
14.20 – 14.45	Pain from the patient's perspective	Peter Rudland
14.45 – 15.30	Research translation – What is it and why should I care?	Wendy Keech
15.30 – 16.15	AFTERNOON TEA & CHECK IN Pre-Function Area	
16.15 – 17.05	Preventing chronic pain after injury: Are we getting any closer?	Michele Sterling
17.05 – 18.00	KEYNOTE: What does it really mean for consumers when we explore 'pain' from molecules to cells to systems?	Mark Hutchinson
19.00 - 22.00	DINNER & SOCIAL ACTIVITY	
	Join us for paint 'n' sip (and eat!)	
	Room: Shiraz A	





Day 2: Monday 14 November Facilitator: Rainer Haberberger Room: Cabernet A&B		
7.00 – 7.45	Morning Walk (optional): Join us for some fresh air and the chance to enjoy the beautiful Barossa. Meet in hotel reception.	
7.00 - 8.30	BREAKFAST: The Cellar Kitchen	
	Served from 7.00am, guests to eat at their leisure	
8.30 - 9.10	Meet the Core Faculty: Anne Burke, Christine Barry, Rainer Haberberger, Wendy Imlach, Ernie Jennings Facilitator: Trudy Maunsell	
9.10 – 10.00	Partnering with young people in co-designing a digital platform for young people with musculoskeletal pain – Lessons and insights	Helen Slater
10.00 - 10.30	MORNING TEA: Pre-Function Area	
11.00 - 12.30	 Student Talks Nicole Pope: Leveraging digital health technology for hospitalised children's pain Rodrigo Rizzo: What are the challenges for pain science education for chronic low back pain? Simon Summers: Improving pain outcomes by using non-invasive brain stimulation Tribikram Thapa Rana: Exploring brain connectivity to personalise brain stimulation in individuals with chronic knee osteoarthritis Carolyn Berryman: The capacity for plasticity 	
11.00 – 12.30	PAIN LAB: Basic Pain Research Techniques	Facilitator: Rainer Haberberger
12.30 – 14.00	NETWORKING LUNCH: The Cella	r Kitchen
14.00 – 14.30	 Student Talks Prue Butler: Injury perceptions and their association with pain and mental health trajectories after isolated extremity injuries: A common sense approach Jane Chalmers: Pain education and self-management for endometriosis Kelsi Dodds: Gut feelings: How do internal organs tell our brain about pain Bryony Winters: Differential control of descending analgesic pathways by opioids and cannabinoids Mitchell Gibbs: What does biopsychosocial exercise look like for chronic low back pain 	
14.30 – 15.30	KEYNOTE: Choose your own adventure: Why the things that don't necessarily help your CV might be the most important	Tasha Stanton
15.30 - 16.00	AFTERNOON TEA: Pre-Function	n Area
16.00 - 16.40	I've always wanted to know Ask an expert Facilitator: Ernie Jennings	Rainer Haberberger, Helen Slater, Michele Sterling & Mick Vagg
16.40 – 18.00	WORKSHOP: Interacting with industry	Paul Rolan & Mark Hutchinson
18.45 - 20.00	DINNER: BBQ Buffet Lawn A	Area
20.00 – 21.30	GROUP WORK: Develop your best pitch! Groups can use Cabernet A&B or find a comfortable space Please ensure a Faculty member knows where you are.	in the hotel.



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Day 3: Tuesday 15 November		
Facilitator: Ernie Jennings Room: Cabernet A&B		
7.00 – 7.45	Morning Walk (optional): Join faculty members & fellow attendees and stretch your legs ready for Day 2. Meet in hotel reception.	
7.00 - 8.30	BREAKFAST: The Cellar Kitchen Served from 7.00am, guests to eat at their leisure	
8.30 – 9.20	What clinicians would love to know about pain	Mick Vagg
9.20 – 9.45	 Student Talks Katrina Liddiard: Personally-meaningful rehabilitation: Getting the message out to therapists Amelia Mardon: Knowledge Gains for Pelvic Pains Karime Mescuoto: Why move beyond the biopsychosocial model in low back pain care? A critical exploration Jayden O'Brien: Blood, Brain, and Chronic Pain: Characterising Neuroimmune Interactions in Chronic Neuropathic Pain States 	
9.45 – 10.15	MORNING TEA	
10.15 – 12.15	WORKSHOP: How researchers can influence health/political systems	David Story
12.15 – 13.15	LUNCH The Cellar Kitchen	
13.15 – 13.40	 Student Talks Connor Gleadhill: Bringing end-users and researchers together: Bench to bedside with a clinician-led research network Colleen Johnston-Devin: The SNAP project: Student Nurses Assessment of Pain Mathew Jones: Facilitating exercise engagement to address multimorbidity in people with chronic pain 	
13.40 – 15.10	PAIN LAB: Conducting a clinical assessment	Facilitator: Trudy Maunsell
15.10 – 15.40	AFTERNOON TEA Pre-Function Area	
15.40 – 16.40	Tips and tricks for grant writing success	Tasha Stanton
16.40 – 18.00	GROUP WORK: Pitch Preparation Groups can use Cabernet A&B or find a comfortable space in the hotel. Please ensure a Faculty member knows where you are.	
18.30 – 21.00	DINNER: Poolside Join us poolside for a few pizzas while	the sun sets



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Day 4: Wednesday 16 November		
Facilitator: Christine Barry Room: Cabernet A&B		
7.00 - 7.45	Morning walk (optional): Join us and clear your head, ready for your pitch presentations this evening. Meet in hotel reception.	
7.00 – 8.30	BREAKFAST: The Cellar Kitchen Served from 7.00am, guest to eat at their leisure	
8.30 – 9.00	 Student Talks John Baranoff: Pain and avoidance in athletes and performers Scott Farrell: Applying large-scale genetic data to understand chronic pain Katherine Brain: The role of nutrition in chronic pain Felicity Braithwaite: Working with osteoarthritis consumers as coresearchers 	
9.00 - 10.30	PAIN LAB: Linking system data with research outputs to influence sustainable change	Facilitator: Anne Burke
10.30 – 11.00	MORNING TEA Pre-Function Area	
11.00 – 13.00	WORKSHOP: Taking your research communication to the next level: The art of an impactful and accessible talk	Mark Hutchinson & Tasha Stanton
13.00 – 14.00	LUNCH The Cellar Kitchen	
14.00 – 14.50	Pain in the Indigenous Community	Anna Dawson & Eugene Warrior Junior
14.50 – 15.15	Pain from the patient's perspective	Amy Reynolds
15.15 – 15.45	AFTERNOON TEA Pre-Function Area	
15.45 – 16.30	I've always wanted to know Ask a consumer Facilitator: Christine Barry	Peter Rudland & Amy Reynolds
16.30 – 17.15	GROUP DISCUSSION: Reflections and implications for future research practice	Facilitator: Anne Burke
18.15 – 22.30	DINNER & FUNDING PITCH PRESENTATIONS Please arrive at 1815. Pitch Presentations will run from 1830, with the winner announced after mains. Good luck! Room: Cabernet A&B	



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Day 5: Thursday 17 November

Free morning: Enjoy breakfast, a final walk - or a sleep in!

9.00	Meet Coach
9.15	Transfers depart Novotel Barossa Valley for Adelaide Airport
10.30	Transfers arrive at Adelaide Airport

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