

The 70th Anniversary Australian Hypnotherapists Association World Conference

13 - 15 September 2019 | Mercure Brisbane Hotel

Day 1: Friday 13 September 2019

Mercure Hotel Bar Welcome Drinks 17:00 - 19:00

Day 2. Saturday 14 September 2019

| Day 2: Saturday 14 September 2019 | | | | |
|-----------------------------------|--|--|--|--|
| 08:00 - 08:45 | Registration | | | |
| 08:50 - 09:00 | Conference Opening - Inc. Welcome to Country (Combined Rooms) | | | |
| 09:00 - 10:30 | "Speechless for Six Months: Hypnosis, Cognition and Body Effects" Fredric Mau KEYNOTE SPEAKER (Combined Rooms) | | | |
| | GLANWORTH ROOM | HOPEWELL ROOM | TALDORA ROOM | |
| 10:30 - 11:00 | Morning Tea (Pre-function Foyer) | | | |
| 11:05 - 12:10 | Session 1 | | | |
| | Shelley Stockwell Nicholas Resilience as a mindful protocol | Rob McNeilly Bringing hypnosis to life - reconnecting with natural resilience | Tracie O'Keefe Clinical hypnotherapy for stopping drug and alcohol addiction | |
| 12:10 - 13:10 | Lunch (Pre-function Foye | r) | | |
| 13:15 - 14:20 | Session 2 | | | |
| | John Arber The journey towards death - working with families of dying patients | Danielle Aitken Bend or break - The infertility journey how you can assist your infertility clients to build resilience regardless of their outcomes | Sheila Granger Children and teenagers today - hypnosis for building resilience at an early age | |
| 14:25 - 15:30 | Session 3 | | | |
| | Alexander Robey Emotional Intelligence - 7 key areas to develop client | Bianca Skilbeck Resilience or relapse – An attuned eating approach in | Peter George Using clinical hypnotherapy to enhance the resilience | |

key areas to develop client wellbeing

attuned eating approach in the treatment of eating disorders

to enhance the resilience component of wellbeing

15:30 - 16:00 Afternoon Tea (Pre-function Foyer)

16:05 - 17:10 Session 4

> Alistair Horscroft
> The resilient brain - Using
> brain mapping & hypnotic self
> directed neuro-plasticity to
> create resilience and transformation

Maggie Wilde
Unleashed potential - clinical
hypnotherapy meets
neuroplasticity - a practical 3
step brain training model to help reclaim power following

Continuation: Peter George Using clinical hypnotherapy to enhance the resilience component of wellbeing

Conference Closing (Combined Rooms) 17:10 - 17:15

19:00 - 23:00 **Conference Dinner** The Landing



The 70th Anniversary Australian Hypnotherapists Association World Conference

13 - 15 September 2019 | Mercure Brisbane Hotel

Day 3: Sunday 15 September 2019

| | GLANWORTH ROOM | HOPEWELL ROOM | TALDORA ROOM |
|---------------|--|--|---|
| 08:30 - 09:00 | Arrival Tea & Coffee (Pre- | function Foyer) | |
| 09:05 - 10:10 | Session 5 | | |
| | Brett Cameron Establishing a resilient practice - getting over the first 3 year hurdle | David John Oates Reverse speech - tapping into the resilience and resources of the unconscious mind | Shelley Stockwell Nicholas Body mind programming for self improvement |
| 10:15 - 11:20 | Session 6 | | |
| | Nick Sutherland Living an empowered life - coping vs managing | Silke Herwald From grief to growth - recovering from grief as an essential skill for true existence | Rob McNeilly Demonstrating the use of hypnosis to create resilience in a clinical setting - Building on an Ericksonian approach |
| 11:25 - 11:55 | Morning Tea (Pre-function | n Foyer) | |
| 12:00 - 13:05 | Session 7 | | |
| | Steve Carey Hypnosis: New scientific evidence - a summary of the latest findings | Fabienne Michea From unexplained infertility to spontaneous conception - How can hypno-counselling increase the chances of pregnancy through building resilience and improving well-being? | Richard Hill How to engage our natural problem solving and mind to body healing |
| 13:05 - 14:05 | Lunch (Pre-function Foye | r) | |
| 14:10 - 15:15 | Session 8 | | |
| | Malwina Szmaglinska Resilience in the face of cancer - the role of hypnotherapy in cancer treatment | Jerry Knight Creating the mental strength after combat - using hypnosis to overcome PTSD | Continuation: Richard Hill How to engage our natural problem solving and mind to body healing |
| 15:20 - 15:50 | Afternoon Tea (Pre-functi | ion Foyer) | |
| 15:55 - 17:25 | "Unstoppable confidence – resilience for the hypnotic professional" Jason Linett KEYNOTE SPEAKER (Combined Rooms) | | |
| 17:25 - 17:30 | Conference Closing (Combined Rooms) | | |
| | | | |

Please note this program is subject to change.