Tabar vs BI-RADS – Is it time for BSA to change?

Dr Jill Evans Radiologist, Clinical Director Monash BreastScreen





First, some history

- Prof Lazlo Tabar is a famous breast radiologist who led one of the major randomised controlled trials of mammography screening, 'The Two Counties Trial', commencing in 1977 and first published in 1985.
- He has spent the last 40 years innovating in breast radiology and teaching most of us how to best perform and report mammography.



RESEARCH ARTICLE VOLUME 325, ISSUE 8433, P829-832, APRIL 13, 1985

REDUCTION IN MORTALITY FROM BREAST CANCER AFTER MASS SCREENING WITH MAMMOGRAPHY

Randomised Trial from the Breast Cancer Screening Working Group of the Swedish National Board of Health and Welfare

L Tabár • A Gad • L.H Holmberg • U Ljungquist Kopparberg County Project Group • C.J.G Fagerberg • et al. Show all authors

Published: April 13, 1985 • DOI: https://doi.org/10.1016/S0140-6736(85)92204-4





Introduction of Screening

- In the early trials it was recognised that in a high throughput, double reading environment, a standardised nonnarrative report was required.
- This also allowed easier lesion tracking, data collection and comparison of results.
- The Tabar 5 category lesion grading system was used in the Australian Pilot Programs in the late 1980's and in the BSA Program as it rolled out from 1992.





BSA Categories

- Grade 1 Normal / no significant abnormality
- Grade 2 Benign
- Grade 3 Equivocal / Indeterminate
- Grade 4 Suspicious for malignancy
- Grade 5 Mammographically malignant
- Recall to assessment was set at Grade 3.
- Grading system did not specify percentage likelihood of malignancy.





Diagnostic Breast Imaging in Australia

It was also recognised in diagnostic imaging that synoptic reporting including checklists and a standard format was one of the best ways to:

- Improve content and completeness of diagnostic reports.
- Facilitate communication between clinicians.
- Allow transfer of information to data bases for quality improvement activities and audit.





Australian Guidelines 2002

'Breast imaging: a guide for practice', a joint initiative of the National Breast Cancer Centre and RANZCR in 2002, included:

- Five-point lesion grading system
- Standard lesion descriptors
- Ultrasound
- Lesion tracking
- Lesion-based recommendations for further management

It recommended Mammographic Density reporting.







Australian Guidelines 2007



APRIL 2007

Synoptic breast imaging report including imaging classification (1-5)

This document is an update of Chapter 6 and Appendix G contained in the NBCC Breast imaging: a guide for practice, 2002.1

PURPOSE

The National Breast Cancer Centre (NBCC) Synoptic breast imaging report is a lesion-based synoptic report using a five-point classification system. It is recommended that the NBCC synoptic report be used for the reporting of all breast imaging.1

OVERVIEW

A synoptic report contains a summary of essential information in a checklist format with standard language, descriptions and classification system.¹ Synoptic reporting may improve the content and completeness of reports, reduce the risk of misinterpretation of findings, improve communication between referring clinicians and radiologists and facilitate the transfer of information to databases for quality improvement activities and audit.

The NBCC Synoptic breast imaging report aims to improve communication by ensuring the imaging report contains all essential descriptors of lesions, correlating imaging findings with clinical findings, providing an imaging diagnosis and utilising a classification system based on clinical management.

The NBCC Synoptic breast imaging report is lesion based, tracking individual lesions and considering mammography and ultrasound characteristics for each lesion in the same section rather than reporting the imaging findings separately - requiring the radiologist to offer one classification finding per lesion.

The NBCC Synoptic breast imaging report has been designed as a checklist to be added to a narrative report. Alternatively, lesions could be described in the imaging characteristics sections and the standardised format could be used as a stand-alone report.

Endorsed by:



Syne breast ima including imaging	optic ging I classificatio	report	NATIONAL BREAST CANCER CONTRE Leaguesting die Oranies Cancer Program
 Patient identification details: Reason for examination: Breast density: 25% glandular 		25–50% glandul	lar
4. Number of significant imaging lesions:	aı	275% glandula	
	Lesion #1	Lesion #2	Lesion #3
5. Side:			
6. Mammography characteristics:			
Lesion type:			
Quadrant:			
7. Ultrasound characteristics:			
Lesion type:			
O'clock:	1		
8. Distance from nipple (in mm):			
9. Size (maximum diameter in mm):			
10. Combined imaging diagnosis/Differential diagnosis:			
11. Correlation with reason for referral:			
12. Imaging classification (1-5):			
13. Recommendation for further investigation:			





1 National Breast Cancer Centre. Breast imaging: a guide for practice, 2002. National Breast Cancer Centre, Camperdown, NSW,

Formalised in the BSA NAS

In the BreastScreen Australia Program the reading outcomes of each of the screen readers is usually directly entered into the jurisdictional Program's Clinical Information System. The two independent screen readers will use the National Breast Cancer Centre (NBCC) Synoptic Breast Imaging Report³⁰ endorsed by the Royal Australian and New Zealand College of Radiologists (RANZCR) to record their reading outcome. This is a lesion based synoptic reporting system that uses a five-point imaging classification with agreed standard language and descriptions of the imaging findings. The use of this system, in the screening context, allows for tracking of individual lesions, to guide further assessment and can be used to systematise the correlation of the two reading outcomes into a single non-narrative recommendation for the screening episode for the woman. The business rules for correlation of the reading outcomes will be standardised and agreed in consultation with the readers and approved by the SCU.

BSA NAS March 2022 p54





Similar process in the UK

- Earliest published scoring system was from Smallwood in 1984 – included clinical examination and cytology.
- In 1998 Goddard et al proposed 2 differing scoring systems one for symptomatic patients the other for screening.
- In 2001 the first NHSBSP screening assessment guidelines suggested a five-point scoring system but indicated that categories could be agreed locally.
- In 2009 the Royal College of Radiologists Breast Group (Maxwell et al) recommended a standardised scoring system to be used in the reporting of all breast examinations in the UK.





Clinical Radiology (2009) 64, 624-627

The Royal College of Radiologists Breast Group breast imaging classification

A.J. Maxwell^{a,*}, N.T. Ridley^b, G. Rubin^c, M.G. Wallis^d, F.J. Gilbert^e, M.J. Michell^f,

on behalf of the Royal College of Radiologists Breast Group

Classification

The level of suspicion for malignancy on imaging should be categorised from 1–5 as follows:

- 1. normal; there is no significant imaging abnormality.
- 2. Benign findings; the imaging findings are benign, and further investigation purely on the basis of the imaging findings is not indicated.
- 3. Indeterminate/probably benign findings; there is a small risk of malignancy, and further investigation is indicated.
- 4. Findings suspicious of malignancy; there is a moderate risk of malignancy and further investigation is indicated.
- 5. Findings highly suspicious of malignancy; there is a high risk of malignancy and further investigation is indicated.





Current BSA Status

- The five-grade system has been implemented across all BSA services.
- It is entrenched in electronic data systems, electronic client records and "paperwork".
- It has been extended to include Ultrasound and more recently other modalities especially MRI and CEM.
- Consistency across jurisdictions has allowed improved communication, benchmarking, accreditation and QI strategies.





Adapted for electronic screen reading

Interactive reading touch screen

Details	Lesion Location
Reference Number Name	
Current Round 5 Status Disch; 01 Breast Cancer Det	
Lesion # Side Location Code Grade	
M1 L UI Calcification 4 - Suspicious	
Side	
Right Left	
Circumscribed Mass Indistinct Mass Spiculated Distortion Calcification Density	Right Left
	II
Other	
Specify	
Grade	
1 - no specific abnormality 2 - Benign 3 - Equivocal 4 - Suspicious 5 - Malignant	
	Comments
Add New Lesion Bemove Lesion	Ok Canad
	2010-100 D00-000 D00-000





Assessment

INSTRUCTIONS FOR COMPLETION	Assessment Linic
Assessment Date //// INSTRUCTONS FOR COMPLETION This form is to be completed for all BreastScree call back after screening, carly review at asses LESION CODINS Please ensure the lesion code matches the nur	Assessment Clinic
All lesion codes are 2 characters; an alphabetic first identified; a numeric character indicates th	ic character represents the stage of the episode where the lesion was the number assigned to the lesion.
M – Mammography T – Tomosynthesis lesion is detected on 3D im: U – Ultrasound S – Symptom reported by client Sign noted by C – Clinical Examination, Fine Needle Aspiratior	nages only by radiographer, not corresponding to a mammographic lesion or Core Biopsy
REASON FOR CALL BACK ATTENDA	DANCE
1 Abnormal mammogram 1 Att 3 Farly review at assessment 2 De	Attended assessment clinic 8 Assessment transfer (within Victor
5 Other symptomatic 3 Fai	ailed to attend 10 Assessed outside Australia
7 Other visit 4 As 9 Results 10 Radiologist Request	issessed outside the program
MAMMOGRAPHY 2D/3D	
Mammographer	Signature Date//
Total number of satisfactory 2D acquisitions	Right Left Number of rejected 2D acquisitions
Total number of satisfactory 3D acquisitions	Right Left Number of rejected 3D acquisitions
Synthetic 2D image generated?	Yes No
RESULTS OF FURTHER MAMMOGRAPHY	
RESULTS OF FURTHER MAMMOGRAPHY Lesion Number	
RESULTS OF FURTHER MAMMOGRAPHY Lesion Number Side	
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RESULTS OF FURTHER MAMMOGRAPHY Lesion Number Side Not Done to the second of the second	R L P L

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Lesion Number					
Side		RLR	LRL	R L R L	R L
Not Done	(tick)				
O'clock position					
Distance from the nipple	(cm)				
Diameter of lesion	(mm)				
Is the lesion behind the nipple?		Y N Y		V N Y N	Y N
Is the lesion in the axilla?		Y N Y	N Y N	Y N Y N	
Enter grade for each Sion 1 - No	specific abnor	mality 2 - Benign	3 - Equivocal	4 - Suspicious	5 - Malignant
Normal Breast	Mor				
Cystic	Cys				
Solid	Sol				
Indeterminate	Ind				
Other (specify)	Oth				
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Radiologist		Signature		Date/	//
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LINKING LESIONS When based on imaging finding or cli	inical exam a				
LINKING LESIONS When based on imaging finding or cli Example M1 – C1	inical exam a				-
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Doctor NC	GP Other	
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Supplementary Imaging:

Linking with BI-RADS becomes tricky



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Supplementary	Sumame				
Supplementary	Given Names				
Procedures	Date of Birth / /	(Affix I.D. Label)			
Assessment Date / /	Assessment Clinic				
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N – Magnetic Resonance Imaging					
CONTRAST ENHANCED MAMMOGRAPHY					
Radiology Service/Site	CEM Reporting Radiologist	Date//			
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Breast Imaging Reporting and Data System (BI-RADS)

- In the USA a parallel process was occurring through the American College of Radiology (ACR).
- BI-RADS was first introduced as a pamphlet in 1992.
- US and MRI were added in 2003.
- CEM added in 2022.
- For mammography the current document is Edition 5, 2013.





Breast Imaging Reporting and Data System (BI-RADS)

Breast Imaging Reporting & Data System (BI-RADS®)

The BI-RADS atlas provides standardized breast imaging terminology, report organization, assessment structure and a classification system for mammography, ultrasound and MRI of the breast. BI-RADS reporting enables radiologists to communicate results to the referring physician clearly and consistently, with a final assessment and specific management recommendations.

Through a medical audit and outcome monitoring, the system provides important mechanisms for peer review and quality assurance data to improve the quality of patient care. Standardized results permit maintenance and analysis of demographic and outcome data. BI-RADS Atlas 5th Edition preface »

The BI-RADS atlas includes:

- Over 700 clinical images
- · Follow-up and outcome monitoring includes mammography, ultrasound and MRI
- Updated breast composition descriptors
- Guidance with FAQ for each section
- New elasticity assessment descriptors for ultrasound
- New breast implant descriptors for MRI









BI-RADS is much more than a lesion grading system

- Recommendations on report organisation
- Guidance on reporting breast composition (mammographic density). Categories a,b,c,d. Updated in Ed 5.
- Provides a lexicon for lesion types and how to describe lesions within each type with standard descriptors for morphology and distribution.
- Describes seven Assessment Categories linked to a percentage likelihood of malignancy.
- Assessment categories are linked to management recommendations.
- Assessment categories are generally assigned after complete imaging workup.
- Provides a platform for medical outcome monitoring and audit.
- Atlas of over 600 images

Use of an assessment category in the overall report summary is mandated in the USA by the FDA The synoptic reporting system has extended to other imaging: PI-RADS, TI-RADS and Lung-RADS





Breast Imaging Reporting and Data System (BI-RADS)

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Constal cares	trank out	i Hard	Intramoment'				Non-enhancing	Non-enhancing mass		Peri-Implant fluid	
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🖌 🚽	Clustered microcy	sts	Skin lesion				Signal yold from	m foreign hadies clins etc	+		
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I T	Vascular	AVMs (arteriovenous malformations/		Axillary ade	nopathy	Category 1: Neg	Jative				
1 I	abnormalities	pseudoaneurysms)		Architectural distortion		Category 2: Bep	./gn				
1 J	1	Mondor disease		Calcification	.6	Category 3: Probably Benign					
1 1	Postsurgical fluid	collection	Location of	Laterality	-	Category 4: Suspicious Mammoaraphy Category 4A: Low suspicion for malignancy					
1 1	Fat necrosis		lesion	Quadrant ar	nd clock face	COST NOUCHOS	& Ultrasound: Category 4B: Moderate suspicion for malignancy				
1 I	1	l l l l l l l l l l l l l l l l l l l		Depth	T			Category 4C: High suspicion for malignancy			
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				, the hippite	Category 6: Known Blopsy-Proven Mallonancy						



Monash Health

07.15

mplete Atlas, visit **acr.org/birads**

BI-RADS Breast Composition Categories

BreastScreen

ctoria





BI-RADS Lesion descriptors





Radiographics: https://doi.org/10.1148/rg.2019180068

3. CLEAR DESCRIPTION OF ANY IMPORTANT FINDINGS

(It is assumed that most important findings are either of concern at screening, inherently suspicious, new, or seen to be larger/more extensive when compared to previous examination.)

a. Mass: Size

Size Morphology (shape, margin) Density Associated calcifications Associated features Location b. Calcifications: Morphology — describe typically benign type of

Morphology — describe typically benign type or describe shape of particles Distribution (may not be appropriate for typically benign calcifications) Associated features Location

c. Architectural Distortion:

Associated calcifications

Associated features

Location

 Asymmetries (asymmetry, global asymmetry, focal asymmetry, developing asymmetry): Associated calcifications

Associated features

Location

- e. Intramammary lymph node (rarely important): Location
- f. Skin lesion (rarely important): Location
- g. Solitary dilated duct (rarely present):

Location

ACR BI-RADS® ATLAS — MAMMOGRAPHY





BI-RADS Assessment Categories

ACR BI-RADS® ATLAS - MAMMOGRAPHY

Assessment	Management	Likelihood of Cancer
Category 0: Incomplete – Need Additional Imaging Evaluation and/or Prior Mammograms for Comparison	Recall for additional imaging and/or comparison with prior examination(s)	N/A
Category 1: Negative	Routine mammography screening	Essentially 0% likelihood of malignancy
Category 2: Benign	Routine mammography screening	Essentially 0% likelihood of malignancy
Category 3: Probably Benign	Short-interval (6-month) follow-up or continued surveillance mammography (Figure 155, see page 152)	> 0% but ≤ 2% likelihood of malignancy
Category 4: Suspicious	Tissue diagnosis	> 2% but < 95% likelihood of malignancy
Category 4A: Low suspicion for malignancy		> 2% to \leq 10% likelihood of malignancy
Category 4B: Moderate suspicion for malignancy		> 10% to ≤ 50% likelihood of malignancy
Category 4C: High suspicion for malignancy		> 50% to < 95% likelihood of malignancy
Category 5: Highly Suggestive of Malignancy	Tissue diagnosis	≥ 95% likelihood of malignancy
Category 6: Known Biopsy-Proven Malignancy	Surgical excision when clinically appropriate	N/A





BI-RADS Assessment Categories Category 2 - Benign







BI-RADS Assessment Categories Category 3 - Probably Benign

Noncalcified circumscribed solid mass (arrow)

Focal asymmetry (arrows)

A focal asymmetry should be nonpalpable and should not have have a sonographic correlate.



Solitary group of punctate calcifications (arrow)







BI-RADS Assessment Categories Category 4 - Suspicious





BI-RADS 4B Microcalcifications: coarse heterogeneous

Solitary dilated duct

BI-RADS 4A

BI-RADS 4C Architectural distortion





Monash Health

Radiographics: https://doi.org/10.1148/rg.2019180068

BI-RADS Assessment Categories Category 5 – highly suggestive of malignancy









Radiographics: https://doi.org/10.1148/rg.2019180068



BI-RADS Edition 5

- Generally Category 0 (incomplete) has been assigned to a screening setting when a woman is recalled for further assessment.
- Edition 5 also now allows flexibility to separate assessment categories from management, acknowledging that a Category 3 lesion may undergo needle biopsy rather than short term follow up.





BI-RADS vs TABAR

Table 1	Comparison of imaging classification systems					
Category	BI-RADS	NBCC	RCRBG			
0	Assessment incomplete. Need to review prior studies and/or complete additional imaging					
1	Negative. Continue routine screening	No significant abnormality. There is no significant imaging abnormality	Normal/no significant abnormality. There is no significant imaging abnormality			
2	Benign finding. Continue routine screening	Benign findings. No further imaging is required	Benign findings. The imaging findings are benign.			
3	Probably benign finding. (<2% chance of malignancy) Short-term follow-up mammogram at 6 months, then every 6—12 months for 1—2 years	Indeterminate/equivocal findings. Requires further investigation, usually FNA cytology/core biopsy	Indeterminate/probably benign findings. There is a small risk of malignancy. Further investigation is indicated.			
4	Suspicious abnormality. Perform biopsy, preferably needle biopsy	Suspicious findings of malignancy. Requires further investigation. May require excisional biopsy	Findings suspicious of malignancy. There is a moderate risk of malignancy. Further investigation is indicated.			
5	Highly suspicious of malignancy: appropriate action should be taken. Biopsy and treatment, as necessary.	Malignant findings. Requires further investigation, even if non-excision (percutaneous) sampling is benign	Findings highly suspicious of malignancy. There is a high risk of malignancy. Further investigation is indicated.			
6	Known biopsy-proven malignancy, treatment pending. Assure that treatment is completed					

Maxwell et al Clinical Radiology (2009) 64, 624-627





BI-RADS vs TABAR

In 2018 RANZCR issued a comparison and advice document

Breast Imaging Grading Comparison and Lesion Classification lists

Breast Imaging Lesion Classification

There are two different classification systems in common use for classifying lesions discovered on breast imaging:

- 1. The Tabar/RANZCR classification, used in BreastScreen Australia and BreastScreen Aotearoa. and traditionally in diagnostic radiology as well. This grades abnormalities based on a simple 1-5 scale, with 1 being normal and 5 a malignant appearance. The Tabar/RANZCR classification is used for mammography and ultrasound.
- 2. The BI-RADS lexicon, has been formulated by the American College of Radiologists. This classification of breast lesions is used in mammography, ultrasound, MRI and other imaging modalities.

There has been some confusion amongst Part Two candidates about which to use, as both are commonly used in different sites where training occurs, and the RANZCR Curriculum currently specifies the BI-RADS classification.

The distinction is important, as the BI-RADS category 3 specifies short-term follow-up, and the Tabar category 3 usually prompts percutaneous biopsy.

BREAST LESION GRADING COMPARISON

BI-RADS	Tabar / RANZCR / BS Australia	BreastScreen Aotearoa
BIRADS 0		
BIRADS 1	Grade 1	Category 1
BIRADS 2	Grade 2	Category 1
BIRADS 3	Grade 3	Category 2
BIRADS 4A	Grade 3	Category 283
BIRADS 4B	Grade 4	Category 3
BIRADS 4C	Grade 4	Category 4
BIRADS 5	Grade 5	Category 5
BIRADS 6		

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Breast Lesion Classification by System

BIRADS (5th Edition)

- BIRADS 0: Incomplete
- BIRADS 1: Negative
- BIRADS 2: Benign
- BIRADS 3: Probably benign
- BIRADS 4A: Low suspicion BIRADS 4B: Moderate suspicion
- BIRADS 4C: High suspicion
- BIRADS 5: Highly suggestive of malignancy

Breast Imaging Grading Comparison and Lesion Classification lists

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BIRADS 6: Biopsy-proven malignancy

BreastScreen



Tabar/RANZCR/BreastScreen Australia

- Grade 1: Normal
- Grade 2: Benign
- Grade 3: Indeterminate
- Grade 4: Suspicious
- Grade 5: Highly suspicious

BreastScreen Aotearoa

- category 1: normal/benign
- category 2: probably benign
- category 3: indeterminate
- · category 4: probably malignant
- category 5: malignant

RECOMMENDATION

The Breast Imaging Advisory Committee (BIAC) recommends that since both classification systems are in common use, that either be accepted in the Part Two viva examinations as valid, as long as the candidates are aware of the important differences between the two classification systems.



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Why change now?

- In '*Breast imaging: a guide for practice'* (2002), the NBCC committee considered BI-RADS "not applicable to the Australian setting".
- A similar statement was made by RCRBG in the paper by Maxwell et al in 2009.





Why change now?

- BI-RADS has been extensively implemented across the world and its use allows direct comparison with overseas performance.
- It is widely used for MRI and CEM reporting, including in Australia, and would allow BSA data systems to record outside imaging done as part of risk assessment or problem solving. There is likely to be more of this in the future.

Use of one system across screening and diagnostic services should improve communication with treating clinicians to minimise misinterpretation or error.





In August 2023 RANZCR <u>changed</u> its guidance recommending adoption of BI-RADS for diagnostic breast imaging in Australia



2. GUIDELINE

Table 1. BI-RADS® Assessment Categories⁽⁹⁾

Category	BI-RADS Assessment Categories
0	Mammography: incomplete - needs additional imaging and/or prior
	mammograms for comparison
	US and MRI: incomplete - needs additional imaging evaluation
1	Negative
2	Benign
3	Probably benign
4	Suspicious
5	Highly suspicious of malignancy
6	Known biopsy-proven malignancy

Table 2. Synoptic Breast Imaging Guideline (Summary

1.	Patient Identification:
2.	Clinical Indication:
3.	Examination(s) performed:
4.	Prior studies for comparison:
5.	Breast density ⁽¹⁾ :
	a: The breasts are almost entirely fatty
	b: There are scattered areas of fibroglandular tissue density
	c: The breasts are heterogeneously dense, which may obscure small masses
	d: The breasts are extremely dense, which lowers the sensitivity of mammography
6.	Number of significant imaging lesions:
7.	Lesion number*:
-	Side:
	Site:
0.	Distance from nipple (mm) and
	modality used for measurement:
1.	Mammographic characteristics:
2.	Ultrasound characteristics:
3.	Characteristics on other imaging
	modalities (if applicable):
4.	Size (three planes in mm), modality
	used for measurement:
5.	Correlation with reason for referral:
6.	Imaging diagnosis/Differential diagnosis:
7.	BI-RADS® Assessment Category ⁽¹⁾ :
Β.	Biopsy recommended/performed,
	guidance modality, needle gauge:
9.	Marker clip inserted:
	Manufacturer and shape:
	Position relative to lesion site:
0.	Conclusion & management recommendations:

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Synoptic Breast Imaging Report Guideline © The Royal Australian and New Zealand College of Radiologists® August 2023

BreastScreen



Possible next steps

BSA services can continue to use Tabar and implement communication tools that bridge the gap

OR

BSA can consider change across the program



See overleaf for explanatory notes for category descriptions for breast composition, BI-RADS, biopsy diagnosis and MDT review

Signature:

Radiologist Name:

Update May 2023 v6



Monash Health

Issues

- Resistance to change "The current system has served us well, why change?"
- Education of clinicians and other staff required both within BSA and externally.
- Adaptation of current IT systems and data bases would be required.
- BSA currently uses Tabar categories both at reading and after assessment, BI-RADS categories are usually assigned after imaging work-up.
- Changes to the NAS guidelines would be required.

Change always requires resources and funding. However, with the current BSA review, timing might now align to start a discussion.





















