



# It's strong to seek support.

Our psychologists are experienced in first responder culture.



SES

[fortemaustralia.org.au](http://fortemaustralia.org.au)

# Prevention can be more powerful than cure.

At Fortem, we believe prevention can be more powerful than cure, which is why we focus on early-intervention and preventative practices, including through our psychology and counselling program.

## **Tackle trauma together**

Our psychologists are experienced in first responder culture and are skilled at navigating people through trauma.

All sessions are private and free to eligible first responders and immediate family members.

**Fortem Australia.**  
**Responding with resilience.**  
**[fortemaustralia.org.au](https://fortemaustralia.org.au)**

