



## Gayaa Dhuwi (Proud Spirit) Australia

Aboriginal and Torres Strait Islander Leadership in Social and Emotional Wellbeing, Mental Health and Suicide Prevention

Established in late March 2020, Gayaa Dhuwi (Proud Spirit) Australia (GDPSA) is the peak leadership body for Aboriginal and Torres Strait Islander social and emotional wellbeing, mental health and suicide prevention. It is governed and controlled by Aboriginal and Torres Strait Islander experts and peak bodies working in these areas, promoting collective excellence in mental health care.

Gayaa Dhuwi (Proud Spirit) Australia's vision is Aboriginal and Torres Strait Islander leadership, excellence and presence across all parts of the Australian mental health system and the achievement of the highest attainable standard of social and emotional wellbeing, mental health and suicide prevention outcomes for Aboriginal and Torres Strait Islander peoples.

**'Gayaa'** means happy, pleased and proud, and **'Dhuwi'** means spirit in the Yuwaalaraay and Gamilaraay languages of northwest New South Wales.

GDPSA takes its name from the Gayaa Dhuwi (Proud Spirit) Declaration (Declaration).



**STAY  
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AND  
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