



# Suicide First Aid Training for Parents, Teachers and Youth Touchpoints:

Implementing a World First for Rural and Remote School Communities

**Since the COVID-19 pandemic, young people across Australian schools have been experiencing high rates of suicide attempts and suicidality, and in some cases suicides.**

Evidence shows young people are at risk of situational suicide - where it seems like the attempt/suicide is out of the blue. However, evidence also shows we need touchpoints around our young people - in schools, homes and communities - trained and ready to spot the signs of suicide, ask directly about suicide and connect young people to safety and support.

Suicide Prevention Manager Anthea Jirgens will present on the implementation of this in rural and remote communities, addressing the following key points:

1. The 6-month consultation exercise for integration of LivingWorks training programs in schools, providing safety and trust in the LivingWorks offerings.
2. How LivingWorks collaboration in partnership to determine 'best fit' training and 'high risk' school communities that need careful considerations around safety.
3. Identify, link and support implementation of training with schools, ensuring confidence and safety.
4. Support the uptake of training by disseminating key communication in their school communities and other connections (i.e. interagency groups).



Presented by:

## Anthea Jirgens

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