

## **Promoting collaborative care – The Sydney Children's Hospital Network Adolescent Complex Care Panel**

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### **Background:**

Young people who use substances often present with multiple complexities including mental health and psychosocial difficulties. Capturing these young people is often difficult with services both within hospitals and the community working independently of each other. To promote integrated care, structures need to be put in place to facilitate collaboration across teams.

### **Description of Model of Care/Intervention:**

The Complex Adolescent Integrated Panel (CAIP) has been established across the Sydney Children's Hospital Network (SCHN) in order to identify children and adolescents who have complex psychosocial, mental health and child protection needs within the hospital. The aim of CAIP is to establish a regular platform to support clinical teams who manage vulnerable children and adolescents and provide a multi-disciplinary approach to complex case discussion. CAIP was developed due to a growing number of young people drawing on multiple hospital services such as drug and alcohol, mental health, emergency and child protection. CAIP is designed to capture these young people and bring together clinical teams to respond to risk and in a proactive manner.

### **Effectiveness/Acceptability/Implementation:**

The panel is in its early stages of implementation with in the SCHN however other panels with a similar purpose (e.g. SAM meetings, DCJ panels) have shown the efficacy of interagency panels in providing collaborative and holistic care.

### **Conclusion and Next Steps:**

The panel will be rolled out across both SCHN hospitals and will be evaluated in order to inform the development of an integrated model of care.

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