

Name of session:	The Importance of Emotional and Psychological Well-being and Mental Health
Organiser/s of session:	ASHM - Jessica Michaels and Melinda Hassall
Focus of session: <i>Note: The section will be put on the website and used in marketing materials</i>	This session will focus on the increasing importance and prominence of mental health during COVID-19 including the impact on patients and affected communities as well as providers – either as typical reaction to the stress of living and working in a COVID-19 context but also the challenges of addressing and meeting the needs of people with specific psychological issues (including health care workers) and those with more distinct mental illness and co-morbidities. This will also include a focus on people with HIV, long term who have been impacted by the current pandemic and resilience/support.
Learning Objectives for session (expected outcomes): <i>Note: The section will be put on the website and used in marketing materials</i>	<ol style="list-style-type: none"> 1. Discuss the impact of COVID-19 on the emotional and physical wellbeing of people living with HIV 2. Describe factors related to changing environments, health services and support structures during the COVID-19 response that impact mental health and illness. 3. Identify strategies to support wellbeing and resilience of individuals, including healthcare workers, during a pandemic
Preferred delivery type (live or pre-recorded). Please note the committee will ultimately decide where the session is location in the program and how it is best to be delivered.	Live – panel discussion with 5 panellists and a moderator.
Session Moderator/chair (if required)	Chris Lemoh - Infectious Diseases Physician, Monash Health; Physician, Refugee Health Service (confirmed)
Topic 1: Speaker 1: Speaker Email: Time Allocation: Proposed content:	Ruth Hennessy – Psychology Unit Manager/Senior Clinical Psychologist, The Albion Centre (confirmed)

<p>Topic 2: Speaker 2:</p> <p>Speaker Email: Time Allocation: Proposed content:</p>	<p>Kurt Andersson – Nurse Practitioner, Sydney District Nursing/RPA Virtual, Redfern Health Centre (confirmed)</p>
<p>Topic 3: Speaker 3:</p> <p>Speaker Email: Time Allocation: Proposed content:</p>	<p>Janine Trevillyan – Infectious Diseases Physician and Senior Research Fellow Dept. of Infectious Diseases, Alfred Health & Monash University (confirmed)</p>
<p>Topic 4: Speaker 4:</p> <p>Speaker Email: Time Allocation: Proposed content:</p>	<p>Liz Crock – HPP Nurse Practitioner, Bolton Clarke (confirmed)</p>
<p>Topic 5: Speaker 5:</p> <p>Speaker Email: Time Allocation: Proposed content:</p>	<p>Lived experience speaker Charlie Tredway, NAPWHA</p>
<p>Key questions for discussion: If discussion period allocated.</p> <p>These may be developed in conjunction with the invited speakers. Seek conference committee input as required.</p>	<p>TBD with Moderator and panellists</p>