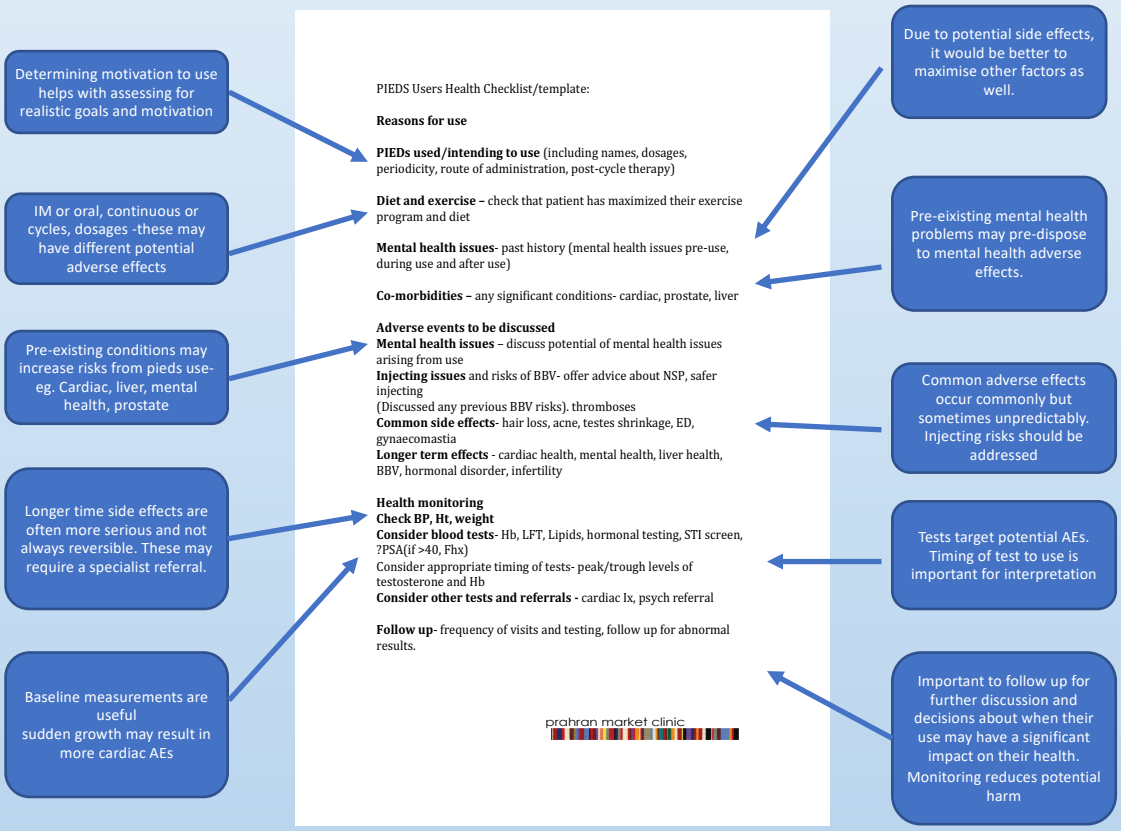
PIEDs users' health - creating a template for Primary Care

Beng Eu – Prahran Market Clinic, Prahran, Victoria

Performance and image enhancing drugs (PIEDs) users do not generally seek medical advice and health monitoring. One of the reasons for this is the lack of doctors who are willing to provide medical advice and health monitoring in a non-judgemental, harm minimization approach to health care.

Some doctors are willing to provide this health care but feel ill-equipped to do so as there is a lack of information and education about how to provide this care. Creating a template that General Practitioners can use can overcome some of these barriers to providing this care. This template has been created as a result of discussions and education provided in clinical meetings in Melbourne



This Template has been created as a first attempt at making management of PIEDs users easier for GPs.

It is not comprehensive and will continue to be improved as it is being used

All suggestions are appreciated

It is hoped that a template will be made widely available through different doctor networks to encourage its use in providing better healthcare for PIEDs users.

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PIEDs users' health care - creating health resources for PIEDs users in Melbourne

Beng Eu – Prahran Market Clinic, Prahran, Victoria

- There are a lack of health resources for people using performance and image enhancing drugs (PIEDs). This was highlighted in a forum in Melbourne in February 2018
- Following on from this forum, several key people started taking some action to try and increase the health resources available. This poster described the activities to date and the further planned activities to achieve this.

PIEDs Forum, Melbourne 16/2/2018

3 people

Recruitment drive

Advertising in APSAD newsletter → Replies = 0

Sports Medicine Australia → 'Can't be associated with doping'

Direct approach to doctors at HIV Clinical meeting - Melbourne → 9GPs

GILEAD Unrestricted funding

VHHITAL Meeting admin

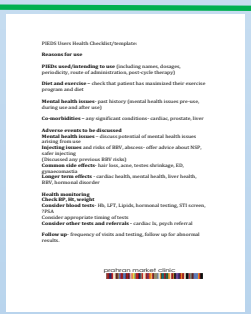
GP education session 1
15/8
8 GPs in Melb.

1st meeting with 9 GPs + endocrinologist

12 June 2018- SBS insight- Sizing up Steroids

GP Education session 2
24/10
9GPs in Melb.
12 GPs on email list

Direct approach and emails at national HIV education event-recruitment



PIEDS Users Health Checklist/template

10 GPs from NSW, Qld, SA, WA
3 large Sydney Clinics
2 large Brisbane clinics

APSAD PIEDs users' health special interest group

Expected outcomes:

- >10 GPs in Melbourne on referral list for PIEDs users to access health care
- Education events in Sydney, Brisbane for GPs, with similar increase in GPs involved in PIEDs health care
- A National audit involving GPs about PIEDS users' health providing some important information about the demographics, health and adverse effects associated with using PIEDs
- Improved health outcomes for PIEDs users

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