EMERGING CHARACTERISTICS OF DRUG OVERDOSE DECEDENTS DURING THE COVID-19 PANDEMIC: A STATEWIDE ANALYSIS LEVERAGING LINKED DATABASES

<u>Macmadu A</u>¹, Batthala S², Correia Gabel A², Rosenberg M², Ganguly R², Yedinak JL¹, Hallowell BD³, Scagos RP³, Samuels EA⁴, Cerdá M⁵, Paull K², Marshall BDL¹

¹Department of Epidemiology, Brown University School of Public Health, Providence, RI, USA
²Executive Office of Health and Human Services, State of Rhode Island, Cranston, RI, USA
³Center for Health Data and Analysis, Rhode Island Department of Health, Providence, RI, USA
⁴Department of Emergency Medicine, Alpert Medical School of Brown University, Providence, RI, USA
⁵Division of Epidemiology, Department of Population Health, Center for Opioid Epidemiology and Policy, School of Medicine, New York University, New York, NY, USA

Background:

The syndemic of COVID-19 and drug overdose deaths continues to evolve in the United States (US) and elsewhere. We sought to identify emerging characteristics of drug overdose decedents during the COVID-19 pandemic.

Methods:

In this retrospective cohort studies of overdose decedents in Rhode Island, US, we compared 470 adult whose deaths occurred during the periods of January to August 2019 and January to August, 2020. This population-based study leverages 4 statewide databases that are linked at the person-level via the Rhode Island Data Ecosystem. We compared sociodemographic characteristics, drugs contributing to the cause of death, location of death, and sociostructural factors (i.e., housing insecurity, job loss, and wages). Among overdose decedents who were Medicaid beneficiaries (N=271), we also examined behavioral health treatment and diagnosis claims in the year prior to death.

Results:

The rate of accidental drug overdose deaths increased by 28.1% (P=0.009), during the two observation periods. In the 2020 observation period, overdose decedents were primarily male (204, 77%) and white (223, 84%). Relative to the prior year, we documented increases in the rate of overdose deaths among males (P=0.003), people who are single (P=0.039), in deaths involving synthetic opioids (P=0.005), and in deaths occurring in one's personal residence (P=0.003). We also documented a decline in the proportion of overdose deaths involving heroin (P=0.016) and an increase among persons experiencing job loss (P=0.014). Among overdose decedents who were Medicaid beneficiaries, we documented substantial increases in the proportion of persons age 50-59 with anxiety (113%), persons age 50-59 with depression (75%), and males with depression (70%).

Conclusion:

We identified several emerging characteristics of drug overdose decedents during the COVID-19 pandemic. The results from this study may be used to inform policy and service delivery interventions that are responsive to sociostructural and environmental changes precipitated by the pandemic.

Disclosure of Interest Statement:

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