**QuikFix: A new risk-targeted brief intervention for young people at risk of substance-related harm**

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**Introduction and Aims:** There is growing evidence for brief interventions (BI) for alcohol use in young people, but it is unclear which type of BI is most effective and there is significant scope to increase their impact. We recently conducted a randomized controlled trial comparing the efficacy of motivational interviewing enhanced with personality risk-targeted coping skills training (QuikFix), traditional MI and assessment feedback only. Participants were 394 young people accessing emergency department or crisis support services with alcohol related injuries/illnesses. All BIs were effective but significantly larger reductions in alcohol use were found in the QuikFix group compared to the MI and AFI groups at 1 and 12 months follow up. The aim of this workshop is to provide health professionals with an overview of the QuikFix brief intervention and training in the delivery of personality-targeted coping skills.

**Approach:** Participants will engage in an interactive workshop to meet the following learning objectives: 1) describe the latest evidence for MI in young substance users; (2) provide an overview of the key components of QuikFix; (3) provide training in the delivery of personality risk-targeted coping skills and (4) explore how this new knowledge can be applied in practice.

**Discussions and Conclusions:** This workshop will provide participants with up to date knowledge and skills in delivering personality-targeted brief interventions to young people with problematic substance use. QuikFix can be readily translated into everyday practice to increase access to efficacious brief interventions aimed at reducing substance use and related harm in young people.

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