

QUALITY OF LIFE FOR ALL

Authors:

Reeders, D¹

¹ National Association of People with HIV Australia

Background/Purpose:

A project developing online training modules covering 'HIV 101' prompted NAPWHA to consider what key messages we would want to share with someone new to the HIV sector. Not just to orient new colleagues to established and familiar ways of working, but to prepare for the future of the Australian community-based HIV response.

Approach:

Consultation and reflective practice. We discussed the key concepts and principles most relevant to our changing epidemiology and the challenges and opportunities on the horizon. This led us to question: as we approach the overall '95-95-95' goals of the *National HIV Strategy* (2018-2022), what comes next?

Outcomes/Impact:

As a guiding theme, we propose 'quality of life for all.' At present, quality of life is treated as an afterthought: the so-called 'fourth 90.' Instead, we could ask what *qualities* of life underpin the quantitative goals: for instance, that people experience diagnosis as meaningful and supportive, and that people starting treatment feel committed and supported. We can also use measures like PozQOL to plan for care and evaluate our programs and strategy outcomes. The words 'for all' also introduce questions of health equity: who ends up in the remainder when we hit 95-95-95 (86%)? In this paper we discuss values and strategies the clinical, community, research and policy partnership can adopt to promote quality of life and ensure nobody gets left behind.

Innovation and Significance:

Taking quality of life seriously as an over-arching goal opens up new strategic aims and possibilities for prevention and the care continuum.

Disclosure of Interest Statement (example):

The HIV 101 project is funded by an unrestricted educational grant from ViiV. Daniel's other project, a training program for HIV Peer Navigators, is funded by Gilead Sciences.