BARRIERS AND ENABLERS TO POINT-OF-CARE HCV TESTING: A QUALITATIVE STUDY USING THE THEORETICAL DOMAINS FRAMEWORK COMPARING THE PERSPECTIVES OF NEEDLE AND SYRINGE PROGRAM WORKERS AND PEOPLE WHO INJECT DRUGS

Authors:

<u>Fontaine G</u>^{1,2,3}, Presseau J^{1,4,5}, Bruneau J^{6,7}, Patey AM^{1,8}, van Allen Z¹, Mortazhejri S¹, Hung JHC¹, Kareem A¹, Thomas I¹, Etherington C¹, Høj SB⁶, Boyer-Legault G⁹, and Grimshaw JM^{1,2}

¹Centre for Implementation Research, Clinical Epidemiology Program, Ottawa Hospital Research Institute, 501 Smyth Road, L1255, Box 711, Ottawa, ON, Canada K1H 8L6, Faculty of Medicine, University of Ottawa, 451 Smyth Road, Ottawa, ON, Canada K1H 8M5, The Kirby Institute, University of New South Wales, Wallace Wurth Building (C27), Cnr High St & Botany St Sydney, NSW, Australia 2052, School of Epidemiology and Public Health, University of Ottawa, 600 Peter Morand Crescent, Room 101, Ottawa, ON, Canada K1G 5Z3, School of Psychology, University of Ottawa, 136 Jean-Jacques Lussier, Vanier Hall, Ottawa, ON, Canada K1N 6N5, Research Centre, Université de Montréal Hospital Centre, 900 Saint Denis St, Montreal, QC, Canada, H2X 0A9, Department of Family and Emergency Medicine, Université de Montréal, 2900, boulevard Édouard-Montpetit, Montréal, QC, Canada, H3T 1J4, School of Rehabilitation Therapy, Queen's University, Louise D Acton Building, 31 George St, Kingston, ON, Canada K7L 3N6, CACTUS Montréal, 1300 rue Sanguinet, Montréal, QC, Canada H2X 3E7

Background:

Point-of-care testing (POCT) for hepatitis C virus (HCV) infection is critical to improving patient outcomes and reducing transmission rates. Compared to centralized, laboratory-based testing, POCT allows healthcare and community organization workers to offer rapid results and administer care right away. This study aimed to explore and compare barriers and enablers to HCV POCT in needle and syringe program (NSP) workers and people who inject drugs (PWID).

Methods:

We used a qualitative implementation research design involving semi-structured interviews with NSP workers (prevention officers, street workers, coordinators, peer workers) and PWID (recent [<3 months] visit to NSP) in Montreal, Canada. Interviews were guided by the Theoretical Domains Framework (TDF) which identifies 14 theoretical domains to investigate individual, sociocultural and environmental factors (barriers, enablers) influencing implementation. Interviews were audio-recorded, transcribed verbatim, TDF-coded and thematically analyzed.

Results:

We conducted 27 interviews; 12 with NSP workers (median duration: 72 mins) and 15 with PWID (median duration: 33 mins). In NSP workers, seven main TDF domains (Environmental context and resources; Knowledge; Memory, attention and decision processes; Skills; Beliefs about capabilities; Social influences; Social/Professional Role and Identity) best explained barriers and enablers to implementing POCT. Key barriers included limited resources and capacity, lack of funding, competing priorities, limitations in professional role and lack of coordination between service providers. In PWID, five main TDF domains (Environmental context and resources; Knowledge; Emotion; Social influences; Goals) best explained barriers and enablers to POCT. Key barriers included anxiety related to potential HCV diagnosis and competing priorities. PWID emphasized numerous practical and social enablers to POCT, including trust and stigma-free relationships with NSP workers.

Conclusion:

HCV POCT implementation in NSPs requires a multi-level approach, including addressing organizational, social, and individual barriers and enablers. Our findings can inform the development of effective implementation strategies for promoting uptake of HCV POCT.

Disclosure of Interest Statement:

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