

## 2023 APSAD FASD SIG DAY PROGRAM – Sunday 12 November

Time	Session	Speaker/s and Topic	Session chair	
9 – 9:15	Welcome, acknowledgement and overview	Dr Deepa Jeyaseelan and Ms Sarah Hill		In person
9:15 – 10:00	Keynote Address	Dr Jacqueline Pei <i>Supporting mental health and wellness with individuals with FASD.</i>	Dr Natasha Reid	In person
10:00 – 11:00	Lived Experience – presentations and Q and A	Ms Sophie Harrington Ms Jessica Birch Ms April Wilson Ms Amanda Windley <i>Lived Experience</i>	Ms Sarah Hill	Hybrid - In person and virtual
11:00 – 11:30	<b>MORNING TEA</b>			
11:30 – 11:50	FARE National Campaign “Every Moment Matters” update	Ms Joanna Le “Every Moment Matters”	Ms Sophie Harrington	In person
11:50 – 12:30	Youth Justice session 1 – 20 MINS	Ms Shoona Howard Youth Justice YJAIS, EST & KIND. <i>Responding to FASD and Neuro-Disability in Youth Justice: Meeting the Unmet Need</i>	Dr Joanna Chu	In person
	Youth Justice session 2 – 20 MINS	Ms Tania Henderson <i>The impact of tokenism – When cultural expectation isn’t reflected in reality! Who is to blame?</i>		Virtual
12:30 – 1:30	<b>LUNCH</b>			
1:30 – 2:30	Fast Research Talks	Dr Joanna Chu <i>“Walking in their shoes: Capturing Lived Experiences of FASD through 360° Virtual Reality Videos”</i>	Dr Delyse Hutchinson	In person
		Ms Sharon Zhang		Virtual

		<p><i>Prenatal alcohol exposure and child outcomes: Triangulation of causal evidence using experimental and quasi-experimental studies.</i></p> <p>Dr May Na Erng <i>Key findings from a Delphi Study on the Novel Prenatal Alcohol Risk Perception (PARP) Model</i></p> <p>Ms Kate Harford <i>Taking a deeper look: Optimising the FASD Hub to better serve key stakeholders across Australia</i></p> <p>Ms Ali Crichton <i>Do N-of-1 trials provide the opportunity for high level evidence with potential for immediate impact for clinical care in children with FASD and ADHD?</i></p>		<p>In person</p> <p>Virtual</p> <p>Virtual</p>
2:30 – 3:30	FASD Guidelines Australia and New Zealand	Dr Natasha Reid, Dr Andi Crawford and Ms Tania Henderson <i>FASD Diagnostic Guidelines update from across both Australia and Aotearoa New Zealand</i>	Prof Elizabeth Elliott	Hybrid – in person and virtual
3:30 – 4:00	Recap, thanks, 2024 Close	Dr Deepa Jeyaseelan and Ms Sarah Hill		In person

## Speakers

	<p><b>Dr Jacqueline Pei</b> PhD, RPsych, Professor, Faculty of Education – Educational Psychology Department, University of Alberta</p> <p>Having begun my career in mental health as a forensic counsellor working with young offenders, I have a special interest in interventions with youth put at risk. My current clinical and research interests include increasing our understanding of brain-based contributions to functioning for children and youth, and developmental trajectories of mental health. I also have a special interest in identifying and enhancing interventions for individuals with a Fetal Alcohol Spectrum Disorder (FASD).</p> <p>Dr Pei’s training and clinical experience include clinical neuropsychology and applied psychology. A registered psychologist, I also maintain a private practice in neuropsychological assessment and gear my clinical work towards assessment that informs intervention and contributes to healthy outcomes for complex populations.</p> <p>Professional affiliations include: College of Alberta Psychologists (CAP); Psychologists Association of Alberta (PAA); Canadian Psychological Association (CPA); National Academy of Neuropsychology (NAN).</p>
	<p><b>Ms Sophie Harrington</b> is the Chief Operating Officer, National Organisation for Fetal Alcohol Spectrum Disorder Australia (NOFASD). Sophie has held many roles in the community development sector managing regional and national teams. Her broad social sector experience includes senior leadership and management of programs which reduce substance misuse, addictions and homelessness. She has also designed and implemented programs and services to enhance health literacy, life-skills and transitions from detention centres and prisons. Her early career work centred on early learning, at-risk youth and career development services.</p> <p>Sophie has come into contact with children, young people and families impacted by Fetal Alcohol Spectrum Disorder (FASD) throughout her career but it wasn’t until she joined NOFASD Australia that she learnt for the first time that even low levels of alcohol consumption can have a lifelong impact on a developing fetus. Several years of development concerns, research and advocacy led to her eldest son being diagnosed with FASD in 2020.</p>



Jessica Birch is a national advocate and speaker living with FASD. Since her late diagnosis, she has turned her attention to awareness building and education around this complex injury, to create a better understanding of the prevalence and consequences of prenatal alcohol exposure in Australia.

Jessica shares her lived experience in an effort to arm individuals, families, carers and health professionals with information to create successful interventions and support; She believes awareness and action is key to slow the rate of prenatal alcohol exposure in our communities.

In just a few short years, Jessica has been involved in a number of projects and has appeared in a variety of news, radio and television interviews; Notably, she successfully campaigned alongside Australia's peak bodies for clear pregnancy warning labels on all alcohol products within Australia, and was the first individual living with FASD to speak at Australia's National Brain Injury Conference.

Jessica regularly consults with researchers, health professionals and decision makers, and sits on several expert and community advisory boards, including those for NOFASD, FARE and the FASD HUB.



Amanda Windley is the mother of a teenager living with FASD. After many years of seeking support for the behavioural and mental health challenges her daughter experienced, Amanda's daughter was diagnosed with FASD at the age of 9. Amanda had never been asked the question about the potential for alcohol exposure during her pregnancy and it wasn't until a clinician asked this question when her daughter was aged 9, that she realised alcohol in the early stages of her pregnancy may be playing a part in her daughter's brain based behavioural symptoms. Amanda is a FASD advocate, raising awareness of this condition with a range of services and clinicians she engages with. Amanda is a valued lived experience expert for NOFASD Australia.

April Wilson has been caring for members of her immediate and extended family for over 30 years. The youngest child in her care was eight years old when he was finally diagnosed with Fetal Alcohol Spectrum Disorder (FASD). Unfortunately, April was not provided with any information about FASD from the diagnosing paediatrician or the clinical psychologist about this disorder or how it would affect her son's life. April faced many barriers in advocating for the children in her care. It made her deeply passionate about educating herself and others about FASD.



April is a lived experience expert for NOFASD Australia and has given numerous presentations at conferences, forums and workplaces and has helped to facilitate a FASD Support group for parents in Adelaide. April has participated in many consultations on FASD at Government and Community levels including being a consumer representative on the South Australian FASD Consortium Community Reference Group as well as contributing to the development of an online FASD course, the Graduate Certificate in the Diagnosis and Assessment of Fetal Alcohol Spectrum Disorder at the University of Western Australia's School of Psychological Science. April received the International Day of People with Disability Outstanding Service or Support Award for South Australia in 2020.



Ms Joanna Le is the Project and Partnership Director, Foundation for Alcohol Research and Education (FARE). Joanna Le is responsible for overseeing funding development, health promotion and partnerships for the Joanna is a values-led leader and strategist with a passion for contributing to positive social change. As Projects and Partnerships Director at the Foundation for Alcohol Research and Education (FARE), Joanna is responsible for overseeing the organisation's health education programs and strategic partnerships. Joanna leads a team that is delivering a \$27m national health promotion campaign on alcohol, pregnancy and breastfeeding – the first of its kind in Australia and around the world. Joanna graduated with a Master of Strategic Communication from the University of Canberra, a Bachelor of Digital Media from the University of New South Wales, and a Certificate in Sustainable Business Strategy from the Harvard Business School.



Shoona Howard, Senior Behaviour Support Practitioner, Enhance Support Team (EST), Kurlana Tapa Youth Justice Centre, Department of Human Services.

Shoona Howard is a Social Worker currently employed in the Enhanced Support Team (EST) within Kurlana Tapa Youth Justice Centre. The EST provides Positive Behaviour Support Interventions to those young people within a custodial setting presenting with complex behavioural support needs. Prior to her current role Shoona has worked as Clinical Social Worker within CAMHS, Youth and Adult Disability Services and Education Services in Practitioner and Clinical and Operational Leadership positions.

	<p>Ms Tania Henderson Tena koutou katoa – Hello to you all</p> <p>Ko Poho-o-te-rangi te maunga <i>Poho-o-te-rangi is our mountain</i> Ko Matumako te awa <i>Matumako is our river</i> Ko Te Ao Hou te marae <i>Te Ao Hou is our ancestral meeting house</i> Ko Ngati Ruawaipu, Ngati Pokai, Ngati Porou tuturu oku iwi <i>Ruawaipu, Pokai, and Ngati Porou of the Waiapu valley are our people</i> Ko Te Whanau-A-Tapuhi te hapu <i>Tapuhi is our sub-tribe</i> Ko Pineaha Koia te Rangatira <i>Pineaha Koia is our chief</i> Ko Tania Henderson ahau <i>I am Tania Henderson</i> Tihei Mauri ora! <i>Alas, breathe the essence of life!</i></p>	<p>With over two decades of experience in the community, education and health sectors, I have had the privilege of working with at-risk whānau and supporting them on their parenting and hauora (health) journeys. My work is guided by tikanga Māori and is community needs-driven, which has enabled me to work successfully with whānau impacted by FASD and with cross-sector services that provide a variety of support. In 2020 I returned to Ōtautahi-Christchurch where I have had the pleasure of continuing the work that began in the Far North. Under the umbrella of my ‘Hapū Māmā’ project, I have focused on building capacity within our communities, by delivering FASD awareness and informed practice trainings and by providing support as whānau navigate their ways through systems such as the Ministry of Justice space. My project which is Te Tiriti o Waitangi-centric and guided by tikanga Māori practices has successfully achieved outcomes beyond expectation. I am also a proud member of the NZ FASD Diagnostic Guidelines Project Team, a privilege to be part of a team committed to creating a guideline that is Te Tiriti o Waitangi-centric, inclusive of cultural practices and needs and which is community needs driven.</p> <p>Ngā mihi nui</p>
	<p>Dr Natasha Reid is a Senior Research Fellow &amp; Clinical Psychologist at the University of Queensland, Faculty of Medicine, Child Health Research Centre. Natasha’s research aims to raise awareness across society regarding the potential impacts of prenatal alcohol exposure and the whole-body condition of FASD. First to support the prevention of prenatal alcohol exposure through increased access to reproductive health care and reductions in alcohol use. Second, for those who are already affect, to increase availability of services to ensure that all children, young people and families can have access to the supports that they need.</p>	



Dr Andi Crawford is a Clinical Psychologist who works for Te Ara Manapou (Pregnancy and Parenting Service) Te Whatu Ora Te Matau a Māui, Aotearoa (Hawke's Bay, New Zealand)

Dr Andi Crawford's role is to provide support for pregnant women and parents of young children who experience addiction. Andi is the Tangata Tiriti co-lead for the development of FASD diagnostic guidelines for Aotearoa New Zealand with Hāpai te Hauora (Māori Public Health Organisation). She is also a member of the Guidelines Development Group for the Review of the Australian FASD Diagnostic Guidelines. Andi was the inaugural NZ co-chair of the Australian New Zealand FASD Clinical Network 2018-2019 and she also serves on National and Academic advisory groups in Aotearoa providing expertise on FASD.



Dr Joanna Ting Wai Chu is a Senior Research Fellow at the School of Population Health, University of Auckland. Dr Chu has a background in education and developmental psychology. She has a specific interest in FASD, a condition that is still largely under-recognised and under-resourced in Aotearoa, New Zealand (NZ). She is currently leading several FASD-related projects including a prevalence study in NZ youth justice population, knowledge, attitudes, and practices of FASD in various sectors, and developing and evaluating new and innovative approaches to support individuals and families living with FASD.



Dr May Na Erng is a PhD candidate at the Faculty of Medicine, University of Queensland. Key interest in the prevention of fetal alcohol spectrum disorder, specifically, the effective prenatal alcohol exposure risk communication.



Ms Sharon Zhang is a PhD student at the School of Psychology, University of Deakin. Sharon has a background in psychology. She has a specific interest in the causal effect of prenatal alcohol exposure on child outcomes. She is currently working on several PAE-related studies, including a systematic review on the causal effect of PAE, preconception predictors of PAE and intergenerational associations between PAE and child outcomes.



Ms Kate Harford is the Program Manager of the FASD Hub Australia, which houses the latest evidence-based resources and research about Fetal Alcohol Spectrum Disorder (FASD) and alcohol and pregnancy in Australia. Prior to this Kate worked in advocacy & communications roles across Aboriginal Health, International Development, and ending Modern Slavery.

Kate graduated from The University of Western Australia with a Master of International Relations, and from Durham University with a Bachelor of Politics (hons).



Ali Crichton is a Senior Neuropsychologist/Clinical Coordinator of VicFAS. She is motivated to build and support the team to conduct multi-disciplinary assessments of children with pre-natal alcohol exposure and broader neurodevelopmental problems who have been assessed as being at risk of FASD.

Dr Crichton has over 15 years' experience working within paediatrics at tertiary hospitals in multidisciplinary teams, including rehabilitation and neurodevelopmental clinics. She particularly enjoys multidisciplinary team clinical work, and innovative, evidence based clinical practice to deliver the highest quality clinical care to children and families.

She is a keen clinician-researcher, completing her PhD in in 2017. She is a current clinician-research fellow at Monash Children's Hospital and is working in collaboration with Monash University to understand cognitive and behavioural profiles of FASD. She is a member of the Australian Paediatric Neuropsychology Research Network.

