

Name of session:	<i>LARC Symposium</i>
Organiser/s of session:	<i>Dr Amy Moten</i>
Focus of session: <i>Note: The section will be put on the website and used in marketing materials</i>	<i>This session will highlight current literature and evidence based guidelines around provision of Long Acting Reversible Contraception (LARC) and LARC training. Clinicians will be updated in evidence for extended use of LARC, new options in LARC, use of LARC in adolescents, provision of LARC at medication abortion and proving LARC training remotely.</i>
Learning Objectives for session (expected outcomes): <i>Note: The section will be put on the website and used in marketing materials</i>	<i>Clinicians and educators will have improved knowledge about evidence and guidelines for LARC use in clinical practice.</i>
Delivery type	Pre recorded
Session Moderator/chair (if required)	Dr Amy Moten (introduction of speakers)
Topic 1: Extended use of LARC during COVID Speaker 1: Dr Amy Moten Speaker Email: amy.moten@shinesa.org.au Time Allocation: 15 minutes Proposed content:	<i>Guidelines on extending the duration of Intra-uterine Devices (IUDs) in certain populations have been available for some years. With the COVID-19 pandemic further national and international recommendations have been released on extended use of LARC. This session will discuss these recommendations and how to safely provide LARC in the age of social distancing.</i>
Topic 2: LARC provision after MTOP Speaker 2: Dr Clare Boerma Speaker Email: ClareB@fpnsw.org.au Time Allocation: 15 min Proposed content: Providing LARC with medical abortion	<i>Providing contraception at the time of abortion has been recommended as a highly effective method of reducing further unintended pregnancy. This session will discuss how safe is provision of LARC at or soon after Early Medical Abortion (EMA). Does the contraceptive implant affect the efficacy of EMA and how soon after EMA can an IUD be inserted?</i>

<p>Topic 3: Use of LARC in adolescents Speaker 3: Dr Kathleen McNamee</p> <p>Speaker Email: kmcnamee@FPV.ORG.AU Time Allocation: 15 minutes Proposed content:</p>	<p><i>LARCs have higher efficacy, higher continuation rates, and higher satisfaction rates compared with short-acting contraceptives among adolescents who choose to use them. However the uptake of LARC compared to these shorter acting methods is low. This session will discuss barriers to use of LARC in adolescents and evidence to support the provision of LARCs to this age group.</i></p>
<p>Topic 4: Providing contraceptive implant training remotely Speaker 1: Dr Suzanne Pearson</p> <p>Speaker Email: spearson@FPV.ORG.AU Time Allocation: 10 minutes Proposed content:</p>	<p><i>Contraceptive implant training has traditionally been provided face to face due to the need for simulated insertion and removal by participants. This has consistently been a barrier to rural and remote clinicians and is even more relevant during the COVID-19 pandemic. This session will discuss the experience of Family Planning Victoria in providing contraceptive implant training via an online platform.</i></p>
<p>Topic 5: What's new in LARC – choosing an IUD Speaker 5: Dr Jessica Floreani</p> <p>Speaker Email: Jessica.floreani@shinesa.org.au Time Allocation: 15 minutes Proposed content:</p>	<p><i>With the release of a new levonorgestrel releasing IUD in Australia this year the options for LARC have increased. What are the recommendations for prescribing a particular type of IUD? This session will discuss the evidence for this and provide advice on counselling clients in choosing an IUD.</i></p>
<p>Key questions for discussion: If discussion period allocated.</p> <p>These may be developed in conjunction with the invited speakers. Seek conference committee input as required.</p>	<p>N/A</p>