

Day-rehabilitation service as a complimentary treatment option to residential services.

Presenting Authors:

Erika Nel^{1,2}

1. *Brisbane South Community Programs, Lives Lived Well, Brisbane, Australia*
2. *Australian Association for Social Work, Australia*

Background: A multi-level holistic approach to AOD is acknowledged as preferred approach to achieve positive outcomes. The current presentation aims to outline the current innovations and compliments to residential treatment services that are being delivered at LLW, to address limited and delayed services associated with residential treatment that is often restricted by bed availability and funding.

Description of Model of Care/Intervention: The Day-rehabilitation program involves assessment and preparation for attendance (1-4 weeks), the program presentation (3 weeks) and post-program support (ongoing). During the Preparation phase, an immediate service is offered to the client through assessment and weekly Pre-admission psycho-educational groups. Clients are assessed for eligibility and suitability for attendance, risk to client is determined, safety is planned, and the client is supported with harm minimisation strategies.

Effectiveness: To determine effectiveness, rates of usage in different modalities, completion of program, reasons for declining post service, engagement with other services are evaluated.

Conclusion and Next Steps: New approaches to treatment is a step to further implementing a continuum of care of services for people seeking support. Clients are able benefit from the continuum of care of LLW services by either stepping up to residential treatment or stepping down to community-based support services. The client can effectively steer their service engagement in their recovery journey to suit their next step. The discussion will include the maintenance of the service delivery model in practice.

Disclosure of Interest Statement: *Erika Nel is an employee of Lives Lived Well.*