THE HEP CARE PROJECT OF THE SWISS HEPATITIS STRATEGY: WITH GP EMPOWERMENT TOWARDS HEPATITIS C ELIMINATION

Maeschli B1, Boesiger C2, Bruggmann P1-3
1Swiss Hepatitis, 2Swiss Hepatitis C Association, 3Arud Centre for Addiction Medicine

Background: Both, the Swiss Hepatitis Strategy and the WHO aim to eliminate Hepatitis C (HCV) until 2030. The main gaps in the cascade of care are awareness, testing and linkage to care, mainly among people who use drugs (PWUD). General Practitioners (GP), prescribing 50% of all Opioid-Agonist-Treatment in Switzerland, play a critical role to fill these gaps. They are currently not allowed to prescribe HCV direct acting antivirals (DAA), which has a negative impact on the motivation of GP to test and refer to treatment. HepCare, a nationwide project of Swiss Hepatitis, aims to improve the cascade of care of HCV by directly involving GPs and addiction psychiatrists in HCV therapy and enhances the motivation of GPs for case finding and linkage to care thus relevantly contributing to the elimination of HCV in Switzerland.

Description of model of care/intervention: The HepCare Project allows GPs and addiction psychiatrists, and especially those taking care of patients in opioid-agonist therapy, to provide DAA treatment to their patients without referral. A network of specialist supports them with prescribing DAA through a file consultation. Thus, easy-to-treat patients remain with their primary care provider resulting in a lower threshold access to therapy. The project provides support and templates for the specialist as well as information and educational material for GPs and patients.

Effectiveness: In a first pilot project, 10 patients were successfully treated proving that the procedure works well. All patients achieved SVR. Treatment reimbursement by the health insurance worked well for all patients.

Conclusion and next steps: The HepCare project brings HCV therapy from tertiary to primary care with the potential to raise awareness and motivation for HCV care among GPs and to facilitate access to care for patients. A successful nationwide execution of the project would bring Switzerland an important step closer towards elimination of HCV.

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