



First heterosexual sex and sexual activity in the last year

2014/15 New Zealand Health Survey

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Disclosure of interest

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- Questionnaires:
 - <http://www.health.govt.nz/publication/questionnaires-and-content-guide-2014-15-new-zealand-health-survey>

3



Background

- 2014/15 Health Survey: **First** comprehensive, nationally representative survey of sexual behaviour & reproductive health in NZ
- Based on UK National Survey of Sexual Attitudes & Lifestyles (Natsal), undertaken: 1990, 2000 & 2010

4



Research questions

First time sex with the opposite sex (since turned 13-yrs)

- What was the median age for first sex?
- What % of people had sex < 16 years?
- What % of people used condoms at first sex?
- What % said both partners 'equally willing' at first sex?

Heterosexual behavior in last 12 months

- What % of people had sex with 2+ partners last year?
- What % had 2+partners last year & used condoms?

Definition of sex: vaginal, oral or anal

5

Methods

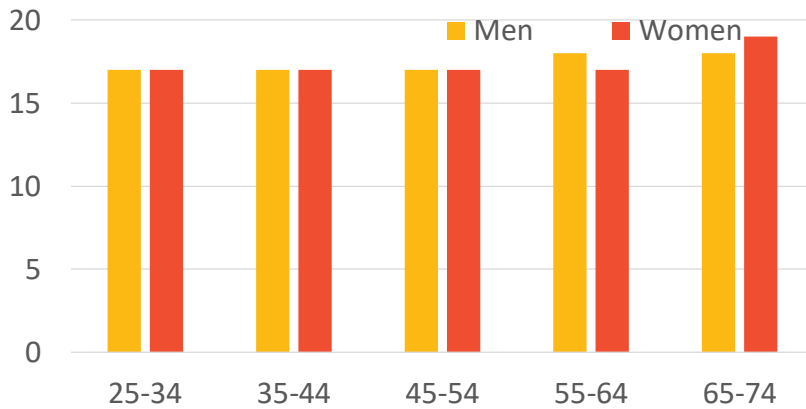


- Voluntary continuous survey
- Questionnaire: self-complete for module
- Sample: 10,198 adults aged 16-74 years
 - 87% of 16-74 year olds who completed core NZHS (NZHS response rate = 79%)
 - Results are weighted to be representative of total population aged 16-74 years.
- Thank you to the thousands of New Zealanders who participated in the survey

6

Median age at first sex

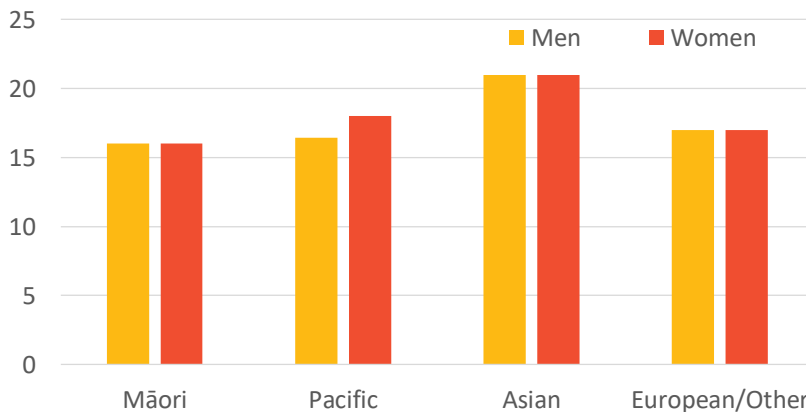
17 for both men and women (16-74 years)



Graph excl 16-24 yrs. Many have not yet had sex, so median age likely to rise

Median age at first sex

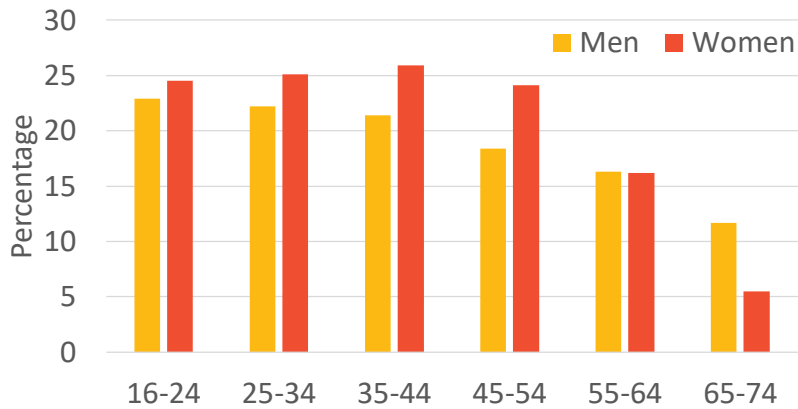
Māori, 16-yrs. Asian, 21-yrs





First sex under the age of 16

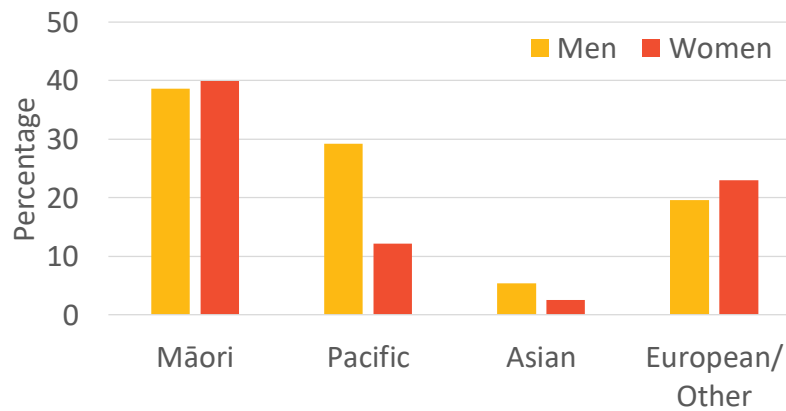
20% of adults had sex before turning 16



9

First sex under the age of 16

Most common for Māori, 39%, least for Asian, 4%

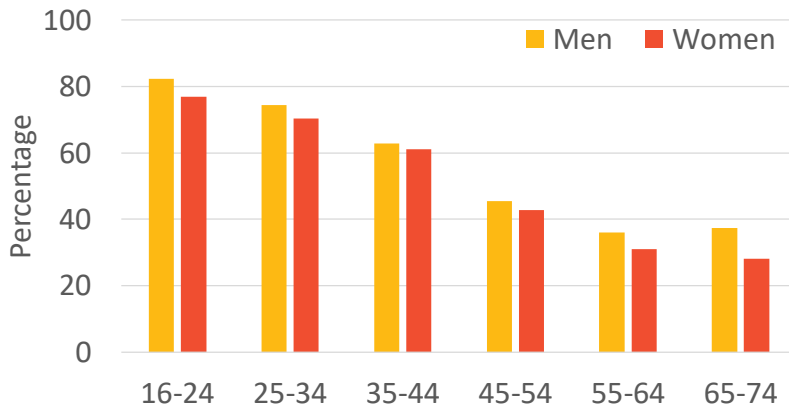


10

Condom use at first penetrative sex



54% used a condom the first time they had sex

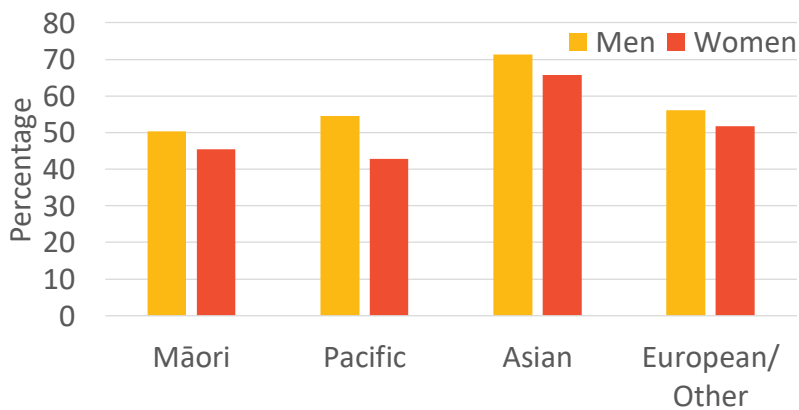


11

Condom use at first penetrative sex

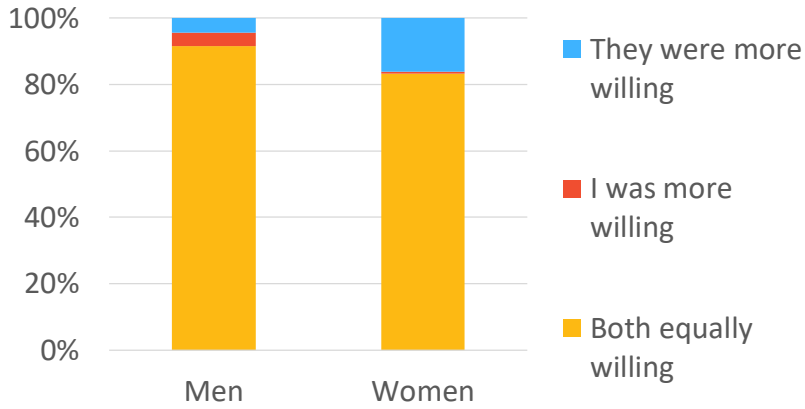


Māori & Pacific: 48%



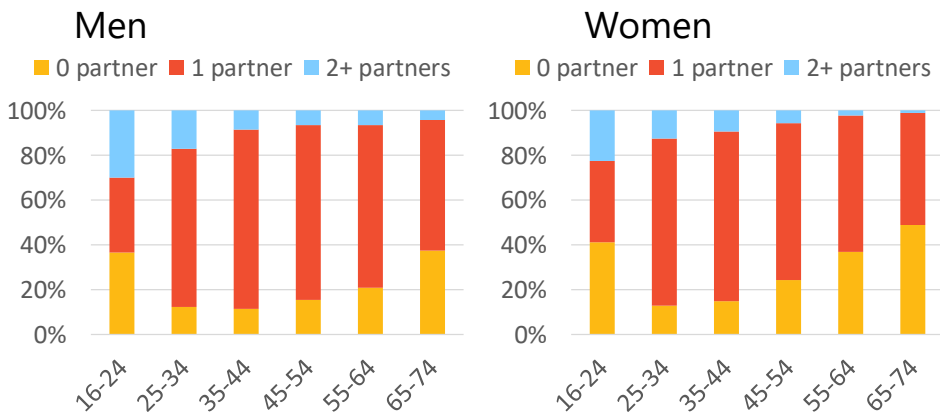
12

'Both equally willing' the first time they had sex
 87% 'both equally willing'



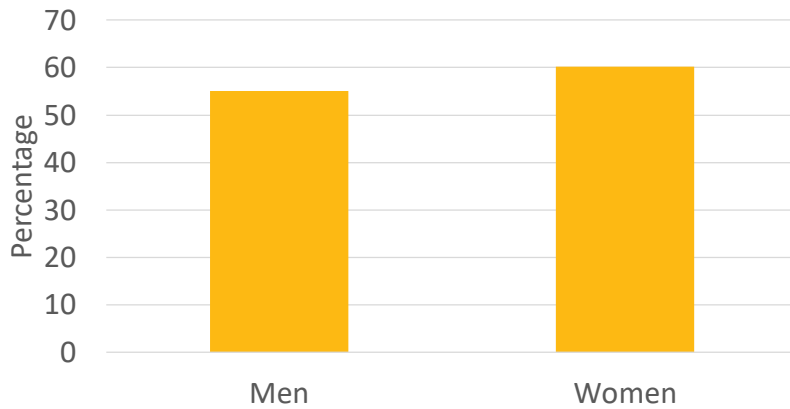
13

Number of sexual partners in last year
 11% of adults had 2+ partners in last year



14

**57% of adults
who had sex with 2+ sexual partners in last year
did not use a condom every time had sex last year**



15

Summary – key findings



- At age 17, half of adults have had sex
- 20% of adults had sex < 16 yrs. Māori, 39%
- 80% of 16-24 yr-olds used condom at first sex
- 16% women said partner 'more willing' than them at first sex, vs 4% of men
- Sex with 2+ partners in last year: 40% sexually experienced 16-24 yr-olds, vs 16% of 25-34 yrs
- 57% of people who had 2+ sexual partners in last yr didn't use condom every time had sex

16