**Presentation title:**

**Who takes cares for the doctor in need? Panel discussion looking into the real threat to doctors well-being across the country.**

**Abstract** (max. 300 words):

Hospitals are places where we care for those in need, manage disease and foster the future generations of health professionals. Why are we still struggling to grasp this simple statement? Bullying, fatigue, burnout, stress and stigma surrounding mental health are all very real in 2017 - perhaps even you yourself have struggled with some of these issues.  
  
Mental health organisation beyondblue surveyed more than 12,000 doctors in 2013 and found those in training were almost twice as likely to cite very high levels of psychological distress compared to their senior colleagues. Research published in the Medical Journal of Australia in 2009 similarly revealed that 71 per cent of junior doctors were concerned about their physical or mental health. This panel hopes to engage in a conversation to outline the current challenges medical students and junior doctors face in our hospital systems around the country, and aim to generate ideas by which junior doctors can stay resilient in an increasingly challenging work environment.  
  
Duration – 1 hour. Each panellist would have 10 minutes to discuss the issue.

Panellists include  
- ACRRM Future Generalist Committee Member  
- An experienced rural training supervisor and  
- Military medicine expert

We could document the discussion outcomes and create a set of recommendations/findings and circulate more broadly after the event.